

**ORTHROS ON SUNDAY, SEPTEMBER 21, 2025; TONE 6 / EOTHINON 4
LEAVE-TAKING (APODOSIS) OF ELEVATION OF THE HOLY CROSS**

APOSTLE QUADRATOS OF THE SEVENTY; PROPHET JONAH

Priest: Blessed is our God, always, now and ever, and unto the ages of ages.	الكاهن: تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
Priest: Glory to Thee, our God, glory to Thee. O heavenly King, the Comforter, Spirit of Truth, Who art in all places, and fillest all things, Treasury of good things, and Giver of life, come, and dwell in us, and cleanse us from every stain; and save our souls, O good One.	الكاهن: الْمَجْدُ لَكَ يَا إِلَهُنَا الْمَجْدُ لَكَ. أَيُّهَا الْمَلِكُ السَّمَاوِيِّ الْمُعَزِّي، رُوحَ الْحَقِّ، الْحَاضِرُ فِي كُلِّ مَكَانٍ وَالْمَالِيُ الْكُلِّ، كَنْزُ الصَّالِحَاتِ وَرَازِقُ الْحَيَاةِ، هَلُمَّ وَاسْكُنْ فِيْنَا، وَطَهِّرْنَا مِنْ كُلِّ نَسِيسٍ، وَخَلِّصْ أَيُّهَا الصَّالِحُ نَفُوسَنَا.
Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. <i>(thrice)</i>	القارئ: قُدُّوسُ اللهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ، اِرْحَمْنَا. <i>(ثلاثًا)</i>
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.	أَيُّهَا الثَّالوثُ الْقُدُّوسُ اِرْحَمْنَا، يَا رَبُّ اغْفِرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَنْ سَيِّئَاتِنَا، يَا قُدُّوسُ اظْلِعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ.
Lord, have mercy. <i>(thrice)</i>	يَا رَبُّ اِرْحَمْنَا. <i>(ثلاثًا)</i>
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ، خُبْزَنَا الْجَوْهَرِيِّ أَعْطِنَا الْيَوْمَ، وَاتْرُكْ لَنَا مَا عَلَيْنَا كَمَا تَتْرُكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِّيرِ.
Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.	الكاهن: لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Reader: Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people	القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ،

victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	وَأَمْنَحُ عَيْدِكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p> <p>Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ.</p> <p>يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَاراً، أَيُّهَا الْمَسِيحُ الإِلهُ، أَمْنَحُ رَأْفَتَكَ لِشَعْبِكَ الْجَدِيدِ الْمُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ، مَانِحاً إِيَّاهُمْ الْعَلْبَةَ عَلَى مُحَارِبِيهِمْ. لَتَكُنْ لَهُمْ مَعُونَتَكَ سِلَاحاً لِلسَّلَامِ، وَظَفْراً غَيْرَ مَقْهُورٍ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>O fearsome champion, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ.</p> <p>أَيُّهَا الشَّفِيعَةُ الرَّهِيْبَةُ غَيْرَ الْمَخْذُولَةِ، يَا وَالِدَةَ الإِلهِ الْكَلِيَّةَ التَّسْبِيحِ، لَا تُعْرِضِي يَا صَالِحَةً عَن تَوْسُلَاتِنَا، بَلْ وَطِّدِي سِيْرَةَ الْمُسْتَقِيمِي الرَّأْيِ، وَخَلِّصِي الذِّينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَأَمْنَحِيهِمُ الْعَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنْكَ وَلَدْتِ الإِلهَ، أَيُّهَا الْمُبَارَكَةُ وَحْدَكَ.</p>
LITANY	الطَّلِبَةُ السَّلَامِيَّةُ
Priest: Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.	الكاهن: إِرْحَمْنَا يَا اللهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَم.
Choir: Lord, have mercy. (<i>thrice</i>) (use this response until noted below)	الجوقة: يَا رَبُّ ارْحَم. (ثَلَاثًا) (تُعَادُ بَعْدَ كُلِّ طَلِبَةٍ)
Priest: Again we pray for all pious and Orthodox Christians.	الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ الْحَسَنِي الْعِبَادَةِ الْأَرْتُوذُكْسِيِّينَ.
Priest: Again we pray for our father and metropolitan, N., (our bishop, N.) and all our brotherhood in Christ.	الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ أَبِينَا وَمِتْرُوبُولِيْتِنَا (فُلَان) وَرَبِّيسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.
Priest: For thou art a merciful God and lovest mankind, and unto thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.	الكاهن: لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُرْسَلُ الْمَجْدَ أَيُّهَا الآبُ وَالابْنُ وَالرُّوحُ الْقُدُسُ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ.
Choir: Amen. Bless, Father, in the Name of the Lord.	الجوقة: آمِينَ. بِاسْمِ الرَّبِّ بَارِكْ يَا أَب.

<p>Priest: Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and ever, and unto ages of ages.</p>	<p>الكاهن: المَجْدُ لِلثَّالُوثِ الْقُدُّوسِ، الْمُتَسَاوِي فِي الْجَوْهَرِ، الْمُحْيِي، غَيْرِ الْمُنْقَسِمِ، كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p>
<p>Choir: Amen.</p>	<p>الجوقة: آمين.</p>
<p>Reader: Glory to God in the highest, and on earth peace, goodwill among men. <i>(thrice)</i> O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. <i>(twice)</i></p>	<p>القارئ: المَجْدُ لِلَّهِ فِي الْعُلَى، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ. <i>(ثَلَاثًا)</i> يَا رَبِّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ. <i>(مَرَّتَيْنِ)</i></p>
<p>PSALM 3</p>	<p>المزمور ٣</p>
<p>O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people. I laid me down and slept; I awoke, for the Lord will help me.</p>	<p>يَا رَبِّ لِمَاذَا كَثُرَ الذِّينَ يُحْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِاللَّهِهِ. وَأَنْتَ يَا رَبِّ، نَاصِرِي وَمَجْدِي وَرَافِعَ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ الْمُحِيطِينَ بِي، الْمُتَوَازِرِينَ عَلَيَّ. فَمُ يَا رَبِّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ ضَرَبْتَ كُلَّ مَنْ يُعَادِينِي بَاطِلًا، وَسَخَّطْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَاتُكَ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.</p>
<p>PSALM 37</p>	<p>المزمور ٣٧</p>
<p>O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is</p>	<p>يَا رَبِّ، لَا بَغْضَبِكَ تُؤَبِّخْنِي، وَلَا بِرَجْزِكَ تُؤَلِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلَتْ عَلَيَّ. قَدْ أَنْتَنَتْ وَقَاحَتْ جِرَاحَاتِي مِنْ قِبَلِ جَهَاتِي. شَقِيتُ وَأَنْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِيًّ وَلَيْسَ لِجَسَدِي شِفَاءٌ.</p>

no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my

شَقِيْتُ وَأَتَضَعْتُ جِدًّا، وَكُنْتُ أَيْنٌ مِنْ تَهْدٍ قَلْبِي. يَا رَبُّ، إِنَّ بُعِيَّتِي كُلَّهَا أَمَامَكَ، وَتَهْدِي لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورُ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيَّ، وَجِنْسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدَنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَعَشُوشًا طُولَ النَّهَارِ دَرَسُوا. أَمَا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهَهُ. وَصِرْتُ كإِنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَحْيِبُ لِي يَا رَبِّي وَالْإِلَهِي. لِأَنِّي قُلْتُ لَا يَشْمَتُ بِي أَعْدَائِي، وَعِنْدَمَا زَلْتُ قَدَمَائِي عَظَّمُوا عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أُخْبِرُ بِإِنْمِي، وَأَهْتَمُّ مِنْ أَجْلِ خَطِيئَتِي. أَمَا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَارُونِي بَدَلَ الْخَيْرِ شَرًّا، مَحَلُّوا بَنِي لِأَجْلِ ابْتِغَائِي الصَّلَاحِ. فَلَا تُهْمَلْنِي يَا رَبِّي وَالْإِلَهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَاصِي.

فَلَا تُهْمَلْنِي يَا رَبِّي وَالْإِلَهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَاصِي.

المزمور ٦٢

يَا اللَّهُ إِلَهِي إِلَيْكَ أَبْتَكِرُ. عَطِشْتُ إِلَيْكَ نَفْسِي، وَأَشْتَاقُ إِلَيْكَ جَسَدِي، فِي أَرْضٍ بَرِّيَّةٍ وَغَيْرِ مَسْلُوكَةٍ وَعَايِمَةِ الْمَاءِ. هَكَذَا ظَهَرْتُ لَكَ فِي الْقُدْسِ لِأَعْيُنِ قُوَّتِكَ وَمَجْدِكَ. لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الْحَيَاةِ، وَشَفَتِي تُسَبِّحَانِكَ. هَكَذَا أُبَارِكُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمْتَلِي نَفْسِي كَمَا مِنْ

<p>soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that swearth by Him; for the mouth of them is stopped that speak unjust things.</p> <p>At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.</p>	<p>شَحْمٍ وَنَسَمٍ، وَبِشْفَاهِ الْإِبْتِهَاجِ يُسَبِّحُكَ فَمِي. إِذَا نَكَرْتُكَ عَلَى فِرَاشِي، هَدَدْتُ بِكَ فِي الْأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. اِلْتَصَفْتَ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينِكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي بَاطِلًا، فَسَيَدْخُلُونَ فِي أَسْفَلِ الْأَرْضِ، وَيُدْفَعُونَ إِلَى أَيْدِي السُّيُوفِ، وَيَكُونُونَ أَنْصَبَةً لِلشَّعَالِ. أَمَّا الْمَلِكُ فَيَسْرُ بِاللَّهِ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ بِهِ، لِأَنَّهُ قَدْ سَدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ.</p> <p>هَدَدْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا، وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. اِلْتَصَفْتَ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينِكَ.</p>
<p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</p> <p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (<i>thrice</i>)</p> <p>Lord, have mercy. (<i>thrice</i>)</p> <p>Glory to the Father, and to the Son, and to the Holy Spirit.</p>	<p>الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)</p> <p>يَا رَبِّ ارْحَمْنَا. (ثَلَاثًا)</p> <p>الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ.</p>
<p style="text-align: center;">PSALM 87</p>	<p style="text-align: center;">المزمور ٨٧</p>
<p>Both now and ever, and unto ages of ages. Amen.</p> <p>O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَاتَّخَلُّ قُدَامَكَ صَلَاتِي، أَمِلْ أُنْتُكَ إِلَى طَلِبَتِي، فَقَدْ اِمْتَلَأْتُ مِنَ الشُّرُورِ نَفْسِي، وَدَنَنْتُ مِنَ الْجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ الْمُنْحَدِرِينَ فِي الْجُبِّ، صِرْتُ مِثْلَ إِنْسَانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ الْأَمْوَاتِ مِثْلَ الْقَتْلَى الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا تَذْكُرُهُمْ أَيْضًا، وَهُمْ مِنْ يَدِكَ مُقْصُونَ. جَعَلُونِي فِي جُبِّ أَسْفَلِ السَّافِلِينَ، فِي ظُلُمَاتِ الْمَوْتِ</p>

brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto

وَضَلَالِهِ. عَلَيَّ اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوَالِكَ
أَجَزْتَهَا عَلَيَّ. أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ
رَجَاسَةً. قَدْ أُسْلِمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعَفْتَا
مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ
وَإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلْعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ
الْعَجَائِبَ؟ أَمْ الْأَطِبَّاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ
يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟
هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبُكَ، وَعَدْلُكَ فِي أَرْضِ
مَنْسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبْلُغْكَ فِي
الْغَدَاةِ صَلَاتِي. لِمَاذَا، يَا رَبُّ، تُقْصِي نَفْسِي
وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ
شَبَابِي، وَحِينَ ارْتَفَعْتُ اتَّضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ
جَازَ رِجْزُكَ، وَمُفْرَعَاتُكَ أَرْعَجْتَنِي. أَحَاطَتْ بِي
كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَنَفْتَنِي مَعًا. أَبْعَدْتَ عَنِّي
الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي
اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَامَكَ صَلَاتِي، أَمِلْ أُنْتُكَ
إِلَى طَلِبَتِي.

