

ORTHROS ON SUNDAY, JULY 19, 2026; TONE 6 / EOTHINON 7
SUNDAY OF THE HOLY FATHERS OF FOURTH ECUMENICAL COUNCIL

VENERABLE MACRINA, SISTER OF BASIL THE GREAT; VENERABLE DIOS OF ANTIOCH

Priest: Blessed is our God, always, now and ever, and unto the ages of ages.	الكاهن: تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
Priest: Glory to Thee, our God, glory to Thee. O heavenly King, the Comforter, Spirit of Truth, Who art in all places, and fillest all things, Treasury of good things, and Giver of life, come, and dwell in us, and cleanse us from every stain; and save our souls, O good One.	الكاهن: الْمَجْدُ لَكَ يَا إِلَهُنَا الْمَجْدُ لَكَ. أَيُّهَا الْمَلِكُ السَّمَاوِيِّ، الْمُعَزِّي، رُوحَ الْحَقِّ، الْحَاضِرُ فِي كُلِّ مَكَانٍ وَالْمَالِيُ الْكُلِّ، كَنْزُ الصَّالِحَاتِ، وَرَازِقُ الْحَيَاةِ، هَلُمَّ وَاسْكُنْ فِيْنَا وَطَهِّرْنَا مِنْ كُلِّ دَنَسٍ، وَخَلِّصْ أَيُّهَا الصَّالِحُ نَفُوسَنَا.
Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. <i>(thrice)</i>	القارئ: قُدُّوسُ اللهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ، اِرْحَمْنَا. <i>(ثلاثاً)</i>
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.	أَيُّهَا الثَّالُوثُ الْقُدُّوسُ اِرْحَمْنَا، يَا رَبُّ اغْفِرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَنْ سَيِّئَاتِنَا، يَا قُدُّوسُ اطْلُعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ.
Lord, have mercy. <i>(thrice)</i>	يَا رَبُّ اِرْحَمْ. <i>(ثلاثاً)</i>
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ، خُبْزَنَا الْجَوْهَرِيِّ أَعْطِنَا الْيَوْمَ، وَاتْرُكْ لَنَا مَا عَلَيْنَا كَمَا نَتْرُكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِيبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِّيرِ.
Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.	الكاهن: لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Reader: Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people	القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ،

victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	وَأَمْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلِيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ. يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَاراً، أَيُّهَا الْمَسِيحُ الإِلَهَ، ائْمَنْحْ رَأْفَتَكَ لِشُعْبِكَ الْجَدِيدِ الْمُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ، مَانِحاً إِيَّاهُمْ الْعَلْبَةَ عَلَى مُحَارِبِيهِمْ. لَتَكُنْ لَهُمْ مَعُونَتَكَ سِلَاحاً لِلسَّلَامِ، وَظَفَراً غَيْرَ مَقْهُورٍ.
<i>Both now and ever, and unto ages of ages. Amen.</i> O fearsome champion, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. أَيُّهَا الشَّفِيعَةُ الرَّهِيْبَةُ غَيْرُ الْمَحْذُولَةِ، يَا وَالِدَةُ الإِلَهِ الْكَلِيَّةِ النَّسِيحِ، لَا تُعْرِضِي يَا صَالِحَةُ عَنْ تَوْسُلَاتِنَا، بَلْ وَطِّدِي سِيرَةَ الْمُسْتَقِيمِي الرَّأْيِ، وَخَلِّصِي الَّذِينَ أَمَرْتَ أَنْ يَتَمَلَّكُوا، وَامْنَحِيهِمُ الْعَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنَّكَ وَلَدْتَ الإِلَهَ، أَيُّهَا الْمُبَارَكَةُ وَحْدَكَ.
LITANY	الطَّلِبَةُ السَّلَامِيَّةُ
Priest: Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.	الكاهن: إِرْحَمْنَا يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.
Choir: Lord, have mercy. (<i>thrice</i>) (use this response until noted below)	الجوقة: يَا رَبُّ ارْحَمْ. (ثَلَاثًا) (تُعَادُ بَعْدَ كُلِّ طَلِبَةٍ)
Priest: Again we pray for all pious and Orthodox Christians.	الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ الْحَسَنِي الْعِبَادَةِ الْأَرْثُوذُكْسِيِّينَ.
Priest: Again we pray for our father and metropolitan, N., (our bishop, N.,) and all our brotherhood in Christ.	الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ آبِينَا وَمِتْرُوبُولِيَّتِنَا (فُلَان) وَرَّئِيسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.
Priest: For thou art a merciful God and lovest mankind, and unto thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.	الكاهن: لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُسُ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen. Bless, Father, in the Name of the Lord.	الجوقة: آمِينَ. بِاسْمِ الرَّبِّ بَارِكْ يَا أَبَ.

Priest: Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and ever, and unto ages of ages.	الكاهن: المَجْدُ لِلثَّالُوثِ الْقُدُّوسِ، الْمُتَسَاوِي فِي الْجَوْهَرِ، الْمُحْيِي، غَيْرِ الْمُنْقَسِمِ، كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرٍ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
Reader: Glory to God in the highest, and on earth peace, goodwill among men. <i>(thrice)</i> O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. <i>(twice)</i>	القارئ: المَجْدُ لِلَّهِ فِي الْعُلَى، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسَرَّةُ. <i>(ثَلَاثًا)</i> يَا رَبِّ افْتَحْ شَفَتَيَّ فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ. <i>(مَرَّتَيْنِ)</i>
PSALM 3	المزمور ٣
O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people. I laid me down and slept; I awoke, for the Lord will help me.	يَا رَبِّ لِمَاذَا كَثُرَ الَّذِينَ يُخْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَصَ لَهُ بِإِلَهِهِ. وَأَنْتَ يَا رَبِّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ الْمُحِيطِينَ بِي، الْمُتَوَازِرِينَ عَلَيَّ. قُمْ يَا رَبِّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ ضَرَبْتَ كُلَّ مَنْ يُعَادِينِي بَاطِلًا، وَسَحَقْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَتُكَ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.
PSALM 37	المزمور ٣٧
O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is	يَا رَبِّ، لَا بَغْضَبِكَ تُؤَبِّخْنِي، وَلَا بِرِجْزِكَ تُؤَدِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلَتْ عَلَيَّ. قَدْ أَنْتَنَتْ وَقَاحَتْ جِرَاحَاتِي مِنْ قَبْلِ جَهَالَتِي. شَقِيتُ وَأَنْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِيٍّ وَلَيْسَ لِجَسَدِي شِفَاءٌ.

no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my

شَقِيتُ وَاتَّضَعْتُ جِدًّا، وَكُنْتُ أَيْنُ مِنْ تَتَّهَّدُ قَلْبِي. يَا رَبُّ، إِنَّ بُغْيَتِي كُلَّهَا أَمَامَكَ، وَتَتَّهَّدِي لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورُ عَيْنَيَّ أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيَّ، وَجَنَسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدَنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَغَشَوْشًا طُولَ النَّهَارِ دَرَسُوا. أَمَّا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهَهُ. وَصِرْتُ كإِنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لَأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَالْهِي. لَأَنِّي قُلْتُ لَا يَشْمَتُ بِي أَعْدَائِي، وَعِنْدَمَا زَلْتُ قَدَمَايَ عَظَّمُوا عَلَيَّ الْكَلَامَ. لَأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لَأَنِّي أَنَا أَخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ خَطِيئَتِي. أَمَّا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَارَوْنِي بَدَلَ الْخَيْرِ شَرًّا، مَحَلُّوا بَنِي لَأَجْلِ ابْتِغَائِي الصَّلَاحَ. فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

