

Orthodox Christian Witness Program: Spiritual Pilgrimage

Fall 2018-Spring 2020

Antiochian Orthodox Christian Diocese of Worcester and New England



Participants: Clergy, laity, chaplains, counselors, therapists, physicians, parents, and Christian educators.

Program Components: Participants can choose to complete only one unit, a few units, or the entire program.

Certificate of Completion is granted to participants completing the entire program.

Suggested Donation: Although there is a suggested **\$100 per each unit** (including materials and refreshments, except lunch/dinner), anyone can participate independent of the donation amount.

Purpose

This program and journey is an opportunity for anyone interested to learn, to reflect, and to be transformed through the Orthodox Christian Faith in preparation for various ministries.

Goals

This spiritual pilgrimage is an interdisciplinary approach to create a cadre of leaders in the church. It is aimed to empower and equip Orthodox Christians to nourish and share the faith in 21st century by:

- *Offering frameworks and models of encountering God.*
- *Offering frameworks and tools in order to enhance and facilitate inner spiritual growth.*
- *Using Orthodox Christian theology and contemporary perspectives to encounter God.*
- *Gaining insights and methods to witness and to share the faith.*
- *Enhancing leadership skills in order to contribute effectively in parish ministry and to the world at large.*

8 UNITS OVER 4 SEMESTERS (2 Units per Semester)

I. Round Table Units (10 Thursday evening discussions/Semester)

Offering frameworks and models of encountering God using four lenses:

- The Sacraments and the Liturgy (Sem. 1)
- Parables and the Scripture (Sem. 2)
- Relationships within the Body of Christ (Sem. 3)
- The Life of the Spirit - What is God doing in our Lives (Sem. 4)

II. Retreat Units (3 Saturdays/Semester):

Offering frameworks and tools in order to enhance and facilitate inner spiritual growth in the following areas:

- Growing in Christ - Healthy Attachments and Detachments (Sem. 1)
- Christian Hospitality - True Self and the Inner Kingdom (Sem. 2)
- Walking the Walk - Mentorship (Sem. 3)
- Free Will and Christian Choice (Sem. 4)

Program Interdisciplinary Leadership Team

Bishop John of Worcester and New England, D. Min. in Pastoral Care, Antiochian House of Study Instructor of Priestly Formation and Pastoral Care.

Archpriest Antony Hughes, M.Div., Pastor St. Mary Orthodox Church Cambridge MA, prison Chaplain, post graduate studies in Counseling and Pastoral Care, Internal Family System (IFS) Level 1.

Ioana Popa MD, Psychiatrist, Certified Internal Family System IFS Therapist, Level 1,2,3, Life and Organizational Leadership Coach, Counselor Hellenic College Holy Cross, Brookline MA, pursuing a Master in Theological Studies.

Richard J. Robbat Ph.D. Curriculum & Instruction, Superintendent of Schools, Teacher, Antiochian Archdiocese Departments of Lay Ministry and Stewardship.

Sebastien Falardeau, PhD candidate in Theology, Chaplain Franciscan Children's Hospital, Master in Theology, Master in Practical Theology (Spiritual Care), Internal Family System (IFS) Level 1.

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SPRING 2019 UNITS

ROUND TABLE UNIT: *Parables And Scriptures*

- 10 Thursday evening discussions/Semester (with 1 snow date)
- Dates: Thursdays 7pm-9pm: Jan 17, 24, 31
Feb 7, 21, 28
March 7, 21, 28
April 4, 11
- Location: Antiochian Orthodox Christian Diocese of Worcester and New England
Chancellery
2 Lydias Path
Westborough MA 01581

RETREAT UNIT: *Christian Hospitality: True Self And The Inner Kingdom*

- 3 Saturday day-long retreats/Semester
- Dates: Saturdays 9:30am-3:30pm: Jan 26
Feb 16
March 23
- Location: St. Mary's Orthodox Church
8 Inman St.
Cambridge MA 02139

**For questions or to register for
one or both units
please email at popalifecoach@gmail.com, or
call at 617-274-8336**