المزمور ١٠٢

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي
اسْمَهُ الْقُدُّوسِ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي
جَمِيعَ مَكَاافَاتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي
يَشْفِي جَمِيعَ أَمْرَاضِكَ، الَّذِي يُنَجِّي مِنَ الْفَسَادِ
حَيَاتِكَ، الَّذِي يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ
بِالْخَيْرَاتِ شَهْوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ. الرَّبُّ
صَانِعُ الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ الْمَظْلُومِينَ.

the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness

عَرَفَ مُوسَى طُرْقَهُ، وَبَنِي إِسْرَائِيلَ مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوُوفٌ، طَوِيلُ الْأَنَاءِ وَكَثِيرُ الرَّحْمَةِ، لَيْسَ إِلَى الْإِنْقِضَاءِ يَسْخَطُ، وَلَا إِلَى الدَّهْرِ يَحْقِدُ. لَا عَلَى حَسَبِ آثَامِنَا صَنَعَ مَعَنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا جَازَانَا. لِأَنَّهُ بِمِقْدَارِ ارْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ، قَوَى الرَّبُّ رَحْمَتَهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ الْمَشْرِقِ مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَّفُ الْأَبُ بِالْبَنِينَ، يَتَرَأَّفُ الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جِبَلَتَنَا وَنَكَرَ أَنَّ تَرَابَ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ وَكَزَهْرِ الْحَقْلِ كَذَلِكَ يُزْهَرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ الرِّيحُ لَيْسَ يَثْبُتُ وَلَا يُعْرَفُ أَيْضًا مَوْضِعُهُ. أَمَّا رَحْمَةُ الرَّبِّ فَهِيَ مِنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أَبْنَاءِ الْبَنِينَ الْحَافِظِينَ عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَّا عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ بِقُوَّةٍ، الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَّامَهُ الْعَامِلِينَ إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعِ سَيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ. فِي كُلِّ مَوْضِعِ سَيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

المزمور ١٤٢

يَا رَبُّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَيَّ طَلِبْتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتَزَكَّى أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَذَلَّ إِلَى

<p>as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.</p>	<p>الأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ المَوْتِ مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الأَيَّامَ القَدِيمَةَ. هَدَنْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَارِضٍ لَا تَمُطِرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبِّ، فَقَدْ فَنَيْتُ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأُشَابِهَ الهَابِطِينَ فِي الجُبِّ. اجْعَلْنِي فِي العَدَاةِ مُسْتَمِعًا رَحْمَتِكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبُّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلَّمْنِي أَنْ أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إلهي. رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبُّ، تُحْيِينِي. بَعْدَكَ تُخْرِجُ مِنَ الحُزْنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.</p>
<p>Hearken unto me, O Lord, in Thy righteousness and enter not into judgment with Thy servant. (twice)</p> <p>Thy good Spirit shall lead me in the land of uprightness.</p>	<p>إِسْتَجِبْ لِي بَعْدَكَ، وَلَا تَدْخُلْ فِي المُحَاكَمَةِ مَعِ عَبْدِكَ. (مَرَّتَيْنِ)</p> <p>رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.</p>
<p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</p> <p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (thrice)</p> <p>O our God and our Hope, glory to Thee!</p>	<p>المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ القُدُسِ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>هَلِّلُوبِيَا، هَلِّلُوبِيَا، هَلِّلُوبِيَا، المَجْدُ لَكَ يَا اللهُ. (ثَلَاثًا)</p> <p>يَا إِلَهَنَا وَرَجَاءَنَا المَجْدُ لَكَ.</p>
<p>THE GREAT LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الكُبْرَى</p>
<p>Priest: In peace, let us pray to the Lord.</p>	<p>الكاهن: بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Choir: Lord, have mercy. (use this response until noted below)</p>	<p>الجوقة: يَا رَبُّ ارْحَمِ. (تُعَادُ بَعْدَ كُلِّ طَّلِبَةٍ)</p>
<p>Priest: For the peace from above and the salvation of our souls, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ العُلَى وَخَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.</p>

Priest: For the peace of the whole world, the good estate of the holy churches of God and the union of all, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ سَلَامِ كُلِّ الْعَالَمِ، وَحُسْنِ ثَبَاتِ كَنَائِسِ اللَّهِ الْمُقَدَّسَةِ، وَاتِّحَادِ الْجَمِيعِ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذَا الْبَيْتِ الْمُقَدَّسِ، وَالَّذِينَ يَدْخُلُونَ إِلَيْهِ بِإِيمَانٍ وَوَرَعٍ وَخَوْفِ اللَّهِ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For our father and metropolitan, N., (our bishop, N.,) the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ آبِينَا وَمِثْرُوبُولِيْتِنَا (فَلَان) وَرَئِيسِ كَهَنَتِنَا (فَلَان)، وَالْكَهَنَةِ الْمُكْرَمِينَ، وَالشَّامِسَةَ، خُدَّامِ الْمَسِيحِ، وَجَمِيعِ الْإِكْلِيْرُوسِ وَالشَّعْبِ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For our country, its president (or appropriate head of state), civil authorities and armed forces, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ حُكَّامِ هَذَا الْبَلَدِ وَمُؤَاْرَرَتِهِمْ فِي كُلِّ عَمَلٍ صَالِحٍ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَّةِ، وَخَصْبِ ثَمَارِ الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For travelers by sea, by land and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ وَالْجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّمِينَ وَالْأَسْرَى، وَخَلَاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضَيْقٍ وَغَضَبٍ وَخَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُبُ.
Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.	الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.
Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.	الكاهن: بَعْدَ تِكْرِنَا الْكُلِّيَّةِ الْقَدَاسَةِ الطَّاهِرَةِ الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ، مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.
Choir: To Thee, O Lord.	الجوقة: لَكَ يَا رَبِّ.
Priest: For unto thee are due all glory, honor	الكاهن: لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ وَسُجُودٍ،

and worship, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.	أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
“GOD IS THE LORD” IN TONE SIX	"الله الرَّبُّ" بِاللَّحْنِ السَّادِسِ
Choir: God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. (<i>Repeat after verses</i>)	الجوقة: اللهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارِكٌ الْآتِي بِاسْمِ الرَّبِّ. (تَعَادُ بَعْدَ الْإِسْتِخُونَاتِ)
1. O give thanks unto the Lord, and call upon His holy Name.	١. اِعْتَرِفُوا لِلرَّبِّ وَاذْعُوا بِاسْمِهِ الْقُدُّوسِ.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.	٢. كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ فَهَرَّتُهُمْ.
3. This is the Lord's doing; it is marvelous in our eyes.	٣. مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.
RESURRECTIONAL APOLYTIKION IN TONE SIX	أبوليتيكيون القيامة باللحن السادس
When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.	إِنَّ الْقُوَاتِ الْمَلَائِكِيَّةَ ظَهَرُوا عَلَى قَبْرِكَ الْمُوقَّرِ، وَالْحُرَّاسَ صَارُوا كَالْأَمْوَاتِ، وَمَرِيْمَ وَقَفَتْ عِنْدَ الْقَبْرِ طَالِبَةً جَسَدَكَ الطَّاهِرَ، فَسَبَيْتَ الْجَحِيمَ وَلَمْ تُجَرَّبْ مِنْهَا، وَصَادَفْتَ الْبَتُولَ مَانِحاً الْحَيَاةَ. فَيَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، يَا رَبُّ الْمَجْدُ لَكَ.
APOLYTIKION OF THE HOLY CROSS IN TONE ONE	أبوليتيكيون الصليب المقدس باللحن الأول
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيرَاثَكَ، وَأَمْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْغَلْبَةَ عَلَى الشَّرِيرِ، وَأَحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.
<i>Both now and ever, and unto ages of ages. Amen.</i> O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيرَاثَكَ، وَأَمْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْغَلْبَةَ عَلَى الشَّرِيرِ، وَأَحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.

THE LITTLE LITANY	الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى
<p>Priest: Again and again, in peace, let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.</p> <p>Choir: To Thee, O Lord.</p> <p>Priest: For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.</p> <p>Choir: Amen.</p>	<p>الكاهن: أيضاً وأيضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.</p> <p>الجوق: يَا رَبُّ ارْحَمْنَا.</p> <p>الكاهن: أَعُضِدْ وَخَلِّصْ وَارْحَمْنَا يَا اللَّهُ بِنِعْمَتِكَ.</p> <p>الجوق: يَا رَبُّ ارْحَمْنَا.</p> <p>الكاهن: بَعْدَ تِكْرَانَا الْكُلِّيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةِ الْإِلَهِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقِدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.</p> <p>الجوق: لَكَ يَا رَبُّ.</p> <p>الكاهن: لِأَنَّ لَكَ الْعِزَّةَ وَلَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p> <p>الجوق: آمِينَ.</p>
<p>SIXTH TONE RESURRECTIONAL KATHISMATA HYMNS (Plain Reading)</p>	<p>ترانيم كاثيسماتات القيامة للحن السادس (قراءة)</p>
<p>First Kathisma</p>	<p>الكاثيسما الأولى</p>
<p>When the tomb was shown to be open and Hades wailing, Mary cried unto the cowering Apostles, saying: Come out, ye laborers of the vineyard, and proclaim the words of the Resurrection; for the Lord is risen, granting the world Great Mercy.</p>	<p>لَقَدْ صَرَخَتْ مَرْيَمُ، لَمَّا ظَهَرَ الْقَبْرُ مَفْتُوحاً وَالْجَحِيمُ مُنْتَحِبَةً، نَحْوَ الرُّسُلِ الْمُخْتَفِينَ قَائِلَةً: اخْرُجُوا يَا فَعْلَةَ الْكَرَمِ وَبَشِّرُوا بِكَلَامِ الْقِيَامَةِ، لِأَنَّ الرَّبَّ قَدْ قَامَ، مَانِحاً الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p> <p>Mary Magdalene, O Lord, did stand by Thy tomb and cry, weeping. And when she thought Thou wast the gardener, she said: Where hast Thou hidden the everlasting Life? Where hast Thou placed Him Who sitteth on the cherubic throne? And when she saw the guards who kept Him, appearing from fear like dead, she cried unto them: Give me my Lord; or else cry with me saying: O Thou Who was numbered among the dead, and Who didst raise the dead, O Lord, glory to Thee.</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ.</p> <p>أَيُّهَا الرَّبُّ، إِنَّ مَرْيَمَ الْمَجْدَلِيَّةَ قَدْ وَقَفَتْ عِنْدَ قَبْرِكَ وَصَرَخَتْ بَاكِئَةً. وَإِذْ ظَنَنْتُ أَنَّكَ الْبُسْتَانِيُّ قَالَتْ: أَيْنَ أَخْفَيْتَ الْحَيَاةَ الدَّهْرِيَّةَ؟ أَيْنَ وَضَعْتَ الْجَالِسَ عَلَى كُرْسِيِّ الشَّارُوبِيمِ؟ وَلَمَّا رَأَتْ الْحُرَّاسَ الَّذِينَ حَفَظُواكَ قَدْ أَمْسَوْا كَالْأَمْوَاتِ مِنَ الْخَوْفِ، صَاحَتْ بِهِمْ هَاتِفَةً: إِمَّا أَعْطُونِي رَبِّي، أَوْ اهْتَفُوا مَعِي قَائِلِينَ: يَا مَنْ حُسِبْتَ بَيْنَ الْأَمْوَاتِ وَأَقَمْتَ الْمَائِتِينَ، يَا رَبُّ، الْمَجْدُ لَكَ.</p>