المزمور ٦٢

يَا اللَّهُ إِلَهِي إِلَيْكَ أَبْتَكَرُ. عَطِشْتُ إِلَيْكَ نَفْسِي، وَاشْتَأَقَ إِلَيْكَ جَسَدِي، فِي أَرْضٍ بَرِّيَّةٍ وَغَيْرِ مَسْلُوكَةٍ وَعَادِمَةِ الْمَاءِ. هَكَذَا ظَهَرْتُ لَكَ فِي الْقُدْسِ لِأَعَايِنَ قُوَّتِكَ وَمَجْدِكَ. لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الْحَيَاةِ، وَشَفَتِي تُسَبِّحَانِكَ. هَكَذَا أُبَارِكُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمَتَّلِي نَفْسِي كَمَا مِنْ

soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things. At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.	شَحْمٍ وَدَسَمٍ، وَبِشْفَاهِ الْإِبْتِهَاجِ يُسَبِّحُكَ فَمَي. إِذَا ذَكَرْتُكَ عَلَى فِرَاشِي، هَذَذْتُ بِكَ فِي الْأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِر. اِلْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينُكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي بَاطِلًا، فَسَيَدْخُلُونَ فِي أَسَافِلِ الْأَرْضِ، وَيُدْفَعُونَ إِلَى أَيْدِي السُّيُوفِ، وَيَكُونُونَ أَنْصَبَةً لِلثَّعَالِبِ. أَمَّا الْمَلِكُ فَيَسْرُ بِاللَّهِ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ بِهِ، لِأَنَّهُ قَدْ سُدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ. هَذَذْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا، وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِر. اِلْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينُكَ.
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (<i>thrice</i>) Lord, have mercy. (<i>thrice</i>) Glory to the Father, and to the Son, and to the Holy Spirit.	الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا رَبِّ ارْحَم. (ثَلَاثًا) الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ.
PSALM 87	المزمور ٨٧
Both now and ever, and unto ages of ages. Amen. O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أُمَامَكَ، فَلْتَدْخُلْ قُدَامَكَ صَلَاتِي، أَمِلْ أُذُنَكَ إِلَى طَلِبَتِي، فَقَدْ امْتَلَأْتُ مِنَ الشُّرُورِ نَفْسِي، وَدَنْتُ مِنَ الْجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ الْمُتَحَدِّرِينَ فِي الْجُبِّ، صِرْتُ مِثْلَ إِنْسَانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ الْأَمْوَاتِ مِثْلَ الْقَتْلَى الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا تَذْكُرُهُمْ أَيْضًا، وَهُمْ مِنْ يَدِكَ مُقْصُونَ. جَعَلُونِي فِي جُبِّ أَسْفَلِ السَّافِلِينَ، فِي ظُلُمَاتِ الْمَوْتِ

brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto

وَضَلَالِهِ. عَلَيَّ اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوَالِكَ أَجَزَّتْهَا عَلَيَّ. أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ رَجَاسَةً. قَدْ أَسْلَمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ وَإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلَعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ الْعَجَائِبَ؟ أَمْ الْأَطِبَّاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟ هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبُكَ، وَعَدْلُكَ فِي أَرْضٍ مَنَسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبْلُغْكَ فِي الْغَدَاةِ صَلَاتِي. لِمَآذَا، يَا رَبُّ، تُقْصِي نَفْسِي وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ شَبَابِي، وَحِينَ ارْتَفَعْتُ اتَّضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ جَازَ رِجْزُكَ، وَمُفْزِعَاتُكَ أَرْعَجْتَنِي. أَحَاطَتْ بِي كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَفَفْتَنِي مَعًا. أَبْعَدْتَ عَنِّي الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمِلْ أَدْنَاكَ إِلَى طَلِبَتِي.

المزمور ١٠٢

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي اسْمُهُ الْقُدُّوسُ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي جَمِيعَ مُكَافَاتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي يَشْفِي جَمِيعَ أَمْرَاضِكَ، الَّذِي يُنْجِي مِنَ الْفَسَادِ حَيَاتِكَ، الَّذِي يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ بِالْخَيْرَاتِ شَهْوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ. الرَّبُّ صَانِعُ الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ الْمَظْلُومِينَ.

the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness

عَرَفَ مُوسَى طُرْقَهُ، وَبَنِي إِسْرَائِيلَ مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوْفٌ، طَوِيلُ الْأَنَاءِ وَكَثِيرُ الرَّحْمَةِ، لَيْسَ إِلَى الْإِنْقِضَاءِ يَسْخَطُ، وَلَا إِلَى الدَّهْرِ يَخْقِدُ. لَا عَلَى حَسَبِ آثَامِنَا صَنَعَ مَعَنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا جَازَانَا. لِأَنَّهُ بِمِقْدَارِ ارْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ، قَوَى الرَّبُّ رَحْمَتَهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ الْمَشْرِقِ مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَّفُ الْأَبُ بِالْبَنِينَ، يَتَرَأَّفُ الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جَبَلَتَنَا وَذَكَرَ أَنَّنَا تُرَابٌ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ وَكَزَهْرِ الْحَقْلِ كَذَلِكَ يُزْهَرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ الرِّيحُ لَيْسَ يَثْبُتُ وَلَا يُعْرَفُ أَيْضًا مَوْضِعُهُ. أَمَّا رَحْمَةُ الرَّبِّ فَهِيَ مِنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أَبْنَاءِ الْبَنِينَ الْحَافِظِينَ عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَّا عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ بِقُوَّةٍ، الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَّامَهُ الْعَامِلِينَ إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعٍ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ. فِي كُلِّ مَوْضِعٍ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

المزمور ١٤٢

يَا رَبِّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَيَّ طَلِبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَنْزَكِيَ أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَذَلَّ إِلَيَّ

as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.	الأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتِ مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ. هَذَذْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمْطَرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبِّ، فَقَدْ فَنِيَتْ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَاشَابَهَ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي الْعِدَاةِ مُسْتَمِعًا رَحْمَتِكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبِّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلِّمْنِي أَنْ أَعْمَلَ مَرْضَاتَكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبُّ، تُحْيِينِي. بَعْدَ ذَلِكَ تُخْرِجُ مِنْ الْحُزَنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.
Hearken unto me, O Lord, in Thy righteousness and enter not into judgment with Thy servant. (twice) Thy good Spirit shall lead me in the land of uprightness.	إِسْتَجِبْ لِي بَعْدَ ذَلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ. (مَرَّتَيْنِ) رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (thrice) O our God and our Hope, glory to Thee!	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا إِلَهَنَا وَرَجَاءَنَا الْمَجْدُ لَكَ.
THE GREAT LITANY	الطَّلِبَةُ السَّلَامِيَّةُ الْكُبْرَى
Priest: In peace, let us pray to the Lord.	الكَاهِن: بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.
Choir: Lord, have mercy. (use this response until noted below)	الْجَوَقَةُ: يَا رَبُّ ارْحَمِ. (تُعَادُ بَعْدَ كُلِّ طَلِبَةٍ)
Priest: For the peace from above and the salvation of our souls, let us pray to the Lord.	الكَاهِن: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى وَخَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.

