

The Prayer of St. Ephraim

A Meditation

O Lord and Master of my life!

Is Jesus Christ the master of my life, or am I a slave to another?

Take from me the spirit of sloth,

Am I lazy?

faint-heartedness,

Have I seen only the bad in life and become weak?

lust of power,

Have I been self-centered?

and idle talk.

Have I misused God's gift of speech to betray or deride myself and others?

But give rather the spirit of chastity,

Let me seek after integrity

humility,

Let me stand before You, as Your compassion allows.

patience,

Let me wait on the working out of Your will for my life.

and love to Thy servant:

grant me the self-less love of Christ.

Yea, O Lord and King! Grant me to see my own errors and not to judge my brother;

Let me be aware of my faults and avoid falling into pride. Let me not "cast a stone" at my brother.

For Thou art blessed unto ages of ages. Amen.

*Courtesy of:
The Antiochian Orthodox
Christian Education Ministry
www.antiochian.org*

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