(For the feast)	(اللعيد)
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>We adore the tree of Thy Cross, O Lover of mankind; for Thou wast nailed thereon, O life of all, and didst open paradise, Thou Savior of the thief, who, having confessed Thee, became worthy of bliss, crying, Remember me, O Lord. Receive us, therefore, as Thou received him, as we cry to Thee: We have all sinned. By Thy compassion, turn not away from us.</p>	<p>الآن وكلّ أوانٍ وإلى دهرِ الداهرينَ. آمين. أَيُّهَا الرَّبُّ الْمُحِبُّ الْبَشَرَ، إِنَّا نَسْجُدُ لِعُودِ صَلَيبِكَ، لِأَنَّكَ قَدْ سُمِرْتَ عَلَيْهِ يَا حَيَاةَ الْكُلِّ، وَفَتَحْتَ الْفِرْدَوْسَ يَا مُخَلِّصَ لِلِّصِّ الَّذِي نَقَدَّمَ إِلَيْكَ بِإِيْمَانٍ، وَاسْتَحَقَّ النَّعِيمَ إِذِ اعْتَرَفَ لَكَ هَاتِفًا: "أُنْكَرْنِي يَا رَبُّ". فَاقْبَلْنَا نَظِيرَ ذَلِكَ إِذْ نَصْرُحُ: "قَدْ أَخْطَأْنَا جَمِيعًا، فَبِتَحَنُّنِكَ لَا تُعْرِضْ عَنَّا."</p>
Second Kathisma	الكاثيسما الثانية
<p>Verily, Life was placed in the grave, and the seals were applied to the stone. And the soldiers guarded Christ as they would a sleeping king. But the Lord rose, smiting His enemies in an invisible way.</p>	<p>إِنَّ الْحَيَاةَ قَدْ وُضِعَ فِي قَبْرِ، وَجُعِلَ عَلَى الْحَجَرِ خُتُومٌ، وَحَرَسَ الْجُنْدُ الْمَسِيحَ كَمَا كَمَلِكٍ رَاقِدٍ. وَلَكِنَّ الرَّبَّ قَدْ قَامَ ضَارِبًا أَعْدَاءَهُ بِحَالٍ لَا يُرَى.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p> <p>Verily, Jonah did come before and made a sign of Thy tomb; and Simeon did interpret Thy divine Resurrection, O deathless Lord; for Thou didst descend into the grave as one who is dead, O Thou Who didst invade the gates of Hades, and didst rise free of corruption for the salvation of the world, being the Master, O Christ our God, and didst light those who are in darkness.</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. لَقَدْ تَقَدَّمَ يُونَانُ فَرَسَمَ قَبْرَكَ، وَسَمِعَانُ فَسَّرَ قِيَامَتَكَ الْإِلَهِيَّةَ أَيُّهَا الرَّبُّ الْعَادِمُ الْمَوْتِ، لِأَنَّكَ نَزَلْتَ إِلَى اللَّحْدِ مَيِّتًا يَا مَنْ حَلَّتْ أَبْوَابَ الْجَحِيمِ، وَقُتِمَتْ مِنْزَهًا عَنِ الْفَسَادِ لِخَلَاصِ الْعَالَمِ، بِمَا أَنَّكَ السَّيِّدُ أَيُّهَا الْمَسِيحُ الْهُنَا، وَأَنْزَرْتَ الَّذِينَ فِي الظَّلَامِ.</p>
(For the feast)	(اللعيد)
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>By the mere planting of Thy Cross, O Christ, the foundation of death did shake; for Him Whom Hades did swallow eagerly, it delivered up with trembling; for verily, Thou didst reveal to us Thy salvation, O holy One. Wherefore, we glorify Thee, O Son of God, and have mercy upon us.</p>	<p>الآن وكلّ أوانٍ وإلى دهرِ الداهرينَ. آمين. أَيُّهَا الْمَسِيحُ، بِنَصْبِ عُودِ صَلَيبِكَ فَقَطُّ، تَزَعَزَعَتِ أَسُسُ الْمَوْتِ يَا رَبُّ. لِأَنَّ الَّذِي كَانَ قَدْ ابْتَلَعَتْهُ الْجَحِيمُ بِرَغْبَةٍ، أَطْلَقَتْهُ بِرِعْدَةٍ. فَإِذْ قَدْ أَظْهَرْتَ لَنَا خَلَاصَكَ أَيُّهَا الرَّبُّ الْقُدُّوسُ، نُمَجِّدُكَ مُسَبِّحِينَ يَا ابْنَ اللَّهِ، فَارْحَمْنَا.</p>

<p style="text-align: center;">EVLOGETARIA (BENEDICTIONS) IN TONE FIVE</p>	<p style="text-align: center;">إفلوجيطاريات بالحن الخامس</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i></p> <p>The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroying the power of death, with Thee raising up Adam and releasing all men from hades.</p>	<p style="text-align: center;">مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمِنِي حُقُوقَكَ.</p> <p>جَمْعُ الْمَلَائِكَةِ انْدَهَلَ مُتَحَيِّرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخْلِصُ، وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ، وَمُعْتَقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَّةً.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i></p> <p>Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.</p>	<p style="text-align: center;">مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمِنِي حُقُوقَكَ.</p> <p>الْمَلَائِكَةُ اللَّامِعَةُ عِنْدَ الْقَبْرِ تَقْوَهُ نَحْوَ حَامِلَاتِ الطَّيِّبِ قَائِلًا: لِمَ تَمْرُجْنَ الطُّيُوبَ بِالذُّمُوعِ، بِتَرْتِّ يَا تَلْمِيزَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَافْرَحْنَ، لِأَنَّ الْمُخْلِصَ قَدْ قَامَ مِنَ الْقَبْرِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i></p> <p>Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.</p>	<p style="text-align: center;">مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمِنِي حُقُوقَكَ.</p> <p>إِنَّ حَامِلَاتِ الطَّيِّبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النَّوْحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i></p> <p>The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.</p>	<p style="text-align: center;">مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمِنِي حُقُوقَكَ.</p> <p>إِنَّ النِّسْوَةَ حَامِلَاتِ الطَّيِّبِ، وَافَيْنَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخْلِصُ. فَسَمِعْنَ مَلَكَاً مُتَنَغِّمًا نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيَّ مَعَ الْمَوْتَى؟ فَبِمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p> <p>We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.</p>	<p style="text-align: center;">الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ.</p> <p>نَسْجُدُ لِلآبِ وَلِابْنِهِ وَلِرُوحِ قُدُّوسِهِ، ثَالُوثًا قُدُّوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُّوسٌ، قُدُّوسٌ، قُدُّوسٌ أَنْتَ يَا رَبُّ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and</p>	<p style="text-align: center;">الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>أَيُّهَا الْعَذْرَاءُ، لَقَدْ وَلَدْتِ مُعْطِيَ الْحَيَاةِ، وَأَنْقَذْتِ آدَمَ مِنَ الْخَطِيئَةِ، وَمَنْحَتِ حَوَاءَ الْفَرَحِ عَوْضَ</p>

didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.	الْحُزْنَ، لَكِنَّ الْإِلَهَ وَالْإِنْسَانَ الْمُتَجَسِّدَ مِنْكَ، أَرْشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.
Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (<i>thrice</i>) O our God and our Hope, glory to Thee.	هَلِّلُوبِيَا، هَلِّلُوبِيَا، هَلِّلُوبِيَا الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا إِلَهَنَا وَرَجَاءَنَا لَكَ الْمَجْدُ.
THE LITTLE LITANY	الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى
Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.	الكاهن: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْنَا وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: بَعْدَ تِكْرُنَا الْكُلِّيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِيِّ. الجوق: لَكَ يَا رَبُّ. الكاهن: لِأَنَّ اسْمَكَ مُبَارَكٌ وَمُلْكُكَ مُمَجَّدٌ أَيْهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمِينَ.
SIXTH TONE RESURRECTIONAL HYPAKOE (Plain Reading)	إِيَّاكُومِي الْقِيَامَةِ لِلْحَنِ السَّادِسِ (قِرَاءَةٌ)
By Thy willing yet life giving Death, O Christ, Thou hast crushed the gates of Hades, because Thou art God, and hast opened the old paradise; and having risen from the dead, Thou hast redeemed our life from corruption.	بِمَوْتِكَ الْمُحْيِي الطَّوْعِيِّ أَيْهَا الْمَسِيحُ، حَطَّمْتَ أَبْوَابَ الْجَحِيمِ بِمَا أَنْتَ إِلَهُ، وَفَتَحْتَ لَنَا الْفِرْدَوْسَ الْقَدِيمَ، وَقَمَّتْ نَاهِضًا مِنْ بَيْنِ الْأَمْوَاتِ، وَخَلَّصْتَ مِنَ الْفَسَادِ نَفُوسَنَا.
SIXTH TONE RESURRECTIONAL ANABATHMOI (Plain Reading)	أَنَابَثْمِيَاتِ الْقِيَامَةِ لِلْحَنِ السَّادِسِ (قِرَاءَةٌ)
First Antiphony	الْأَنْتِيْفُونَا الْأُولَى
+ To the heavens do I lift mine eyes, O Word of God. Have mercy upon me that I may live by Thee.	+ إِلَى السَّمَاءِ أَرْفَعُ عَيْنِي نَحْوَكَ يَا كَلِمَةَ اللَّهِ، فَتَرَأْفْ عَلَيَّ لِكَيْ أَحْيَا بِكَ.

<p>+ O Word, have mercy upon us who are despised, and make us good and chosen vessels.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, in the Holy Spirit is the cause of salvation for all; for when He bloweth on one worthily, He doth raise him speedily from earthly things, doth wing him and cause him to grow, and doth rank him in the heavenly places.</p>	<p>+ أَيُّهَا الْكَلِمَةُ ارْحَمْنَا نَحْنُ الْمُهَانَيْنِ، وَأَعِدِّدْنَا لَكَ أَوَانِي صَالِحَةً مُخْتَارَةً.</p> <p>+ الْمَجْدُ لِلآبِ وَالِإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.</p> <p>+ إِنَّ بِالرُّوحِ الْقُدُسِ سَبَبَ خَلَاصِ الْكُلِّ، لِأَنَّهُ إِذَا هَبَّ فِي إِنْسَانٍ بِحَسَبِ الْاسْتِحْقَاقِ، يَرْفَعُهُ سَرِيعاً مِنَ الْأَرْضِيَّاتِ، وَيَجَنِّحُهُ وَيَنْمِيهِ وَيُرْتِبُهُ فِي الْعُلُويَّاتِ.</p>
<p>Second Antiphony</p>	<p>الأنْتِيفُونَا الثَّانِيَّةُ</p>
<p>+ Were not the Lord in our midst it would not be possible for any of us to stand firm in his wrestling with the enemy; for only thereby do the victors attain the exaltation of victory.</p> <p>+ Woe to me, how shall I escape the enemies while I am a lover of sin. Wherefore, deliver not my soul, O Word, like a bird, to their teeth.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, through the Holy Spirit is everyone made divine; and in Him is pleasure, understanding, safety, and blessing; for He is equal to the Father and the Word together.</p>	<p>+ لَوْ لَمْ يَكُنِ الرَّبُّ فِيْنَا فَمَا كَانَ أَحَدٌ يَسْتَطِيعُ مُنَاصَبَةَ الْعَدُوِّ وَصِرَاعَهُ، لِأَنَّ الظَّافِرِينَ مِنْ هُنَا يَتَعَالَوْنَ.</p> <p>+ وَيَحِي كَيْفَ أَقْدِرُ أَنْ أَنْجُوَ مِنَ الْأَعْدَاءِ وَأَنَا مُحِبٌّ لِلْخَطِيئَةِ. فَيَا أَيُّهَا الْكَلِمَةُ لَا تَدْفَعْ نَفْسِي كَالْعُصْفُورِ لِأَسْنَانِهِمْ.</p> <p>+ الْمَجْدُ لِلآبِ وَالِإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.</p> <p>+ إِنَّ بِالرُّوحِ الْقُدُسِ كُلًّا يَتَّأَلَّهُ، وَبِهِ الْمَسْرَّةُ وَالْفَهْمُ وَالسَّلَامَةُ وَالْبَرَكَاتُ، لِأَنَّهُ مُسَاوٍ لِلآبِ وَالْكَلِمَةِ مَعاً.</p>
<p>Third Antiphony</p>	<p>الأنْتِيفُونَا الثَّالِثَةُ</p>
<p>+ They who trust in the Lord are feared by their enemies and are wondered at by all; for their sight is very high.</p> <p>+ The party of the righteous hath secured Thee as its succor, O Savior, and therefore shall not reach out its hands to iniquities.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, the Holy Spirit hath might over all; for Him do all the heavenly hosts worship, and every breath below.</p>	<p>+ إِنَّ الْمُتَوَكِّلِينَ عَلَى الرَّبِّ مَرْهُوبُونَ لَدَى الْأَعْدَاءِ وَمُسْتَعْجَبُونَ مِنَ الْكُلِّ، لِأَنَّ نَظْرَهُمْ مُرْتَفِعٌ جِداً.</p> <p>+ أَيُّهَا الْمُخْلِصُ، إِنَّ حِزْظَ الصِّدِّيقِينَ لَا يَمُدُّ يَدَيْهِ إِلَى الْمَآثِمِ، لِأَنَّهُ قَدْ أَحْرَزَكَ مُعِيناً.</p> <p>+ الْمَجْدُ لِلآبِ وَالِإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.</p> <p>+ إِنَّ لِلرُّوحِ الْقُدُسِ الْعِزَّةَ عَلَى الْكُلِّ، لِأَنَّ لَهُ تَسْجُدُ كُلُّ الْأَجْنَادِ الْعُلُويَّةِ مَعَ كُلِّ نَسَمَةٍ سُفْلِيَّةٍ.</p>