Priest: For the peace of the whole world, the good estate of the holy churches of God and the union of all, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ سَلامِ كُلِّ العالَمِ، وَحُسْنِ ثَباتِ كَنائِسِ اللَّهِ المُقَدَّسَةِ، وَاتِّحادِ الجَميعِ، إلى الرَّبِّ نَطلُبُ.
Priest: For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذا البَيتِ المُقَدَّسِ، وَالَّذينَ يَدْخُلُونَ إِلَيهِ بِإِيمانٍ وَوَرَعَ وَخَوْفِ اللَّهِ، إلى الرَّبِّ نَطلُبُ.
Priest: For our father and metropolitan, N., (our bishop, N.,) the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ أبينا ومِثروبوليتنا (فلان) ورَئيسِ كَهَنَتِنا (فلان)، وَالكَهَنَةَ المُكْرَمينَ، وَالشَّمامِسَةَ، خُدَّامِ المَسيحِ، وَجَميعِ الإكليرُوسِ وَالشَّعْبِ، إلى الرَّبِّ نَطلُبُ.
Priest: For our country, its president (or appropriate head of state), civil authorities and armed forces, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ حُكَّامِ هَذا البَلَدِ وَمُؤازَرَتِهِمْ في كُلِّ عَمَلٍ صالِحٍ، إلى الرَّبِّ نَطلُبُ.
Priest: For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذِهِ المَدِينَةِ، وَجَميعِ المُدُنِ وَالقُرى، وَالْمُؤمِنينَ السَّاكِنينَ فيها، إلى الرَّبِّ نَطلُبُ.
Priest: For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ اعتِدالِ الأهُويَةِ، وَخُصبِ ثَمارِ الأَرْضِ وَأَوقاتِ سَلامِيَّةٍ، إلى الرَّبِّ نَطلُبُ.
Priest: For travelers by sea, by land and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ المُسافِرِينَ في البَحْرِ وَالبَرِّ وَالجَوِّ، وَالمرضى وَالْمُتألِّمينَ وَالأسرى، وَخَلاصِهِمْ، إلى الرَّبِّ نَطلُبُ.
Priest: For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ نَجاتِنا مِنْ كُلِّ ضيقٍ وَغَضَبٍ وَخَطَرٍ وَشِدَّةٍ إلى الرَّبِّ نَطلُبُ.
Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.	الكاهن: أَعْضُدْ وَخَلِّصْ وارْحَمْ واحفَظْنا يا اللَّهُ بِنِعْمَتِكَ.
Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.	الكاهن: بَعْدَ ذِكرِنا الكُلِّيَّةَ القَداسَةَ الطَّاهِرَةَ الفائِقَةَ البَرَكاتِ المَجيِّدة، سَيِّدَتِنا وَالِدَةَ الإلهِ الدَّائِمَةِ البَثُولِيَّةِ مَريمَ، مَعَ جَميعِ القَدِيسينَ، لِنُودِعَ أَنْفُسَنا وَبَعْضُنا بَعْضاً وَكُلَّ حَياتِنا لِلْمَسيحِ الإلهِ.
Choir: To Thee, O Lord.	الجوقة: لَكَ يا رَبِّ.
Priest: For unto thee are due all glory, honor	الكاهن: لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرامٍ وَسُجُودٍ،

and worship, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.	أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرٍ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
“GOD IS THE LORD” IN TONE SIX	"الله الرَّبُّ" باللحن السادس
Choir: God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. (<i>Repeat after verses</i>)	الجوق: اللهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تعاود بعد الإستيخونات)
1. O give thanks unto the Lord, and call upon His holy Name.	١. إِعْتَرِفُوا لِلرَّبِّ وادْعُوا بِاسْمِهِ الْقُدُّوسِ.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.	٢. كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ فَهَزَتْهُمْ.
3. This is the Lord's doing; it is marvelous in our eyes.	٣. مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.
RESURRECTIONAL APOLYTIKION IN TONE SIX	أبوليتيكيون القيامة باللحن السادس
When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.	إِنَّ الْقُوَّاتِ الْمَلَائِكِيَّةَ ظَهَرُوا عَلَى قَبْرِكَ الْمُوقَّرِ، وَالْحُرَّاسَ صَارُوا كَالْأَمْوَاتِ، وَمَرْيَمَ وَقَفَتْ عِنْدَ الْقَبْرِ طَالِبَةً جَسَدَكَ الطَّاهِرَ، فَسَبَّيْتَ الْجَحِيمَ وَلَمْ تُجَرَّبْ مِنْهَا، وَصَادَفْتَ الْبَتُولَ مَانِحاً الْحَيَاةَ. فَيَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، يَا رَبُّ الْمَجْدُ لَكَ.
APOLYTIKION OF THE HOLY FATHERS IN TONE EIGHT	أبوليتيكيون لأحد الآباء القديسين باللحن الثامن
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Thou, O Christ, art our God of exceeding praise Who didst establish our holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.	الْمَجْدُ لِلْآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. أَنْتَ أَيُّهَا الْمَسِيحُ إِلَهُنَا الْفَائِزُ التَّسْبِيحِ، يَا مَنْ أَسَّسْتَ آبَاءَنَا الْقَدِيسِينَ عَلَى الْأَرْضِ كَوَاكِبَ لَامِعَةٍ، وَبِهِمْ هَدَيْتَنَا جَمِيعاً إِلَى الْإِيمَانِ الْحَقِيقِيِّ، يَا جَزِيلَ الرَّحْمَةِ، الْمَجْدُ لَكَ.
RESURRECTIONAL THEOTOKION IN TONE EIGHT	ثيوطوكية القيامة باللحن الثامن
<i>Both now and ever, and unto ages of ages. Amen.</i> Thou Who for our sake wast born of a Virgin, and didst suffer crucifixion, O good One, and didst despoil death through death, and as God	الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرٍ الدَّاهِرِينَ. آمين. يَا مَنْ وُلِدَ مِنَ الْبَتُولِ مِنْ أَجْلِنَا، وَكَابَدَ الصَّلْبَ، أَيُّهَا الصَّالِحُ، يَا مَنْ سَبَى الْمَوْتَ بِمَوْتِهِ، وَرَأَى

didst reveal Resurrection. Despise not those whom Thou hast created with Thine own hand, show forth Thy love for mankind, O merciful One. Accept the intercessions of Thy mother, the Theotokos, for us, and save Thy despairing people, O our Savior.	الْقِيَامَةَ بِمَا أَنَّهُ إِلَه. لَا تُعْرِضْ عَنِ الَّذِينَ جَبَلْتَهُمْ بِيَدَيْكَ، بَلْ أَظْهَرِ تَعَطُّفَكَ عَلَى النَّاسِ أَيُّهَا الرَّحِيم. وَتَقَبَّلْ وَالِدَتَكَ، وَالِدَةَ الْإِلَهِ، مُتَشَفِّعَةً مِنْ أَجْلِنَا، وَخَلِّصْ يَا مُخَلِّصَنَا شَعْباً يَائِساً.
THE LITTLE LITANY	الطَّلِبَةُ السَّلامِيَّةُ الصُّغْرَى
Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.	الكاهن: أيضاً وأيضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمْ. الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْ. الكاهن: بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لَكَ يَا رَبُّ. الكاهن: لِأَنَّ لَكَ الْعِزَّةَ وَلَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمِينَ.
SIXTH TONE RESURRECTIONAL KATHISMATA HYMNS (Plain Reading)	ترانيم كاثسماطات القيامة للحن السادس (قراءة)
First Kathisma	الكاثيسما الأولى
When the tomb was shown to be open and Hades wailing, Mary cried unto the cowering Apostles, saying: Come out, ye laborers of the vineyard, and proclaim the words of the Resurrection; for the Lord is risen, granting the world Great Mercy.	لَقَدْ صَرَخَتْ مَرْيَمُ، لَمَّا ظَهَرَ الْقَبْرُ مَفْتُوحاً وَالْجَحِيمُ مُنْتَحِبَةً، نَحْوَ الرُّسُلِ الْمُخْتَفِينَ قَائِلَةً: اخْرُجُوا يَا فَعْلَةَ الْكَرَمِ وَبَشِّرُوا بِكَلَامِ الْقِيَامَةِ، لِأَنَّ الرَّبَّ قَدْ قَامَ، مَانِحاً الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Mary Magdalene, O Lord, did stand by Thy tomb and cry, weeping. And when she thought Thou wast the gardener, she said: Where hast Thou hidden the everlasting Life? Where hast	الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّسِ. أَيُّهَا الرَّبُّ، إِنَّ مَرْيَمَ الْمَجْدَلِيَّةَ قَدْ وَقَفَتْ عِنْدَ قَبْرِكَ وَصَرَخَتْ بَاكِئَةً. وَإِذْ ظَنَنْتُ أَنَّكَ الْبُسْتَانِيُّ قَالَتْ: أَيْنَ أَخْفَيْتَ الْحَيَاةَ الدَّهْرِيَّةَ؟ أَيْنَ وَضَعْتَ الْجَالِسَ