<p style="text-align: center;">PROKEIMENON FOR THE RESURRECTION IN TONE SIX</p>	<p style="text-align: center;">بروكيمنُن للقيامة بالحن السادس</p>
<p>O Lord, arouse Thy strength, and come to our salvation. (<i>twice</i>)</p> <p>Stichos: Harken, O Shepherd of Israel.</p> <p>O Lord, arouse Thy strength, and come to our salvation.</p>	<p>يا رَبُّ أَيْقِظْ قُوَّتَكَ وَهَلِّمْ لِحَلَاصِنَا. (مرتين)</p> <p>ستيخن: يا راعيِ إِسْرَائِيلَ أَنْصِتْ.</p> <p>يا رَبُّ أَيْقِظْ قُوَّتَكَ وَهَلِّمْ لِحَلَاصِنَا.</p>
<p>Deacon: Let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: For Holy art Thou, O our God, Who restest in the Holies, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.</p>	<p>الشماس: إلى الرَّبِّ نَطْلُبُ.</p> <p>المرتل: يا رَبُّ ارْحَمْ.</p> <p>الكاهن: لِأَنَّكَ قُدُّوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقَدِيسِينَ تَسْتَقِرُّ وَتَسْتَرِيحُ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْأَبُ وَالابْنُ وَالرُّوحَ الْقُدُّوسَ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرٍ الدَاهِرِينَ.</p>
<p>Choir: Amen.</p> <p>Let everything that hath breath praise the Lord. (<i>twice</i>)</p> <p>Praise ye God in His saints; praise Him in the firm foundation of His power.</p> <p>Let everything that hath breath praise the Lord.</p>	<p>المرتل: آمين.</p> <p>كُلُّ نَسَمَةٍ، فَلْتَسَبِّحِ الرَّبَّ. (مرتين)</p> <p>سَبِّحُوا اللَّهَ فِي قَدِيسِيهِ، سَبِّحُوهُ فِي فَلكِ قُوَّتِهِ.</p> <p>فَلْتَسَبِّحِ الرَّبَّ، كُلُّ نَسَمَةٍ.</p>
<p style="text-align: center;">THE FOURTH EOTHINON GOSPEL</p>	<p style="text-align: center;">إنجيلُ الإيوثينا الرابعة</p>
<p>Deacon: And that we may be accounted worthy to hear the Holy Gospel, let us beseech the Lord our God.</p> <p>Choir: Lord, have mercy. (<i>thrice</i>)</p> <p>Deacon: Wisdom! Stand upright! Let us hear the Holy Gospel.</p> <p>Priest: Peace be to all.</p> <p>Choir: And to thy spirit.</p> <p>Priest: The Reading from the Holy Gospel according to Saint Luke. (24:1-12)</p> <p>Choir: Glory to Thee, O Lord, glory to Thee.</p> <p>Deacon: Let us attend!</p>	<p>الشماس: مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحِقِّينَ لِسَمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ.</p> <p>المرتل: يا رَبُّ ارْحَمْ. (ثلاثاً)</p> <p>الشماس: الْحِكْمَةَ، فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلَ الْمُقَدَّسَ.</p> <p>الكاهن: السَّلَامُ لِجَمِيعِكُمْ.</p> <p>المرتل: وَلِرُوحِكَ.</p> <p>الكاهن: فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ لَوْقَا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ. (١٢-١:٢٤)</p> <p>المرتل: الْمَجْدُ لَكَ يَا رَبُّ، الْمَجْدُ لَكَ.</p> <p>الشماس: لِنُصْغِ!</p>
<p>Priest: On the first day of the week, at early dawn, the women went to the tomb, taking the spices which they had prepared, and certain</p>	<p>الكاهن: فِي أَوَّلِ الْأَسْبُوعِ بَاكراً جِداً، أَتَتْ نِسَاءٌ إِلَى الْقَبْرِ وَهُنَّ يَحْمِلْنَ الْحَنُوطَ الَّذِي أَعَدَدْنَهُ،</p>

<p>others with them. And they found the stone rolled away from the tomb; but when they went in, they did not find the body of the Lord Jesus. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the Living among the dead? He is not here, but is risen. Remember how He told you, while He was still in Galilee, that the Son of Man must be delivered into the hands of sinful men, and be crucified, and on the third day rise again." And they remembered His words, and returning from the tomb they told all this to the eleven and to all the rest. Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told this to the apostles; but their words seemed to them an idle tale, and they did not believe them. But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he departed, wondering at what had happened.</p>	<p>وَمَعَهُنَّ أَنَاْسٌ فَوَجَدْنَ الْحَجَرَ قَدْ نُحِرَجَ عَنِ الْقَبْرِ. فَدَخَلْنَ، فَلَمْ يَجِدْنَ جَسَدَ الرَّبِّ يَسُوعَ. وَبَيْنَمَا هُنَّ مُتَحَيِّرَاتٌ فِي ذَلِكَ، إِذَا بِرَجُلَيْنِ قَدْ وَقَفَا بِهِنَّ بِلِبَاسٍ بَرَّاقٍ وَإِذْ كُنَّ خَائِفَاتٍ وَنَكَّسْنَ وُجُوهُهُنَّ إِلَى الْأَرْضِ، قَالَا لَهُنَّ: "لِمَاذَا تَطْلُبْنَ الْحَيَّ بَيْنَ الْأَمْوَاتِ؟ إِنَّهُ لَيْسَ هَهُنَا، لَكِنَّهُ قَدْ قَامَ. أَذْكَرْنَ كَيْفَ كَلَّمَكُنَّ وَهُوَ بَعْدُ فِي الْجَلِيلِ، إِذْ قَالَ إِنَّهُ يَنْبَغِي لِابْنِ الْبَشَرِ أَنْ يُسَلَّمَ إِلَى أَيْدِي أَنَاْسٍ خَطَاةٍ، وَيُصَلَّبَ، وَيَقُومَ فِي الْيَوْمِ الثَّالِثِ." فَذَكَرْنَ كَلَامَهُ وَرَجَعْنَ مِنَ الْقَبْرِ، وَأَخْبَرْنَ الْأَحَدَ عَشَرَ وَجَمِيعَ الْبَاقِينَ بِهَذَا كُلِّهِ. وَمَرْيَمُ الْمَجْدَلِيَّةُ، وَحَنَّةُ، وَمَرْيَمُ أُمُّ يَعْقُوبَ وَبَاقِي مَنْ مَعَهُنَّ، هُنَّ اللَّوَاتِي أَخْبَرْنَ الرُّسُلَ بِهَذَا فَكَانَ عِنْدَهُمْ هَذَا الْكَلَامُ كَالهَيَّيَانِ، وَلَمْ يُصَدِّقُوهُنَّ فِقَامَ بَطْرُسُ وَأَسْرَعَ إِلَى الْقَبْرِ وَتَطَّلَعَ، فَرَأَى الْأَكْفَانَ مَوْضُوعَةً وَحَدَّهَا. فَانصَرَفَ إِلَى مَقَرِّهِ، مُتَعَجِّبًا مِمَّا كَانَ.</p>
<p>Choir: Glory to Thee, O Lord, glory to Thee.</p>	<p>المرتل: المَجْدُ لَكَ يَا رَبُّ المَجْدُ لَكَ.</p>
<p>Reader: In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and Thy holy resurrection we praise and glorify; for Thou art our God, and we know none other beside Thee; we call upon Thy name. O come, all ye faithful, let us adore Christ's holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing His resurrection, for in that He endured the cross for us, He hath destroyed death by death.</p>	<p>القارئ: إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْنَسْجُدْ لِلرَّبِّ الْقُدُّوسِ، يَسُوعَ المَعصُومِ مِنَ الخَطَا وَحَدِّهِ. لِصَلِيبِكَ أَيُّهَا المَسِيحُ نَسْجُدُ وَلِقِيَامَتِكَ المَقْدَسَةِ نُسَبِّحُ وَنُحَمِّدُ، لِأَنَّكَ أَنْتَ هُوَ إِلَهُنَا وَآخِرَ سِوَاكَ لَا نَعْرِفُ وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا مَعْشَرَ المُؤْمِنِينَ نَسْجُدْ لِقِيَامَةِ المَسِيحِ المَقْدَسَةِ، لِأَنَّ هُوَذَا بِالصَلِيبِ قَدْ أَتَى الفَرَحُ لِكُلِّ العَالَمِ. لِئُبَارِكَ الرَّبُّ فِي كُلِّ حِينٍ وَنُسَبِّحُ قِيَامَتَهُ، لِأَنَّهُ إِذْ اخْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، المَوْتَ بِالمَوْتِ حَطَّمَ.</p>
<p>PSALM 50</p>	<p>المزمور ٥٠</p>
<p>Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.</p>	<p>إِرْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَتِكَ امْحُ مَآثِمِي.</p>
<p>Wash me thoroughly from mine iniquity, and cleanse me from my sin.</p>	<p>إِغْسِلْنِي كَثِيرًا مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.</p>

For I know mine iniquity, and my sin is ever before me.	لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.
Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.	إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرَّ قُدَّامَكَ صَنَعْتُ، لَكِي تَصُدَّقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.
For behold, I was conceived in iniquities, and in sins did my mother bear me.	هَاءَ نَذَا بِالْآثَامِ حُبِلَ بِي، وَبِالْخَطَايَا وَلَدَتْنِي أُمِّي.
For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.	لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.
Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.	تَنْضَحُنِي بِالزَوْفَى فَأَطْهُرُ، تَغْسِلُنِي فَأَبْيَضُ أَكْثَرَ مِنَ التَّلْجِ.
Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.	تَسْمِعُنِي بِهَجَّةٍ وَسُرُورًا، فَتَبْتَهِجُ عِظَامِي الدَّلِيلَةَ.
Turn Thy face away from my sins, and blot out all mine iniquities.	إِصْرِفْ وَجْهَكَ عَن خَطَايَايَ، وَامْحُ كُلَّ مَاثِمِي.
Create in me a clean heart, O God, and renew a right spirit within me.	قَلْبًا نَقِيًّا اخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ فِي أَحْشَائِي.
Cast me not away from Thy presence, and take not Thy Holy Spirit from me.	لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مِنِّي.
Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.	إِمْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رِئَاسِيِّ اعْضُدْنِي.
I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.	فَأَعْلَمُ الْأَثَمَةَ طُرُقَكَ، وَالْكَافِرَةَ إِلَيْكَ يَرْجِعُونَ.
Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.	أَنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ لِسَانِي بِعَدْلِكَ.
O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.	يَا رَبُّ افْتَحْ شَفَتِي، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.
For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.	لَأَنَّكَ لَوْ أَثَرْتَ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي، لَكِنَّكَ لَا تَسُرُّ بِالْمُحْرَقَاتِ.
A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.	فَالذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَحِقٌ، الْقَلْبُ الْمُتَخَشِّعُ وَالْمُتَوَاضِعُ لَا يَرْذُلُهُ اللَّهُ.

Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.	أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونَ وَلْتُبْنَ أَسْوَارُ أُورُشَلِيمَ.
Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.	حِينَئِذٍ تُسَرُّ بِبَيْحَةِ الْعَدْلِ قُرْبَاناً وَمُحْرَقَاتٍ.
Then shall they offer bullocks upon Thine altar.	حِينَئِذٍ يُقَرِّبُونَ عَلَى مَذْبِحِكَ الْعُجُولَ.
TROPARIA AFTER PSALM 50 IN TONE TWO	طَرُوبَارِيَّاتٌ بَعْدَ الْمَزْمُورِ ٥٠ بِاللَّحْنِ الثَّانِي
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Through the intercessions of the Apostles, O Thou Who art merciful, blot out the multitude of our transgressions.	الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُّوسِ. بِشَفَاعَاتِ الرُّسُلِ وَطَلِبَاتِهِمْ، أَيُّهَا إِلَهُ الرَّحْمِ، أَمْحُ كَثْرَةَ خَطَايَانَا وَزَلَاتِنَا.
<i>Both now and ever, and unto ages of ages. Amen.</i> Through the intercessions of the Theotokos, O Thou Who art merciful, blot out the multitude of our transgressions.	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. بِشَفَاعَاتِ الْوَدَّةِ إِلَهُهِ وَطَلِبَاتِهَا، أَيُّهَا إِلَهُ الرَّحْمِ، أَمْحُ كَثْرَةَ خَطَايَانَا وَزَلَاتِنَا.
<i>Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions.</i> Jesus, having risen from the grave as He foretold, hath given unto us life eternal and Great Mercy.	يَا رَحِيمَ، ارْحَمْنِي يَا اللَّهُ كَعَظِيمِ رَحْمَتِكَ، وَبِحَسَبِ كَثْرَةِ رَأْفَاتِكَ أَمْحُ مَاثِمِي. لَقَدْ قَامَ يَسُوعُ مِنَ الْقَبْرِ كَمَا سَبَقَ فَقَالَ، وَمَنْحَنَا الْحَيَاةَ الْأَبَدِيَّةَ، وَالرَّحْمَةَ الْعَظْمَى.
THE INTERCESSION	طِلْبَةُ الشَّفَاعَةِ
Deacon: O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians and send down upon us thy rich mercies, through the intercessions of our all-immaculate Lady, the Theotokos and ever-virgin Mary; by the might of the precious and life-giving cross—as we now celebrate its Elevation—by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, all-laudable and foremost of the apostles, Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and	الشماس: خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَّأْفَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ الْأَرْتُوذُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مِرَاحِمَكَ الْعَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا الْوَدَّةِ إِلَهُهِ الْكَلِيَّةِ الطَّهَارَةِ وَالدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ الْكَرِيمِ الْمُحْيِي - الَّذِي نَحْنَقُلُ بِعِيدِ رَفْعِهِ الْيَوْمَ - وَبِطَلِبَاتِ الْقُوَّاتِ السَّمَاوِيَّةِ الْمُكْرَمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانَ؛ وَالْقَدِيسَيْنِ الْمُشْرِفَيْنِ الرَّسُولَيْنِ بُطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ الْمُشْرِفَيْنِ الْجَدِيرَيْنِ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا الْقَدِيسِينَ مُعَلِّمِي الْمَسْكُونَةِ، رُؤَسَاءِ الْكَهَنَةِ الْمُعْظَمِينَ بَاسِيلْيُوسَ

<p>ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and Nektarios of Pentapolis, the wonder-workers; of our fathers among the saints Tikhon, patriarch of Moscow, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs George the Trophy-bearer, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the Wonder-worker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious and great women martyrs Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life, especially Paisios of Athos; <i>of Saint N., the patron and protector of this holy community</i>; of the holy and righteous ancestors of God, Joachim and Anna, and of all the saints, we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.</p>	<p>الكبير، وغريغوريوس اللاهوتي، ويوحنا الذهبي الفم؛ وآبائنا القديسين أثناسيوس وكيرلس ويوحنا الرحيم بطاركة الإسكندرية؛ وأبينا القديس نيقولاوس رئيس أساقفة ميرا الليكية، وأسبيريدون أسقف نريميثوس، ونكتاريوس أسقف المذن الخمس العجائبين، وأبينا القديس تيخون بطريرك موسكو، والقديس رافائيل أسقف بروكلين؛ والقديسين المجيدين الشهداء العظماء جاورجيوس اللابس الظفر، وديميتريوس المفيض الطيب، وثيودورس التيروني، وثيودورس قائد الجيش، وميناس الصانع العجائب؛ والقديسين الشهداء إغناطيوس المتوشح بالله، خرالْمبوس والفثيريوس؛ والشهيدات العظيمات تقلا، بزبارة، أنسطاسيا، كاترينا، كيرياكي، فوتيني، مارينا، باراسكيفا، وآيرين؛ والقديسين المجيدين الشهداء المتألقين بالظفر؛ وآبائنا الأبرار المتوشحين بالله؛ وخاصَّة القديس باييسيوس الأنوسي، والقديس (فلان) شفيع هذه الكنيسة المقدسة؛ والقديسين الصديقين جدِّي المسيح الإله يواكيم وحنَّة، وجميع قديسيك، نتضرعُ إليك أيُّها الربُّ الجليلُ الرَّحمة، فاستجب لنا نحنُ الخطاة الطالِبين إليك وارْحَمنا.</p>
<p>Choir: Lord, have mercy. (<i>twelve times</i>)</p>	<p>المرتل: يا ربُّ ارْحَم. (١٢ مرات)</p>
<p>Priest: Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.</p>	<p>الكاهن: بِرَحْمَةِ وَرَأْفَاتِ ابْنِكَ الْوَحِيدِ وَمَحَبَّتِهِ لِلْبَشَرِ، الَّذِي أَنْتَ مُبَارَكٌ مَعَهُ وَمَعَ رُوحِكَ الْكَلْبِيِّ قُدْسُهُ الصَّالِحِ وَالْمُحْيِي، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p>
<p>Choir: Amen.</p>	<p>المرتل: آمين.</p>
<p>SIXTH TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)</p>	<p>القنِّداق والبيت للقيامة للحن السادس (قراءة)</p>
<p>Having raised up all the dead out of the dark abysses by His life-bestowing hand, Christ God, the Giver of Life, hath bestowed the Resurrection upon mortal nature; for He is the Savior and Resurrection and Life of all, and the God of all.</p>	<p>إِنَّ الْمَسِيحَ الْإِلَهَ الْوَاهِبَ الْحَيَاةَ، قَدْ وَهَبَ الْقِيَامَةَ لِلْجَبَلَةِ الْبَشَرِيَّةِ، مُقِيمًا بِيَدِهِ الْمُحْيِيَّةِ جَمِيعَ الْأَمْوَاتِ مِنَ الْكُهُوفِ الْمُظْلِمَةِ. فَإِنَّهُ مُخَلِّصُ الْجَمِيعِ وَقِيَامَتُهُمْ وَحَيَاتُهُمْ وَإِلَهُ الْكُلِّ.</p>

We the faithful praise and worship Thy Cross and burial, O Giver of life, for Thou hast bound Hades, O immortal One, as God omnipotent, and Thou hast raised up the dead with Thyself, and broken the gates of Hades, and destroyed the dominion of death, since Thou art God. Wherefore, we the earthborn glorify Thee with longing, Who art risen, and hast destroyed the dominion of the all-destroying enemy. Thou hast raised up all who believe in Thee, and has rescued the world from the darts of the serpent, and hast delivered us from the error of the enemy, O almighty One. Hence, we reverently praise Thy Resurrection, whereby Thou hast saved us, since Thou art the God of all.

أَيُّهَا الْمَسِيحُ مُعْطِي الْحَيَاةِ، إِنَّا نَحْنُ الْمُؤْمِنِينَ نُنْشِدُ وَنَسْجُدُ لِصَلِيبِكَ وَدَفْنِكَ. لِأَنَّكَ، يَا مَنْ لَا يَمُوتُ، قَيَّدْتَ الْجَحِيمَ بِمَا أَتَيْتَ الْإِلَهَ الْقَدِيرُ، وَسَحَقْتَ أَبْوَابَهَا، وَأَقَمْتَ الْأَمْوَاتَ، وَنَقَضْتَ عِزَّةَ الْمَوْتِ كَالِه. لِذَلِكَ نُمَجِّدُكَ نَحْنُ الْأَرْضِيِّينَ بِحَرَارَةٍ، يَا مَنْ قَامَ مُبِيداً عِزَّةَ الْعَدُوِّ الْمُمِيتِ، وَأَقَامَ مَعَهُ جَمِيعَ الْمُؤْمِنِينَ بِهِ، وَافْتَدَى الْعَالَمَ مِنْ سِهَامِ الْحَيَّةِ، وَنَجَّانَا مِنْ ضَلَالَةِ الْعَدُوِّ بِمَا أَنَّهُ الْمُقْتَدِرُ وَحْدَهُ. وَلِذَا نُسَبِّحُ بِحُسْنِ عِبَادَةِ قِيَامَتِكَ الَّتِي بِهَا خَلَّصْتَنَا، بِمَا أَتَيْتَ إِلَهَ الْكُلِّ.

THE SYNAXARION (Plain Reading)

السِّنْكَسَار (قراءة)

On September 21 in the Holy Orthodox Church, we take leave of the celebration of the Elevation of the Holy Cross of our Lord Jesus Christ. On this day, we commemorate the holy, glorious and all-laudable Apostle Quadratos of the Seventy.

Verses

Since in no wise would he offer stones his worship,
 The unwise cast stones at worshipful Quadratos.
 On the twenty-first Quadratos found a crown in contests.

He preached the Gospel in Athens, and was at first bishop in Athens after St. Publius, and then in the city of Magnesia. Quadratos was considered a “morning star among the clouds,” shining forth the light of Christ to the Hellenes in the midst of their dark paganism and evil practices. But darkness always hates the light, and the pagans hated holy Quadratos. They first stoned him, and then imprisoned him, leaving him without bread until his holy soul left his body and entered into the Kingdom of Christ his God in 130. Before that, Quadratos wrote a defense of Christianity and gave it to the pagan Emperor Hadrian, who was so moved that he decreed that Christians should not be persecuted without special cause.

On this day, we also commemorate the Prophet Jonah. By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.