Thou placed Him Who sitteth on the cherubic throne? And when she saw the guards who kept Him, appearing from fear like dead, she cried unto them: Give me my Lord; or else cry with me saying: O Thou Who was numbered among the dead, and Who didst raise the dead, O Lord, glory to Thee.	على كُرْسِيِّ الشَّارُوبِيم؟ وَلَمَّا رَأَتْ الحُرَّاسَ الَّذِينَ حَفَظُواكَ قَدْ أَمْسُوا كالأَمْوَاتِ مِنَ الخَوْفِ، صَاحَتْ بِهِمْ هَاتِفَةً: إِمَّا أَعْطُونِي رَبِّي، أَوْ اهْتَفُوا مَعِي قَائِلِينَ: يَا مَنْ حُسِبْتَ بَيْنَ الأَمْوَاتِ وَأَقَمْتَ المَائِتِينَ، يَا رَبُّ، المَجْدُ لَكَ.
(Theotokion of the Resurrectional Apolytikion)	(ثيوطوكية أبوليتيكيون القيامة)
<i>Both now and ever, and unto ages of ages. Amen.</i> Thou Who didst call Thy Mother blessed of Thine own good will and didst come to Thy passion shining radiantly upon the Cross, desiring to recall Adam and saying unto the angels: Rejoice with me; for I have found the piece of silver which was lost. O our God, Who with wisdom hast ordered all things, glory to Thee.	الآن وكلَّ أوانٍ وإلى دَهْرٍ الدَّاهِرِينَ. آمين. يا مَنْ دَعَوْتَ أُمَّكَ مُبَارَكَةً، لَقَدْ أَقْبَلْتَ إِلَى الأَلَامِ طَوْعاً باخْتِيَارِكَ، وَأَشْرَقْتَ عَلَى الصَّلِيبِ مُرِيداً أَنْ تُعِيدَ دَعْوَةَ آدَمَ، قَائِلاً لِلْمَلَائِكَةِ: إِفْرَحُوا مَعِي لَوْجُودِي الدَّرْهَمَ الضَّائِعَ. فَيَا مَنْ دَبَّرْتَ كُلَّ شَيْءٍ بِحِكْمَةِ المَجْدُ لَكَ.
Second Kathisma	الكاسِما الثانية
Verily, Life was placed in the grave, and the seals were applied to the stone. And the soldiers guarded Christ as they would a sleeping king. But the Lord rose, smiting His enemies in an invisible way.	إِنَّ الحَيَاةَ قَدْ وُضِعَ فِي قَبْرِ، وَجُعِلَ عَلَى الحَجَرِ خُتُومٌ، وَحَرَسَ الجُنْدُ المَسِيحَ كَمَلِكٍ رَاقِدٍ. وَلَكِنَّ الرَّبَّ قَدْ قَامَ ضَارِباً أَعْدَاءَهُ بِحَالٍ لَا يُرَى.
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Verily, Jonah did come before and made a sign of Thy tomb; and Simeon did interpret Thy divine Resurrection, O deathless Lord; for Thou didst descend into the grave as one who is dead, O Thou Who didst invade the gates of Hades, and didst rise free of corruption for the salvation of the world, being the Master, O Christ our God, and didst light those who are in darkness.	المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ الْقُدُسِ. لَقَدْ تَقَدَّمَ يُونَانُ فَرَسَمَ قَبْرَكَ، وَسَمِعَانُ فَسَّرَ قِيَامَتَكَ الإِلَهِيَّةَ أَيُّهَا الرَّبُّ العَادِمُ المَوْتِ، لِأَنَّكَ نَزَلْتَ إِلَى اللَحْدِ مَيِّتاً يَا مَنْ حَلَلْتَ أَبْوَابَ الجَحِيمِ، وَقُمْتَ مُنْزَهاً عَنِ الفَسَادِ لِخَلَاصِ العَالَمِ، بِمَا أَنَّكَ السَّيِّدُ أَيُّهَا المَسِيحُ إِلَهُنا، وَأَنْزَرْتَ الَّذِينَ فِي الظَّلَامِ.
<i>Both now and ever, and unto ages of ages. Amen.</i> Pray, O Virgin Theotokos to thy son Christ our God, Who was willingly nailed upon the Cross and did rise from the dead, that He might save our souls.	الآن وكلَّ أوانٍ وإلى دَهْرٍ الدَّاهِرِينَ. آمين. يَا وَالِدَةَ الإِلَهِ العَذْرَاءَ، تَوَسَّلِي إِلَى ابْنِكَ المَسِيحِ إِلَهُنا، الَّذِي سُمِّرَ عَلَى الصَّلِيبِ طَوْعاً، وَقَامَ مِنْ بَيْنِ الأَمْوَاتِ لِكَي يُخَلِّصَ نَفُوسَنَا.

EVLOGETARIA (BENEDICTIONS) IN TONE FIVE	إفلوجيطاريات بالحن الخامس
<i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroying the power of death, with Thee raising up Adam and releasing all men from hades.	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. جَمْعُ الْمَلَائِكَةِ انْذَهَلَ مُتَحِيرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخَلِّصُ، وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ، وَمُعْتِقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَّةً.
<i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. الْمَلَائِكَةُ اللَّامِعَةُ عِنْدَ الْقَبْرِ تَقَوَّةَ نَحْوِ حَامِلَاتِ الطِّيبِ قَائِلًا: لِمَ تَمْزِجْنَ الطُّيُوبَ بِالْأُحْشَانِ، بِتَرْتِّبِهَا تَلْمِيزَاتٍ؟ أَنْظُرْنَ اللَّحْدَ وَافْرَحْنَ، لِأَنَّ الْمُخَلِّصَ قَدْ قَامَ مِنَ الْقَبْرِ.
<i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. إِنَّ حَامِلَاتِ الطِّيبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَتْ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النَّوْحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.
<i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. إِنَّ النِّسْوَةَ حَامِلَاتِ الطِّيبِ، وَافِينَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخَلِّصُ. فَسَمِعْنَ مَلَكَاً مُتَنَغِّمًا نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيَّ مَعَ الْمَوْتَى؟ فَبِمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.	الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. نَسْجُدُ لِلآبِ وَلِابْنِهِ وَلِرُوحِ قُدُّوسِهِ، ثَالُوثًا قُدُّوسًا فِي جَوْهَرٍ وَاحِدٍ، هَانِفِينَ مَعَ السَّرَافِيمِ: قُدُّوسٌ، قُدُّوسٌ، قُدُّوسٌ أَنْتَ يَا رَبُّ.
<i>Both now and ever, and unto ages of ages. Amen.</i> In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. أَيُّهَا الْعَذْرَاءُ، لَقَدْ وَلَدْتَ مُعْطِيَ الْحَيَاةِ، وَأَنْقَذْتَ آدَمَ مِنَ الْخَطِيئَةِ، وَمَنْحْتَ حَوَاءَ الْفَرَحِ عَوْضَ

didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.	الْحُزْنَ، لَكِنَّ الْإِلَهَ وَالْإِنْسَانَ الْمُتَجَسِّدَ مِنْكَ، أَرْشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.
Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (<i>thrice</i>) O our God and our Hope, glory to Thee.	هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يا إِلَهنا ورجاءنا لك المجد.
THE LITTLE LITANY	الطَّلِبَةُ السَّلامِيَّةُ الصَّغْرَى
Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.	الكاهن: أَيْضاً وَأَيْضاً بِسَلامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمْ. الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْ. الكاهن: بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةِ الْإِلَهِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعْ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لَكَ يَا رَبِّ. الكاهن: لِأَنَّ اسْمَكَ مُبَارَكٌ وَمُلْكُكَ مُمَجَّدٌ أَيْهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمِينَ.
SIXTH TONE RESURRECTIONAL HYPAKOE (Plain Reading)	إِيَّاكُوي الْقِيَامَةِ لِلْحَنِ السَّادِسِ (قراءة)
By Thy willing yet life giving Death, O Christ, Thou hast crushed the gates of Hades, because Thou art God, and hast opened the old paradise; and having risen from the dead, Thou hast redeemed our life from corruption.	بِمَوْتِكَ الْمُحْيِي الطَّوْعِيِّ أَيْهَا الْمَسِيحُ، حَطَمْتَ أَبْوَابَ الْجَحِيمِ بِمَا أَنَّكَ إِلَهٌ، وَفَتَحْتَ لَنَا الْفِرْدَوْسَ الْقَدِيمَ، وَقُمْتَ نَاهِضاً مِنْ بَيْنِ الْأَمْوَاتِ، وَخَلَّصْتَ مِنَ الْفَسَادِ نَفُوسَنَا.
SIXTH TONE RESURRECTIONAL ANABATHMOI (Plain Reading)	أَنَابَثْمِيَّاتِ الْقِيَامَةِ لِلْحَنِ السَّادِسِ (قراءة)
First Antiphony	الْأَنْتِيفُونَا الْأُولَى
+ To the heavens do I lift mine eyes, O Word of God. Have mercy upon me that I may live by Thee.	+ إِلَى السَّمَاءِ أَرْفَعُ عَيْنِي نَحْوَكَ يَا كَلِمَةَ اللَّهِ، فَتَرَأْفْ عَلَيَّ لِكَيْ أَحْيَا بِكَ.

+ O Word, have mercy upon us who are despised, and make us good and chosen vessels. + <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i> + Verily, in the Holy Spirit is the cause of salvation for all; for when He bloweth on one worthily, He doth raise him speedily from earthly things, doth wing him and cause him to grow, and doth rank him in the heavenly places.	+ أَيُّهَا الْكَلِمَةُ ارْحَمْنَا نَحْنُ الْمُهَانَيْنِ، وَأَعِدِدْنَا لَكَ أَوَانِي صَالِحَةً مُخْتَارَةً. + الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ. + إِنَّ بِالرُّوحِ الْقُدُسِ سَبَبَ خَلَاصِ الْكُلِّ، لِأَنَّهُ إِذَا هَبَّ فِي إِنْسَانٍ بِحَسَبِ الْاسْتِحْقَاقِ، يَرْفَعُهُ سَرِيعاً مِنَ الْأَرْضِيَّاتِ، وَيَجَنِّحُهُ وَيُنَمِّيهِ وَيُرَتِّبُهُ فِي الْعُلُويَّاتِ.
Second Antiphony	الأنتيفونا الثانية
+ Were not the Lord in our midst it would not be possible for any of us to stand firm in his wrestling with the enemy; for only thereby do the victors attain the exaltation of victory. + Woe to me, how shall I escape the enemies while I am a lover of sin. Wherefore, deliver not my soul, O Word, like a bird, to their teeth. + <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i> + Verily, through the Holy Spirit is everyone made divine; and in Him is pleasure, understanding, safety, and blessing; for He is equal to the Father and the Word together.	+ لَوْ لَمْ يَكُنِ الرَّبُّ فِيْنَا فَمَا كَانَ أَحَدٌ يَسْتَطِيعُ مُنَاصَبَةَ الْعَدُوِّ وَصِرَاعَهُ، لِأَنَّ الظَّالِمِينَ مِنْ هُنَا يَتَعَالَوْنَ. + وَيَحْيِي كَيْفَ أَقْدِرُ أَنْ أَنْجُوَ مِنَ الْأَعْدَاءِ وَأَنَا مُحِبٌّ لِلْخَطِيئَةِ. فَيَا أَيُّهَا الْكَلِمَةُ لَا تَدْفَعْ نَفْسِي كَالْعُصْفُورِ لِأَسْنَانِهِمْ. + الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ. + إِنَّ بِالرُّوحِ الْقُدُسِ كُلُّ شَيْءٍ يَتَأَلَّهُ، وَبِهِ الْمَسَرَّةُ وَالْفَهْمُ وَالسَّلَامَةُ وَالْبَرَكَاتُ، لِأَنَّهُ مُسَاوٍ لِلآبِ وَالْكَلِمَةِ مَعاً.
Third Antiphony	الأنتيفونا الثالثة
+ They who trust in the Lord are feared by their enemies and are wondered at by all; for their sight is very high. + The party of the righteous hath secured Thee as its succor, O Savior, and therefore shall not reach out its hands to iniquities. + <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i> + Verily, the Holy Spirit hath might over all; for Him do all the heavenly hosts worship, and every breath below.	+ إِنَّ الْمُتَوَكِّلِينَ عَلَى الرَّبِّ مَرْهُوبُونَ لَدَى الْأَعْدَاءِ وَمُسْتَعْجَبُونَ مِنَ الْكُلِّ، لِأَنَّ نَظَرَهُمْ مُرْتَفِعٌ جَدّاً. + أَيُّهَا الْمُخَلِّصُ، إِنَّ حَظَّ الصِّدِّيقِينَ لَا يَمُدُّ يَدَيْهِ إِلَى الْمَآثِمِ، لِأَنَّهُ قَدْ أَحْرَزَكَ مُعِيناً. + الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ. + إِنَّ لِلرُّوحِ الْقُدُسِ الْعِزَّةَ عَلَى الْكُلِّ، لِأَنَّ لَهُ تَسْجُدُ كُلُّ الْأَجْنَادِ الْعُلُويَّةِ مَعَ كُلِّ نَسَمَةٍ سُفْلِيَّةٍ.

PROKEIMENON FOR THE RESURRECTION IN TONE SIX	بروكيمنن للقيامة بالحن السادس
O Lord, arouse Thy strength, and come to our salvation. (<i>twice</i>) Stichos: Hearken, O Shepherd of Israel. O Lord, arouse Thy strength, and come to our salvation.	يا رَبُّ أَيْقِظْ قُوَّتَكَ وَهَلِّمْ لِحَلَاصِنَا. (مرتين) ستيخن: يا راعي إسرائيل أنصت. يا رَبُّ أَيْقِظْ قُوَّتَكَ وَهَلِّمْ لِحَلَاصِنَا.
Deacon: Let us pray to the Lord. Choir: Lord, have mercy. Priest: For Holy art Thou, O our God, Who retest in the Holies, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.	الشماس: إلى الرَّبِّ نَطْلُبُ. المرتل: يا رَبُّ اَرْحَمْ. الكاهن: لَأَنَّكَ قُدُّوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقِدِّيسِينَ تَسْتَقَرُّ وَتَسْتَرِيحُ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen. Let everything that hath breath praise the Lord. (<i>twice</i>) Praise ye God in His saints; praise Him in the firm foundation of His power. Let everything that hath breath praise the Lord.	الجوق: آمين. كُلُّ نَسَمَةٍ، فَلْتُسَبِّحِ الرَّبَّ. (مرتين) سَبِّحُوا اللَّهَ فِي قِدِّيسِيهِ، سَبِّحُوهُ فِي قَلْبِكِ قُوَّتِهِ. فَلْتُسَبِّحِ الرَّبَّ، كُلُّ نَسَمَةٍ.
THE SEVENTH EOTHINON GOSPEL	إنجيل الإيوثينا السابعة
Deacon: And that we may be accounted worthy to hear the Holy Gospel, let us beseech the Lord our God. Choir: Lord, have mercy. (<i>thrice</i>) Deacon: Wisdom! Stand upright! Let us hear the Holy Gospel. Priest: Peace be to all. Choir: And to thy spirit. Priest: The Reading from the Holy Gospel according to Saint John. (20:1-10) Choir: Glory to Thee, O Lord, glory to Thee. Deacon: Let us attend!	الشماس: مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحِقِّينَ لِسَمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ. المرتل: يا رَبُّ اَرْحَمْ. (ثلاثاً) الشماس: الْحِكْمَةُ، فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلِ الْمُقَدَّسِ. الكاهن: السَّلَامُ لِجَمِيعِكُمْ. المرتل: وَلِرُوحِكَ. الكاهن: فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقِدِّيسِ يوحنا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ. (١٠-١:٢٠) المرتل: الْمَجْدُ لَكَ يَا رَبُّ، الْمَجْدُ لَكَ. الشماس: لِنُصْغِ!
Priest: On the first day of the week, Mary Magdalene came to the tomb early, while it was still dark, and saw that the stone had been taken	الكاهن: فِي أَوَّلِ الْأُسْبُوعِ، جَاءَتْ مَرْيَمُ الْمَجْدَلِيَّةُ إِلَى الْقَبْرِ فِي الْعَدَاةِ وَالظَّلَامِ بَاقٍ، فَرَأَتْ الْحَجَرَ