THE KATAVASIAE OF THE HOLY CROSS CANON IN TONE EIGHT

كَتَافَاسِيَاةِ الصَّلِيبِ الْمُقَدَّسِ بِاللَّحْنِ الثَّامِنِ

Ode 1. A cross did Moses inscribe, when with an upright stroke of his rod he divided the Red Sea for Israel, who went on foot; then he turned and smote the sea, once again uniting it o'er Pharaoh's chariots, with transverse stroke portraying the invincible weapon. Wherefore, let us praise in song Christ our God; for He

(الأولى) إِنَّ مُوسَى لَمَّا رَسَمَ الصَّلِيبَ، ضَرَبَ بِالْعَصَا مُسْتَوِيَةً فَشَقَّ الْبَحْرَ الْأَحْمَرَ، وَأَجَازَ إِسْرَائِيلَ مَاشِياً. وَلَمَّا ضَرَبَهُ مُخَالِفاً، ضَمَّهُ عَلَى فِرْعَوْنَ وَمَرْكَبَاتِهِ، مُمَثِّلاً بِصِرَاحَةِ السِّلَاحِ غَيْرِ الْمَقْهُورِ. لِذَلِكَ نُسَبِّحُ الْمَسِيحَ إِلَهَنَا لِأَنَّهُ قَدْ تَمَجَّدَ.

truly is glorified.	
Ode 3. The rod is perceived as a figure of the Mystery, for by its blossoming it showed who was chosen to be priest. And for the Church that formerly was barren hath the Wood of the Cross now blossomed forth unto strength and steadfastness.	(الثالثة) إِنَّ الْعَصَا تُؤَخَذُ لِرِسْمِ السِّرِّ، لِأَنَّهَا بَتَقَرُّعِهَا تُشِيرُ إِلَى الْكَاهِنِ. أَمَّا الْآنَ فَقَدْ أَزْهَرَ عَوْدُ الصَّلِيبِ لِلْكَنِيسَةِ الْعَاقِرِ قَبْلًا عِزَّةً وَثَبَاتًا.
Ode 4. I have hearkened and heard, O Lord, of Thy dispensation's most awesome mystery; and I came to knowledge of Thy works, and I sang the praise of Thy Divinity.	(الرابعة) يَا رَبُّ، إِنِّي سَمِعْتُ بِسِرِّ تَدْبِيرِكَ وَتَأَمَّلْتُ أَعْمَالَكَ، فَمَجَّدْتُ لَاهُوتِكَ.
Ode 5. O Tree divine and thrice-blessed, whereon Christ God was outstretched, though He is King and Lord of all: He who once had through the tree wrought wicked beguilement, fell himself because of thee, ensnared when God was nailed unto thee in our mortal flesh, He Who granteth peace unto our souls.	(الخامسة) يَا لَكَ مِنْ عَوْدٍ مُثَلَّثِ الْغِطَّةِ، عَلَيْهِ بُسِطَ الْمَسِيحُ الرَّبُّ الْمَلِكُ، وَبِهِ سَقَطَ الَّذِي خَدَعَ بِالْعَوْدِ إِذْ خُدِعَ بِكَ، بِالِإِلَهِ الَّذِي سَمَرَ عَلَيْكَ بِالْجَسَدِ، الْمَانِحِ السَّلَامَ لِنَفُوسِنَا.
Ode 6. When Jonah, who was in the belly of the sea monster, stretched forth his hands in the form of a cross, he prefigured the saving Passion manifestly. Hence also, when he came forth on the third day, he indicated the supernal Resurrection of Christ God, Who was crucified in the flesh and enlightened the world by His Arising on the third day.	(السادسة) إِنَّ يُونَانَ لَمَّا كَانَ فِي جَوْفِ الْحَوْتِ الْبَحْرِيِّ، وَبَسِطَ يَدَيْهِ بِشَكْلِ صَلِيبٍ، سَبَقَ فَرَسَمَ الْأَلَامَ الْخَلَّاصِيَّةَ بِوُضُوحٍ. وَلَمَّا خَرَجَ فِي الْيَوْمِ الثَّالِثِ، مَثَلَ الْقِيَامَةَ الْفَائِئِقَةَ الْعَالَمَ، الَّتِي لِلْمَسِيحِ الْإِلَهِ الْمُسَمَّرِ بِالْجَسَدِ، وَالْمُنِيرِ الْعَالَمَ بِالْقِيَامَةِ ذَاتِ الثَّلَاثَةِ الْأَيَّامِ.
Ode 7. The ungodly tyrant's most insensate decree affrighted common folk, breathing forth with threats and wicked mouthings of blasphemy. But the Three Children were not struck with fear by rage wild and bestial, nor by roaring fire; but in an echoing and dew-besprinkling breeze, they stood amidst the fire and sang: O Thou supremely praised God of our Fathers and our God, forever art Thou blessed.	(السابعة) إِنَّ أَمْرَ الْمُغْتَصِبِ الْمُلْجِدِ الَّذِي لَا تَعْقَلُ فِيهِ، قَدْ زَلَزَلَ الشُّعُوبَ، إِذْ كَانَ يَقْدِفُ تَهْدِيدًا وَافْتِرَاءً مَمْقُوتًا مِنَ اللَّهِ. إِلَّا أَنَّ الْفَتِيَّةَ الثَّلَاثَةَ لَمْ يَزِعْهُمْ الْغَضَبُ الْوَحْشِيِّ وَلَا النَّارُ الْأَكِلَةَ. لَكِنَّهُمْ إِذْ كَانُوا مَعًا فِي النَّارِ النَّاسِمَةِ فِيهَا رِيحٌ نَدِيَّةٌ، كَانُوا يُرْتَلُونَ: أَيُّهَا الْفَائِقُ التَّسْبِيحِ، مُبَارَكٌ أَنْتَ يَا إِلَهَ آبَائِنَا.
<i>We praise, we bless, and we worship the Lord.</i> Ode 8. O ye Children, equal in number to the Trinity, bless ye God the Father and Creator; praise ye the Word, Who descended and changed the fire into dew; and supremely exalt the All-holy Spirit, Who granteth life unto all	نُسَبِّحُ وَنُبَارِكُ وَنَسْجُدُ لِلرَّبِّ. (الثامنة) أَيُّهَا الْفَتِيَّةُ الْمُسَاوُونَ عَدَدَ الثَّلَاوِثِ، بَارِكُوا الْآبَ الْإِلَهَ الْخَالِقِ، وَسَبِّحُوا الْكَلِمَةَ الَّذِي تَنَزَّلَ وَحَوَّلَ النَّارَ إِلَى نَدَى. وَزِيدُوا رِفْعَةَ الرُّوحِ الْكَلِيِّ

forever.	قُدْسُهُ، المَانِحَ الحَيَاةِ لِجَمِيعٍ عَلَى مَدَى الدُّهُورِ .
Deacon: The Theotokos and Mother of the Light let us honor and magnify in song.	الشماس: لوالِدَةِ الإِلهِ وَأَمِّ النُّورِ بِالتَّسَابِيحِ نَكْرَمُ مُعْظَمِينَ .
THE NINTH ODE OF THE HOLY CROSS CANON IN TONE EIGHT	الأودية التاسعة من كطافاسية الصليب المقدس بالحن الثامن
<i>Magnify, O my soul, the most venerable Cross of the Lord.</i> O Theotokos, thou art a mystical paradise, which being untilled hath blossomed forth Christ, by Whom the life-bringing Tree of the Cross was planted in the earth. In worshipping Him now through its elevation, thee do we magnify.	عَظَمِي يَا نَفْسِي صَلِيبَ الرَّبِّ المُكْرَمِ . يَا وَالِدَةَ الإِلهِ، أَنْتِ الفِرْدَوْسُ السِّرِّي، إِذْ إِنَّكَ أَنْبَتِ المَسِيحَ بِغَيْرِ فَلَاحَةٍ، الَّذِي مِنْهُ نُصِبَتْ فِي الأَرْضِ شَجَرَةُ الصَّلِيبِ الحَامِلَةُ الحَيَاةِ . فَالآنَ إِذْ نَسْجُدُ لَهُ مَرْفُوعًا، لَكَ نُعْظِمُ .
<i>Magnify, O my soul, the most venerable Cross of the Lord.</i> Let all the trees of the forest rejoice, for their nature hath been sanctified by Him Who planted them in the beginning, even Christ, Who was stretched out upon the Tree. Through its elevation now, Him do we worship and magnify.	عَظَمِي يَا نَفْسِي صَلِيبَ الرَّبِّ المُكْرَمِ . لِتَفْرَحَ جَمِيعُ أَشْجَارِ الغَابِ، الَّتِي غُرِسَتْ مُنْذُ البَدْءِ، بِمَا أَنَّهَا قَدْ تَقَدَّسَتْ طَبِيعَتُهَا، بِبَسْطِ المَسِيحِ عَلَى العُودِ . فَالآنَ نَسْجُدُ لَهُ مَرْفُوعًا وَنُعْظِمُهُ .
<i>Magnify, O my soul, the most venerable Cross of the Lord.</i> A sacred horn is raised up for those of godly mind, even the Cross of Him that is the Head of all, wherewith all the horns of the spiritual powers of wickedness are broken. Through its elevation now, Him do we worship and magnify.	عَظَمِي يَا نَفْسِي صَلِيبَ الرَّبِّ المُكْرَمِ . لَقَدْ ارْتَفَعَ قَرْنٌ شَرِيفٌ لِمُتَالِهي العِزْمِ، أَعْنِي بِهِ الصَّلِيبَ الَّذِي هُوَ رَأْسُ جَمِيعِهِمْ، الَّذِي بِهِ تُسْحَقُ كُلُّ قُرُونِ الخَطَاةِ العَقْلِيِّينَ . فَالآنَ نَسْجُدُ لَهُ مَرْفُوعًا وَنُعْظِمُهُ .
ANOTHER HEIRMOS & OTHER TROPARIA	طروباريات أخرى
<i>Magnify, O my soul, the Elevation of the life-giving Cross of the Lord.</i> Today the death that came to man through eating of the tree is abolished through the Cross. For the curse of our first mother Eve that fell on all mankind is destroyed by the Fruit of the pure Mother of God, whom all the powers of Heaven magnify.	عَظَمِي يَا نَفْسِي رَفَعَ الصَّلِيبِ المُعْطِي الحَيَاةِ . إِنَّ المَوْتَ الَّذِي نَتَجَّ لِجِنْسِ البَشَرِ، بِسَبَبِ الأَكْلِ مِنَ العُودِ، قَدْ أُبْطِلَ اليَوْمَ بِالصَّلِيبِ، لِأَنَّ لَعْنَةَ الأُمِّ الأولى وَكُلَّ نُرْيَتِهَا، قَدْ انْحَلَّتْ بِمَوْلُودِ أُمِّ الإِلهِ النَّقِيَّةِ، الَّتِي كُلُّ قُوَاتِ السَّمَاوَاتِ لَهَا تُعْظِمُ .