away from the tomb. So she ran, and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, “They have taken the Lord out of the tomb and we do not know where they have laid Him.” Peter then came out with the other disciple, and they went toward the tomb. They both ran, but the other disciple outran Peter and reached the tomb first; and stooping to look in, he saw the linen cloths lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb; he saw the linen cloths lying, and the napkin, which had been on Jesus’ head, not lying with the linen cloths but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not know the Scripture, that Jesus must rise from the dead. Then the disciples went back to their homes.	مُخْرِجاً عَنِ الْقَبْرِ فَاسْرَعَتْ وَجَاءَتْ إِلَى سِمْعَانَ بُطْرُسَ وَإِلَى التِّلْمِذِ الْآخَرِ الَّذِي كَانَ يَسُوعُ يُحِبُّهُ، وَقَالَتْ لَهُمَا: "قَدْ أَخَذُوا الرَّبَّ مِنَ الْقَبْرِ وَلَا نَعْلَمُ أَيْنَ وَضَعُوهُ". فَخَرَجَ بُطْرُسُ وَالتِّلْمِذُ الْآخَرُ، وَأَقْبَلَا إِلَى الْقَبْرِ وَكَانَا مُسْرِعَيْنِ مَعاً، فَسَبَقَ التِّلْمِذُ الْآخَرُ بُطْرُسَ وَجَاءَ إِلَى الْقَبْرِ أَوَّلًا وَانْحَنَى فَرَأَى الْأَكْفَانَ مَوْضُوعَةً، لَكِنَّهُ لَمْ يَدْخُلْ. ثُمَّ جَاءَ سِمْعَانُ بُطْرُسُ يَتَّبِعُهُ، وَدَخَلَ الْقَبْرَ، فَرَأَى الْأَكْفَانَ مَوْضُوعَةً، وَالْمِنْدِيلَ الَّذِي كَانَ عَلَى رَأْسِهِ غَيْرَ مَوْضُوعٍ مَعَ الْأَكْفَانِ، بَلْ مَلْفُوفاً فِي مَوْضِعٍ عَلَى حِدَتِهِ، فَحِينَئِذٍ دَخَلَ التِّلْمِذُ الْآخَرُ، الَّذِي جَاءَ أَوَّلًا إِلَى الْقَبْرِ، فَرَأَى وَأَمَنَ لِأَنَّهُمْ لَمْ يَكُونُوا بَعْدُ يَعْرِفُونَ الْكِتَابَ أَنَّهُ يَنْبَغِي أَنْ يَقُومَ مِنَ بَيْنِ الْأَمْوَاتِ. وَانْصَرَفَ التِّلْمِذَانِ عَائِدَيْنِ إِلَى مَقَرِّهِمَا.
Choir: Glory to Thee, O Lord, glory to Thee.	المرتل: الْمَجْدُ لَكَ يَا رَبُّ الْمَجْدُ لَكَ.
Reader: In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and Thy holy resurrection we praise and glorify; for Thou art our God, and we know none other beside Thee; we call upon Thy name. O come, all ye faithful, let us adore Christ’s holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing His resurrection, for in that He endured the cross for us, He hath destroyed death by death.	القارئ: إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْنَسْجُدْ لِلرَّبِّ الْقُدُّوسِ، يَسُوعَ الْمَعْصُومِ مِنَ الْخَطَا وَحْدَهُ. لِصَلِيبِكَ أَيُّهَا الْمَسِيحُ نَسْجُدُ وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُسَبِّحُ وَنُجَدِّدُ، لِأَنَّكَ أَنْتَ هُوَ إِلَهُنَا وَآخِرَ سَوَاكَ لَا نَعْرِفُ وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا مَعْشَرَ الْمُؤْمِنِينَ نَسْجُدُ لِقِيَامَةِ الْمَسِيحِ الْمُقَدَّسَةِ، لِأَنَّ هُودَا بِالصَلِيبِ قَدْ أَتَى الْفَرَحُ لِكُلِّ الْعَالَمِ. لِتُبَارِكَ الرَّبُّ فِي كُلِّ حِينٍ وَنُسَبِّحُ قِيَامَتَهُ، لِأَنَّهُ إِذْ اخْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، الْمَوْتَ بِالْمَوْتِ حَطَّمَهُ.
PSALM 50	المزمور ٥٠
Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.	إِرْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَتِكَ امْحُ مَآثِمِي.
Wash me thoroughly from mine iniquity, and cleanse me from my sin.	إِغْسِلْنِي كَثِيراً مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.
For I know mine iniquity, and my sin is ever before me.	لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.

Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.	إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرَّ قُدَّامَكَ صَنَعْتُ، لَكَ تَصَدَّقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.
For behold, I was conceived in iniquities, and in sins did my mother bear me.	هَاءِنَذَا بِالْآثَامِ حُبْلَ بِي، وَبِالْخَطَايَا وَلَدَتْنِي أُمِّي.
For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.	لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.
Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.	تَنْضَحُنِي بِالزَّوْفَى فَأَطْهُرُ، تَغْسِلُنِي فَأَبْيَضُ أَكْثَرَ مِنَ الثَّلْجِ.
Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.	تُسَمِّعُنِي بِهَجَّةٍ وَسُرُورًا، فَتَبْتَهِجُ عِظَامِي الدَّلِيلَةَ.
Turn Thy face away from my sins, and blot out all mine iniquities.	إِصْرِفْ وَجْهَكَ عَنْ خَطَايَايَ، وَامْحُ كُلَّ مَاثِمِي.
Create in me a clean heart, O God, and renew a right spirit within me.	قَلْبًا نَقِيًّا اخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ فِي أَحْشَائِي.
Cast me not away from Thy presence, and take not Thy Holy Spirit from me.	لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مِنِّي.
Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.	إِمْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رِئَاسِيٍّ اعْضُدْنِي.
I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.	فَأَعْلِمَ الْأَثَمَةَ طُرُقَكَ، وَالْكَفَرَةَ إِلَيْكَ يَرْجِعُونَ.
Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.	أُنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ لِسَانِي بِعَذْلِكَ.
O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.	يَا رَبُّ افْتَحْ شَفْتَيَّ، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.
For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.	لَأَنَّكَ لَوْ آثَرْتَ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي، لَكِنَّكَ لَا تُسَرُّ بِالْمُحْرَقَاتِ.
A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.	فَالذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَجِقٌ، الْقَلْبُ الْمُتَخَشِّعُ وَالْمُتَوَاضِعُ لَا يَرْذُلُهُ اللَّهُ.
Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.	أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونَ وَلْتُبْنَ أَسْوَارُ أُورُشَلِيمَ.

Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.	حِينَئِذٍ تُسَرُّ بِذَبِيحَةِ الْعَدْلِ قُرْبَاناً وَمُحْرَقَاتٍ.
Then shall they offer bullocks upon Thine altar.	حِينَئِذٍ يُقَرَّبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ.
TROPARIA AFTER PSALM 50 IN TONE TWO	طُروبَارِيَّاتٌ بَعْدَ الْمَزْمُورِ ٥٠ بِاللَّحْنِ الثَّانِي
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Through the intercessions of the Apostles, O Thou Who art merciful, blot out the multitude of our transgressions.	الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ. بِشَفَاعَاتِ الرُّسُلِ وَطَلِبَاتِهِمْ، أَيُّهَا إِلَهُ الرَّحُومِ، أَمْحُ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.
<i>Both now and ever, and unto ages of ages. Amen.</i> Through the intercessions of the Theotokos, O Thou Who art merciful, blot out the multitude of our transgressions.	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. بِشَفَاعَاتِ الْوَلَدَةِ إِلَهُ وَطَلِبَاتِهَا، أَيُّهَا إِلَهُ الرَّحُومِ، أَمْحُ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.
<i>Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions.</i> Jesus, having risen from the grave as He foretold, hath given unto us life eternal and Great Mercy.	يَا رَحِيمٌ، ارْحَمْنِي يَا اللَّهُ كَعَظِيمِ رَحْمَتِكَ، وَبِحَسَبِ كَثْرَةِ رَأْفَتِكَ أَمْحُ مَاثِمِي. لَقَدْ قَامَ يَسُوعُ مِنَ الْقَبْرِ كَمَا سَبَقَ فَقَالَ، وَمَنْحَنَا الْحَيَاةَ الْأَبَدِيَّةَ، وَالرَّحْمَةَ الْعَظْمَى.
THE INTERCESSION	طِلْبَةُ الشَّفَاعَةِ
Deacon: O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us thy rich mercies, through the intercessions of our all-immaculate Lady, the Theotokos and ever-virgin Mary; by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, all-laudable and foremost of the apostles, Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers— especially the 630 of the Fourth Ecumenical Council whom we commemorate today —Basil the Great, Gregory the Theologian and John	الشماس: خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَّافَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ الْأَرْتُوذُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مَرَاحِمَكَ الْغَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا الْوَلَدَةِ إِلَهُ الْكَلِيَّةِ الطَّهَارَةِ وَالِدَائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ الْكَرِيمِ الْمُحْيِي؛ وَبِطَلَبَاتِ الْقُوَّاتِ السَّمَاوِيَّةِ الْمُكْرَّمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ الْمَجِيدِ يُوحَنَّا الْمَعْمَدَانِ؛ وَالْقَدِيسَيْنِ الْمُشْرِفَيْنِ الرَّسُولَيْنِ بُطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ الْمُشْرِفِينَ الْجَدِيرِينَ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا الْقَدِيسِينَ مُعَلِّمِي الْمَسْكُونَةِ - خَاصَّةً الْآبَاءِ الْقَدِيسِينَ الـ ٦٣٠ الْمُجْتَمِعِينَ فِي الْمَجْمَعِ الْمَسْكُونِيِّ الرَّابِعِ فِي خَلْقِيدُونِيَا، الَّذِينَ نَقِيمُ تَذَكَارَهُمُ الْيَوْمَ - وَرُؤَسَاءِ الْكَهَنَةِ الْمُعَظَّمِينَ

Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and Nektarios of Pentapolis, the wonder-workers; of our fathers among the saints Tikhon, patriarch of Moscow, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs George the Trophy-bearer, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the Wonder-worker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious and great women martyrs Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life, especially Paisios of Athos; <i>of Saint N., the patron and protector of this holy community</i>; of the holy and righteous ancestors of God, Joachim and Anna, and of all Thy saints, we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.	باسيليوس الكبير، وغريغوريوس اللاهوتي، ويوحنا الذهبي الفم؛ وآبائنا القديسين أنثاسيوس وكيرلس ويوحنا الرحيم بطاركة الإسكندرية؛ وآبينا القديس نيقولاوس رئيس أساقفة ميرا الليكية، واسبيريدون أسقف تريميثوس، ونكتاريوس أسقف المذن الخمس العجايبين، وآبينا القديس تيخون بطريزك موسكو، والقديس رافائيل أسقف بروكلين؛ والقديسين المجيدين الشهداء العظماء جاورجيوس اللابس الظفر، وديميتريوس المفيض الطيب، وثيودورس التيروني، وثيودورس قائد الجيش، وميناس الصانع العجايب؛ والقديسين الشهداء إغناطيوس المتوشح بالله، خرمبوس والفثريوس؛ والشهيدات العظيمات تقلا، بربارة، أنسطاسيا، كاترينا، كيرياكي، فوتيني، مارينا، باراسكيفا، وآيرين؛ والقديسين المجيدين الشهداء المتأقين بالظفر؛ وآبائنا الأبرار المتوشحين بالله؛ وخاصة القديس بايسيوس الآثوسي، والقديس (فلان) شفيع هذه الكنيسة المقدسة؛ والقديسين الصديقين جدي المسيح الإله يواكيم وحنة، وجميع قديسيك، نتضرع إليك أيها الربّ الجليل الرحمة، فاستجب لنا نحن الخطاة الطالبين إليك وارحمنا.
Choir: Lord, have mercy. <i>(twelve times)</i>	المرتل: يا رب ارحم. (١٢ مرة)
Priest: Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.	الكاهن: برحمة ورأفات ابنك الوحيد ومحبة لبشر، الذي أنت مبارك معه ومع روحك الكلّي قدسهُ الصالح والمحيي، الآن وكلّ أوان وإلى دهر الداهرين.
Choir: Amen.	المرتل: آمين.
SIXTH TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)	القنداق والبيت للقيامة للحن السادس (قراءة)
Having raised up all the dead out of the dark abysses by His life-bestowing hand, Christ God, the Giver of Life, hath bestowed the Resurrection upon mortal nature; for He is the Savior and Resurrection and Life of all, and the	إنّ المسيح الإله الواهب الحياة، قد وهب القيامة للجبلّة البشريّة، مُقيماً بيده المُحييّة جميع الأموات من الكُهوف المُظلمة. فإنّه مُخلّص الجميع