<p><i>Magnify, O my soul, the Elevation of the life-giving Cross of the Lord.</i> Not suffering the deadly bitterness of the tree to continue, O Lord, Thou hast utterly blotted it out through the Cross. Wherefore, wood also once destroyed the bitterness of the waters of Marah, prefiguring the working of the Cross, which all the powers of Heaven magnify.</p>	<p>عَظَمِي يَا نَفْسِي رَفَعَ الصَّلِيبِ الْمُعْطِي الْحَيَاةَ. أَيُّهَا الرَّبُّ، إِنَّكَ لِكَيْ لَا تَدَعَ مَرَارَةَ الْعُودِ غَيْرَ مَنقُوضَةٍ، فَقَدْ أزلْتَهَا بِالْكَلْبِيَّةِ بِوَأَسِطَةِ الصَّلِيبِ. فَلِهَذَا حَلَى الْعُودُ قَدِيمًا مَرَارَةَ مِيَاهِ مَارَةَ، فَسَبَقَ رَأْسًا فِعْلَ الصَّلِيبِ، الَّذِي كُلُّ قُوَّاتِ السَّمَاوَاتِ لَهُ تُعْظَمُ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Though we were continually sunken in the gloom of our forefather, O Lord, this day Thou hast lifted us up again through the Cross. For as our nature before was pulled down into error through rank intemperance, we have been restored to our full inheritance by the light of Thy Cross, which we the faithful magnify.</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. يَا رَبُّ، لَقَدْ رَفَعْتَنَا الْيَوْمَ بِوَأَسِطَةِ الصَّلِيبِ، نَحْنُ الْمُنْعَمِسِينَ عَلَى الدَّوَامِ فِي تَيْجُورِ الْجَدِّ الْأَوَّلِ. لِأَنَّهُ كَمَا أَنَّ الطَّبِيعَةَ قَدْ سَقَطَتْ سَابِقًا فِي الضَّلَالَةِ جَامِحَةً، فَقَدْ رَتَّنَا إِلَى الْإِسْتِقَامَةِ بِأَجْمَعِنَا نُورَ صَلِيبِكَ، الَّذِي نَحْنُ الْمُؤْمِنِينَ نُعْظَمُهُ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> That Thou mightest show the world the figure of the Cross worshipped in all places as most glorious, O Lord, Thou hast formed it in the heaven, splendid with unapproachable light, an invincible panoply for the King, which all the powers of Heaven magnify.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ. يَا رَبُّ، لِكَيْمَا تُوَضِّحَ لِلْعَالَمِ رَسْمَ صَلِيبِكَ، مَسْجُودًا لَهُ، بِمَا أَنَّهُ مُمَجَّدٌ فِي الْكُلِّ، صَوَّرْتَهُ فِي السَّمَاءِ مُتَلَأْلِيًا بِنُورٍ سَاطِعٍ، لِيَكُونَ لِلْكَنِيسَةِ سِلَاحًا كَامِلًا غَيْرَ مَقْهُورٍ، فَكُلُّ قُوَّاتِ السَّمَاوَاتِ لَهُ تُعْظَمُ.</p>
<p>KATAVASIAE: NINTH ODE OF THE HOLY CROSS CANON IN TONE EIGHT</p>	<p>الكثافاسيا التاسعة من قانون الصليب المقدس باللحن الثامن</p>
<p>O Theotokos, thou art a mystical paradise, which being untilled hath blossomed forth Christ, by Whom the life-bringing Tree of the Cross was planted in the earth. In worshipping Him now through its elevation, thee do we magnify.</p>	<p>يَا وَالِدَةَ الْإِلَهِ، أَنْتِ الْفِرْدَوْسُ السِّرِّي، إِذْ إِنَّكَ أَنْبَتِ الْمَسِيحَ بغيرِ فِلاحةٍ، الَّذِي مِنْهُ نُصِبَتْ فِي الْأَرْضِ شَجَرَةُ الصَّلِيبِ الْحَامِلَةُ الْحَيَاةَ. فَالآنَ إِذْ نَسْجُدُ لَهُ مَرْفُوعًا، لَكَ نُعْظَمُ.</p>
<p>Today the death that came to man through eating of the tree is abolished through the Cross. For the curse of our first mother Eve that fell on all mankind is destroyed by the Fruit of the pure Mother of God, whom all the powers of Heaven magnify.</p>	<p>إِنَّ الْمَوْتَ الَّذِي نَتَجَّ لِجِنْسِ الْبَشَرِ بِسَبَبِ الْأَكْلِ مِنَ الْعُودِ، قَدْ أَبْطَلَ الْيَوْمَ بِالصَّلِيبِ، لِأَنَّ لَعْنَةَ الْأُمِّ الْأُولَى، وَكُلَّ ذُرِّيَّتِهَا، قَدْ انْحَلَّتْ بِمَوْلُودِ أُمِّ الْإِلَهِ النَّقِيَّةِ الَّتِي كُلُّ قُوَّاتِ السَّمَاوَاتِ لَهَا تُعْظَمُ.</p>

THE LITTLE LITANY	الطلبية السلامية الصغرى
<p>Deacon: Again and again, in peace, let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.</p> <p>Choir: Lord, have mercy.</p> <p>Deacon: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.</p> <p>Choir: To Thee, O Lord.</p> <p>Priest: For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.</p> <p>Choir: Amen.</p>	<p>الشماس: أيضاً وأيضاً بسلام إلى الرب نطلب.</p> <p>الجوق: يا رب ارحم.</p> <p>الشماس: أعزّد وخلص وارحم واحفظنا يا الله بِنِعْمَتِكَ.</p> <p>الجوق: يا رب ارحم.</p> <p>الشماس: بعد بكرنا الكليّة القداسة، الطاهرة، الفاتحة البركات المجيدة، سيدتنا والدة الإله الدائمة البتولية مريم مع جميع القديسين، لنودع أنفسنا وبعضنا بعضاً وكلّ حياتنا للمسيح الإله.</p> <p>الجوق: لك يا رب.</p> <p>الكاهن: لأنه إياك تسبح كل قوّات السماوات، ولك يرسلون المجد أيها الأب والإبن والروح القدس، الآن وكلّ أوان وإلى دهر الدهرين.</p> <p>الجوق: آمين.</p>
<p>Holy is the Lord our God. (<i>thrice</i>)</p> <p>Exalt ye the Lord our God, and worship at His footstool, for He is holy.</p>	<p>قدوس هو الرب الهنا. (ثلاثاً)</p> <p>إرفعوا الرب الهنا، واسجدوا لموطئ قدميه، لأنّ الرب الهنا قدوس هو.</p>
<p>THE FOURTH EOTHINON EXAPOSTEILARION IN TONE TWO (*<i>Upon that mount in Galilee</i> *)</p>	<p>إكسابوستيلاري الإيوثينا الرابعة باللحن الثاني * وزن لنقف مع التلاميذ *</p>
<p>In flashing light of virtues clad, * let us behold the young men * who, at that tomb that beareth life, * appeared in flashing raiment * unto the myrrh-bearing women * who bowed their faces earthward; * and let us be instructed of * the arising of Heaven's * Master and Lord * and with Peter run to Life in the Lord's tomb; * and wond'ring at that which was wrought, * let us remain to see Christ.</p>	<p>لنتألاً لمشريقين بالفضائل، ونشاهد الرجال الواقفين بملابس لامعة داخل القبر الواهب الحياة، لحاملات الطيب المطرقات وجوههن إلى الأرض، ولنتعلم قيامة سيد السماء، ولنسارع مع بطرس إلى القبر، ونتعجب من الحادث، ونتنظر لنعاين المسيح الحياة.</p>
<p>EXAPOSTEILARIA FOR THE HOLY CROSS IN TONE TWO (*<i>While Thy disciples looked on Thee</i>*)</p>	<p>إكسابوستيلاري الصليب المقدس باللحن الثاني</p>
<p>The Cross is the guardian of the whole world; * the Cross is the support and staff of</p>	<p>الصليب حافظ كل المسكونة، * الصليب جمال</p>

the faithful; * the Cross is the beauty of the Church of Christ; * the Cross is the mighty strength of kings; * the Cross is the glory of Angels; * it is the wounding of demons. (twice)	الْكَنِيسَةِ، * الصَّلِيبُ عِزَّةُ الْمُلُوكِ، * الصَّلِيبُ ثَبَاتُ الْمُؤْمِنِينَ، * الصَّلِيبُ مَجْدُ الْمَلَائِكَةِ وَجُرْحُ الشَّيَاطِينِ. (تُعَاد)
(**Hearken, ye women**)	(**إِسمَعْنَ الْآنَ يَا نِسَاءُ**)
Today the Cross is lifted up, * and all the world is sanctified. * For Thou, while throned with the Father * and with the All-holy Spirit, * by stretching out Thy hands thereon, * hast drawn the whole world to Thyself, * that it might know Thee, O my Christ. * Therefore, vouchsafe divine glory * to them that trust in Thy goodness.	الْيَوْمَ يُرْفَعُ الصَّلِيبُ * وَالْعَالَمُ يَتَقَدَّسُ. * لِأَنَّكَ أَيُّهَا الْجَالِسُ مَعَ الْآبِ وَالرُّوحِ الْقُدُّوسِ، * بِبَسْطِ يَدَيْكَ عَلَيْهِ، * إِجْتَذَبْتَ الْعَالَمَ كُلَّهُ * إِلَى مَعْرِفَتِكَ. * فَأَهْلِ الْمُتَكَلِّينَ عَلَيْكَ * لِمَجْدِكَ الْإِلَهِيِّ.
AINOI (PRAISES) IN TONE SIX	الإينوس باللحن السادس
Let everything that hath breath praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God, is due our song.	كُلُّ نَسَمَةٍ فَلْتَسَبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.
Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.	سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قُوَاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.
For the Resurrection in Tone Six	للقيامَة باللحن السادس
<i>Verse 1. This glory shall be to all His saints.</i> The Cross, O Lord, is Life and Resurrection to Thy people, and in it we do trust. Wherefore, Thee do we praise, O our risen Lord; have mercy upon us.	استيخن ١ . هَذَا الْمَجْدُ يَكُونُ لِجَمِيعِ أُنْبَرَارِهِ. يَا رَبِّ، إِنَّ صَلِيبَكَ لَهَوَ حَيَاةٍ وَقِيَامَةٍ لِشَعْبِكَ، وَعَلَيْهِ اتِّكَلْنَا، فَتَسَبِّحُكَ يَا إِلَهَنَا النَّاهِضَ فَارْحَمْنَا.
<i>Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.</i> Thy burial, O Master, has opened paradise for mankind. Wherefore, as we escape corruption, we praise Thee, O our risen God; have mercy on us.	استيخن ٢ . سَبِّحُوا اللَّهَ فِي قَلْبَيْسِيهِ، سَبِّحُوهُ فِي قَلْبِكَ قُوَّتِهِ. إِنَّ دَفْنَكَ أَيُّهَا السَّيِّدُ قَدْ فَتَحَ الْفِرْدَوْسَ لِجِنْسِ الْبَشَرِ. فَإِذْ قَدْ نَجَوْنَا مِنَ الْفَسَادِ، نُسَبِّحُكَ يَا إِلَهَنَا النَّاهِضَ فَارْحَمْنَا.
<i>Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness.</i> With the Father and the Spirit, let us praise Christ risen from the dead. Let us cry to Him, Thou art our Life and Resurrection; have mercy on us.	استيخن ٣ . سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ نَظِيرَ كَثْرَةِ عَظَمَتِهِ. لِنُسَبِّحْ مَعَ الْآبِ وَالرُّوحِ الْمَسِيحِ النَّاهِضِ مِنْ بَيْنِ الْأَمْوَاتِ، وَنُصْرُخْ إِلَيْهِ: أَنْتَ هُوَ حَيَاتُنَا وَقِيَامَتُنَا فَارْحَمْنَا.

<p><i>Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp. Thou hast risen from the tomb in three days, as it was written, O Christ, and hast raised with Thee our ancestors. Wherefore, mankind doth glorify Thee and praise Thy Resurrection.</i></p>	<p>استيخن ٤ . سَبِّحُوهُ بِالْحَنِّ البوقِ، سَبِّحُوهُ بِالْمِزْمَارِ وَالْقِيثَارَةِ. لَقَدْ قُمْتَ مِنَ الْقَبْرِ لثَلَاثَةَ أَيَّامٍ كَمَا كُتِبَ أَيُّهَا الْمَسِيحُ، وَأَقَمْتَ مَعَكُمْ أَجْدَانَنَا، لِذَلِكَ جِنْسُ الْبَشَرِ يُمَجِّدُكَ وَيُسَبِّحُ قِيَامَتَكَ.</p>
<p>For the Holy Cross in Tone Eight (**O strange wonder**)</p>	<p>لِلصَّليبِ الْمُقَدَّسِ بِالْحَنِّ الثَّامِنِ (**يا له من عجبٍ غريبٍ**)</p>
<p><i>Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.</i> O strange wonder, great and marvelous! * Today the life-bearing Tree, * the all-holy and precious Cross, * being lifted up on high, * is made manifest openly. * All of the ends of the earth give glory now, * and all the demons are sorely terrified. * O what a gift is this, * kindly granted to us mortal men, O Christ! * Whereby save our souls, since Thou alone art merciful.</p>	<p>استيخن ٥ . سَبِّحُوهُ بِالطَّبْلِ والمَصَافِ، سَبِّحُوهُ بِالْأوتارِ وآلَةِ الطَّرَبِ. يا له من عَجَبٍ غَرِيبٍ! * أَلْغَرَسُ الْحَاوِي الْحَيَاةِ، * الصَّليبِ الْمُقَدَّسِ، * مَرْفُوعًا يُشَاهِدُ. * فَالْمَسْكُونَةُ تَبْتَهِّجُ، * وَيُمَجِّدُهُ كُلُّ الْمُؤْمِنِينَ، * وَتَخْزِي الشَّيَاطِينَ مُرْتَعِدَةً. * يا لها مَوْهَبَةٍ * قَدْ مَنَحْتَنَا يا أَيُّهَا الْمَسِيحُ، * فَخَلِّصْ نَفُوسَنَا، * وَارْحَمْنَا يا رَؤُوفَ.</p>
<p><i>Verse 6. Praise Him upon the loud cymbals; praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.</i> O strange wonder, great and marvelous ... (repeat above)</p>	<p>استيخن ٦ . سَبِّحُوهُ بِبَعَمَاتِ الصُّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ، كُلُّ نَسَمَةٍ فَلْتُسَبِّحِ الرَّبَّ. يا له من عَجَبٍ غَرِيبٍ ... (تَعَاد)</p>
<p><i>Verse 7. Harken, O daughter, and consider, and incline thine ear.</i> O strange wonder, great and marvelous! * The Cross, which held the Most High * like a grape-cluster full of life, * clearly doth appear this day * lifted high up above the earth. * Through it, we all have been drawn nigh unto God, * and death is utterly swallowed up at last. * O thou unsullied Tree! * through which, as we send up glory unto Christ, * we partake of Eden's comely and immortal fruit.</p>	<p>استيخن ٧ . إِسْمَعِي أَيُّهَا الْبِنْتُ وَأَنْظُرِي، وَأَنْسِي شَعْبَكَ وَبَيْتَ أَبِيكَ، فَيَسْتَهَيِّ الْمَلِكُ حُسْنَكَ. يا له من عَجَبٍ غَرِيبٍ! * إِنَّ عُنُقُودَ الصَّليبِ، * الْمَمْلُوءَةَ مِنَ الْحَيَاةِ، * مَرْفُوعًا نَرَاهُ الْيَوْمَ * مِنْ الْأَرْضِ إِلَى الْعُلَى. * بِهِ اجْتَذَبْنَا كُلُّنَا نَحْوَ اللَّهِ، * وَأَنْدَاسَ بَأْسِ الْمَوْتِ مُبْتَلَعًا. * يا لَلْعُودِ الطَّهَّورِ، * بِهِ نَلْنَا الْأَكْلَ الَّذِي لَا يُمِيتُ، * الَّذِي فِي عَدْنِ، * مُمَجِّدِينَ الْمَسِيحِ.</p>
<p><i>Verse 8. The rich among the people shall entreat thy countenance.</i> O strange wonder, great and marvelous! * The length and breadth of the Cross * is the equal of</p>	<p>استيخن ٨ . لَوَجْهِكَ يُصَلِّي كُلُّ أَعْنِيَاءِ الشَّعْبِ. يا له من عَجَبٍ غَرِيبٍ! * إِنَّ الصَّليبَ بَدَا * يَسْتَعِينُكَ</p>

<p>Heaven's span, * for by means of grace divine, * it doth hallow the universe. * By this, barbarian nations are subdued; * by this, the scepters of princes are made strong. * O ladder most divine! * Whereby we ascend unto the Heavens' heights, * while exalting Christ the Lord with hymns and songs of praise.</p>	<p>كَالسَّمَاءِ رَحَابَةً، * مُقَدَّسًا كُلَّ شَيْءٍ * بِمَا فِيهِ مِنْ نِعْمَةٍ. * قَاهِرًا هَجَمَاتِ الْبَرَابِرَةِ، * مُنْتَبِتًا صَوْلَجَةَ الْمُلُوكِ. * يَا لَهُ سُلْمًا * بِهَا نَرْتَقِي إِلَى السَّمَاوَاتِ * رَافِعِينَ بِالتَّسْبِيحِ * الْمَسِيحِ الرَّبِّ.</p>
<p>DOXASTICON OF THE HOLY CROSS IN TONE SIX</p>	<p>ذُكُصَا الصَّلِيبِ الْمُقَدَّسِ بِاللَّحْنِ السَّادِسِ</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Today the Cross of the Lord goeth forth, and the faithful welcome it with longing, and they receive healing of soul and body and of every malady. Let us kiss it with joy and fear: with fear, because of sin, for we are unworthy; with joy, because of the salvation granted to the world by Him Who was crucified thereon, Christ the Lord, Who hath Great Mercy.</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ. الْيَوْمَ يُوَافِي صَلِيبُ الرَّبِّ، وَالْمُؤْمِنُونَ يَتَقَبَّلُونَهُ بِشَوْقٍ، وَيَتَالَوْنَ شِفَاءَ النَّفْسِ وَالْجَسَدِ وَكُلِّ سُقْمٍ. فَلِنُصَافِحَتِهِ بِفَرَحٍ وَخَوْفٍ. أَمَّا الْخَوْفُ فَمِنْ أَجْلِ الْخَطِيئَةِ، بِمَا أَنَّنَا غَيْرُ مُسْتَحَقِّينَ. وَأَمَّا الْفَرَحُ، فَمِنْ أَجْلِ الْخَلَاصِ الَّذِي يَمْنَحُهُ لِلْعَالَمِ، الْمَسِيحُ الرَّبُّ الَّذِي سَمَرَ عَلَيْهِ، الْمَالِكُ الرَّحْمَةَ الْعُظْمَى.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. أَنْتِ هِيَ الْفَائِزَةُ عَلَى كُلِّ الْبَرَكَاتِ، يَا وَالِدَةَ الْإِلَهِ الْعَذْرَاءِ، لِأَنَّ الْجَحِيمَ قَدْ سُبِّبَتْ بِوَسِطَةِ الْمُتَجَسِّدِ مِنْكَ، وَأَدَمَ دُعِيَ ثَانِيَةً، وَاللَّعْنَةَ بَادَتْ، وَحَوَاءَ انْعَتَقَتْ، وَالْمَوْتَ أُمِيتَ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ نُسَبِّحُ هَاتِفِينَ: مُبَارَكٌ أَنْتَ أَيُّهَا الْمَسِيحُ الْهُنَا، يَا مَنْ هَكَذَا سُرَّ، الْمَجْدُ لَكَ.</p>
<p>THE GREAT DOXOLOGY IN TONE SIX</p>	<p>الذُّوْكَوْصُولُوجِيَا الْكُبْرَى بِاللَّحْنِ السَّادِسِ</p>
<p>Glory to thee, Who hast shown forth the light. Glory to God in the highest, and on earth peace, good will among men.</p>	<p>الْمَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، الْمَجْدُ لِلَّهِ فِي الْعَلَاءِ، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ.</p>
<p>We hymn Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.</p>	<p>نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.</p>
<p>O Lord King, heavenly God, Father almighty; O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit.</p>	<p>أَيُّهَا الرَّبُّ الْمَلِكُ، السَّمَاوِيُّ، الْإِلَهُ، الْآبُ الضَّابِطُ الْكُلِّ. أَيُّهَا الرَّبُّ الْإِبْنُ الْوَحِيدُ، يَا يَسُوعُ الْمَسِيحُ، وَيَا أَيُّهَا الرُّوحُ الْقُدُّوسُ.</p>
<p>O Lord God, Lamb of God, Son of the Father,</p>	<p>أَيُّهَا الرَّبُّ الْإِلَهُ، يَا حَمَلَ اللَّهِ يَا ابْنَ الْآبِ، يَا رَافِعَ</p>

that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.	خَطِيئَةِ الْعَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا الْعَالَمِ.
Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.	تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الْجَالِسُ عَنِ يَمِينِ الْآبِ وَارْحَمْنَا.
For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.	لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ الْمَسِيحُ، فِي مَجْدِ اللَّهِ الْآبِ، آمِينَ.
Every day will I bless Thee, and I will praise Thy name forever, yea forever and ever.	فِي كُلِّ يَوْمٍ أَبَارِكُكَ، وَأَسَبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى أَبَدِ الْأَبَدِ.
Vouchsafe, O Lord, to keep us this day without sin.	أَهْلُنَا يَا رَبُّ أَنْ نَحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord, the God of our Fathers, and praised and glorified is Thy name forever. Amen.	مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبَّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الْأَبَدِ، آمِينَ.
Let Thy mercy be upon us, O Lord, even as we have set our hope on thee.	لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا تَكُنْ عَلَيْنَا عَلَيْكَ.
Blessed art Thou, O Lord; teach me Thy statutes. (<i>thrice</i>)	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثَلَاثًا)
Lord, thou hast been our refuge from generation to generation. I said: Lord, be merciful unto me; heal my soul, for I have sinned against Thee.	يَا رَبُّ مَلْجَأُ كُنْتَ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ إِلَيْكَ.
Lord, I have fled unto Thee; teach me to do Thy will, for Thou art my God.	يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.
For with Thee is the fountain of life; in Thy light shall we see light.	لِأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النُّورَ.
O continue Thy mercy unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>)	فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit.	الْمَجْدُ لِلْآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ.
Both now and ever, and unto ages of ages. Amen.	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.
Holy Immortal, have mercy on us.	قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.

TROPARION IN TONE EIGHT	طَرُوبَارِيَّةٌ بِاللَّحْنِ الثَّامِنِ
<p>Having risen from the tomb, and having burst the bonds of Hades, Thou didst loose the condemnation of death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Thyself to Thine Apostles, Thou didst send them forth to proclaim Thee; and through them Thou hast granted Thy peace unto the civilized world, O Thou Who alone art plenteous in mercy.</p>	<p>إِذْ قُمْتَ يَا رَبُّ مِنَ الْقَبْرِ، وَقَطَعْتَ رِبَاطَاتِ الْجَحِيمِ، غَلَبْتَ حُكُومَةَ الْمَوْتِ، وَأَنْقَذْتَ الْكُلَّ مِنْ فِخَاخِ الْعَدُوِّ، وَلَمَّا أَظْهَرْتَ ذَاتَكَ لِرُسُلِكَ أَرْسَلْتَهُمْ إِلَى الْكِرَازَةِ، وَمَنْحْتَ بِهِمْ سَلَامَكَ لِلْمَسْكُونَةِ يَا جَزِيلَ الرَّحْمَةِ وَحَدَّكَ.</p>
<p style="text-align: center;"><i>These texts have been prepared by Department of Liturgics of the Antiochian Archdiocese</i></p> <p>Portions of the Archdiocesan Service Texts include texts from <i>The Menaion</i>, <i>The Great Horologion</i>, <i>The Pentecostarion</i>, <i>The Octoechos</i>, <i>The Triodion-Holy Week</i>, and <i>The Psalter of the Seventy</i>, which are Copyright © Holy Transfiguration Monastery, Brookline, Massachusetts, and are used with permission. All rights reserved. These works may not be further reproduced, beyond printing out a single copy for personal non-commercial use, without the prior written authorization of Holy Transfiguration Monastery.</p>	
<p>The Antiochian Archdiocese of North America is thankful to the Brotherhood of the Dormition of the Theotokos Monastery of Hamatoura, Lebanon and Fr. Nicholas Malek of the Archdiocese of Tripoli, El-Koura, and Dependencies in Lebanon for portions of the hymns of the Holy Cross in Arabic for this service.</p>	