God of all.	وقيامَتُهُمْ وحياتُهُمْ وإله الكل.
We the faithful praise and worship Thy Cross and burial, O Giver of life, for Thou hast bound Hades, O immortal One, as God omnipotent, and Thou hast raised up the dead with Thyself, and broken the gates of Hades, and destroyed the dominion of death, since Thou art God. Wherefore, we the earthborn glorify Thee with longing, Who art risen, and hast destroyed the dominion of the all-destroying enemy. Thou hast raised up all who believe in Thee, and has rescued the world from the darts of the serpent, and hast delivered us from the error of the enemy, O almighty One. Hence, we reverently praise Thy Resurrection, whereby Thou hast saved us, since Thou art the God of all.	أَيُّهَا الْمَسِيحُ مُعْطِي الْحَيَاةِ، إِنَّا نَحْنُ الْمُؤْمِنِينَ نُنْشِدُ وَنَسْجُدُ لِصَلِيبِكَ وَدَفْنِكَ. لِأَنَّكَ، يَا مَنْ لَا يَمُوتُ، قَيَّدْتَ الْجَحِيمَ بِمَا أَنَّكَ الْإِلَهُ الْقَدِيرُ، وَسَحَقْتَ أَبْوَابَهَا، وَأَقَمْتَ الْأَمْوَاتَ، وَنَقَضْتَ عِرَّةَ الْمَوْتِ كَالْه. لِذَلِكَ نُمَجِّدُكَ نَحْنُ الْأَرْضِيِّينَ بِحَرَارَةٍ، يَا مَنْ قَامَ مُبِيداً عِرَّةَ الْعَدُوِّ الْمُمِيتِ، وَأَقَامَ مَعَهُ جَمِيعَ الْمُؤْمِنِينَ بِهِ، وَافْتَدَى الْعَالَمَ مِنْ سِهَامِ الْحَيَّةِ، وَنَجَّانَا مِنْ ضَلَالَةِ الْعَدُوِّ بِمَا أَنَّهُ الْمُقْتَدِرُ وَحْدَهُ. وَلِذَا نُسَبِّحُ بِحُسْنِ عِبَادَةٍ قِيَامَتَكَ الَّتِي بِهَا خَلَّصْتَنَا، بِمَا أَنَّكَ إِلَهُ الْكُلِّ.
KONTAKION & OIKOS FOR HOLY FATHERS SUNDAY (Plain Reading)	القِنْدَاقِ وَالْبَيْتِ لِأَحَدِ الْأَبَاءِ الْقَدِيسِينَ (قراءة)
The preaching of the Apostles and the doctrines of the Fathers confirmed the one Faith in the Church. And wearing the garment of truth woven from the theology on high, she rightly divideth and glorifieth the great mystery of piety.	إِنَّ كِرَارَةَ الرُّسُلِ وَتَعَالِيمَ الْأَبَاءِ، أَقَرَّتْ إِيمَاناً وَاحِداً لِلْكَنِيسَةِ. فَهَذِهِ إِذْ لَبِسَتْ وَشَاحَ الْحَقِّ الْمَنْسُوجَ مِنْ عِلْمِ اللَّاهُوتِ الْمُلهِمِّ، تُفَصِّلُ بِأَحْكَامٍ وَتُمَجِّدُ سِرَّ التَّقْوَى الْعَظِيمِ.
In the lofty preaching of the Church of God, let us hearken as she crieth: He that thirsteth, let him come and drink. The cup which I bear is the cup of wisdom. Its drink have I mixed with the word of truth. I pour forth the water, not of contention, but of confession. As Israel doth now drink thereof, it beholdeth God, Who saith: See, see, that I am He, and have not changed. I am God, I am first, and I am hereafter, and besides Me there is no other. Hence, they that partake shall be filled, and shall praise the great mystery of piety.	لِنَسْمَعْ كَنِيسَةَ اللَّهِ صَارِخَةً: لِيَأْتِ الْعَطْشَانُ وَيَشْرَبْ، فَإِنَّ الْكَأْسَ الَّتِي أَحْمِلُهَا هِيَ كَأْسُ الْحِكْمَةِ، وَقَدْ مَزَجْتُ هَذَا الشَّرَابَ بِكَلَامِ الْحَقِّ الَّذِي لَا تَجْرِي مِنْهُ مِيَاهُ الْخُصُومَةِ، بَلْ مِيَاهُ الْإِعْتِرَافِ بِالْإِيمَانِ الْوَاحِدِ، وَمِنْهُ يَشْرَبُ الْمُؤْمِنُونَ فَيُبْصِرُونَ اللَّهَ هَاتِفًا: أَنْظُرُوا، أَنْظُرُوا إِنِّي أَنَا هُوَ، لَا أَتَغَيَّرُ. أَنَا الْإِلَهُ الْأَوَّلُ، وَأَنَا بَعْدَ ذَلِكَ، وَلَيْسَ أَحَدٌ آخَرَ سِوَايَ. فَمَنْ نَمَّ يَرْتَوِي الشَّارِبُونَ مِنْهُ وَيُمَجِّدُونَ سِرَّ التَّقْوَى الْعَظِيمِ.
THE SYNAXARION (Plain Reading)	السِّنْكَسَارِ (قراءة)
On July 19 in the Holy Orthodox Church, we commemorate the Venerable Macrina, sister of Basil the Great; and Venerable Dios of Antioch. On this Sunday, we commemorate the 630 holy and God-bearing Fathers of the Fourth Ecumenical Council, which convened in Chalcedon in 451 against the Monophysites.	

Verses

Shunning opposite errors like the sea monsters Scylla and Charybdis,
The Fathers steer the Church on a straight course to safety.

The Holy Fathers were, once again, concerned with the nature of Jesus Christ. The false teaching arose that Christ's human nature (considered by heretics as less perfect) dissolved itself in His divine nature (considered by heretics as more perfect): like a cube of sugar in a parcel of water. Thus, in that scenario, Christ had only one nature, the Divine. These false preachers were called Monophysites ("mono", meaning "one" and "physis", meaning "nature"), and they were led by Eutyches and Dioscorus. Monophysitism overemphasized the divine nature of Christ, at the expense of the human. The Fourth Ecumenical Council condemned Monophysitism and proclaimed that Christ has two complete natures: the divine and the human, as defined by previous Councils. These two natures function as equally perfect, without confusion, and are neither divided nor separate. The Fathers declared that at no time did they undergo any change.

By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

KATAVASIAE OF THE THEOTOKOS CANON IN TONE FOUR	كَطَافَاسِيَا تَقَانُونِ السَّيِّدَةِ بِالنَّحْنِ الرَّابِعِ
Ode 1. I shall open my mouth and it will be filled with the Spirit; and I shall speak forth to the Queen and Mother. I shall be seen joyfully singing her praises, and I shall delight to sing of her wonders.	(الأولى) أَفْتَحُ فَمِي فَيَمْتَلِئُ رَوْحًا، وَأُبْدِي قَوْلًا فَائِضًا نَحْوَ الْأُمِّ الْمَلَكَةِ، وَأُظْهِرُ مُعِيدًا لِلْمَوْسِمِ بَابْتِهَاجٍ، وَأَتَرْتُمُ بَعَجَائِبِهَا مَسْرُورًا.
Ode 3. As a living and copious fountain, O Theotokos, do thou strengthen those who hymn thy praises, and are joined together in spiritual company for thy service; and in thy divine glory make them worthy of crowns of glory.	(الثالثة) يَا وَالِدَةَ الْإِلَهِ، بِمَا أَنَّكَ الْيَنْبُوعُ الْحَيُّ الْمُتَدَفِّقُ بِسَخَاءٍ، وَطَدِينَا نَحْنُ الْمُتَشَدِّدِينَ تَسَابِيحِكَ، الْمُلْتَمِثِينَ مَخْفِلًا رَوْحِيًّا، وَفِي مَجْدِكَ الْإِلَهِيِّ أَهْلِينَا لَأَكَالِيلِ الْمَجْدِ وَالشَّرَفِ.
Ode 4. <i>When the Prophet Habakkuk, O Thou Most High, learned of the divine and untraceable counsel of Thy pure incarnation from the womb of the blest Virgin, he cried out: Glory to Thy power, O Lord my God.</i> ¹	(الرابعة) إِنَّ حَقْبُوقَ النَّبِيِّ، لَمَّا عَرَفَ إِرَادَتَكَ الْإِلَهِيَّةَ، غَيْرَ الْمُدْرَكَةِ أَثِيهَا الْعَلِيِّ، الَّتِي هِيَ تَجَسَّدَتْ مِنَ الْبَتُولِ، هَتَفَ صَارِخًا: الْمَجْدُ لِقُدْرَتِكَ يَا رَبِّ.
Ode 5. All creation was amazed at thy divine glory, for thou, O unwedded Virgin, didst hold in thee the God of all, and didst bear the Eternal Son, who rewards with salvation all those who hymn thy praises.	(الخامسة) أَثِيَّتُهَا الْبَتُولُ الَّتِي لَمْ تَعْرِفْ زَوْاجًا، إِنَّ الْبَرَايَا بِأَسْرِهَا قَدْ انْذَهَلَتْ مِنْ مَجْدِكَ الْإِلَهِيِّ، لِأَنَّكَ حَمَلْتِ فِي حَشَاكَ إِلَهَ الْكُلِّ، وَوَلَدْتِ الْإِبْنَ غَيْرَ الْمَحْدُودِ فِي زَمَنِ، وَمَنْحَتِ الْخَلَاصَ لِكُلِّ الَّذِينَ يُسَبِّحُونَكَ.

¹ This is the correct katavasia for the fourth ode of the Theotokos Canon. "He who sits in clouds" is for the Canon of the Akathist Hymn.

Ode 6. As we the Godly minded, celebrate this sacred and all-honorable feast of the Mother of God: come, let us clap our hands together and glorify the God whom she bore.	(السادسة) هَلُمُّوا أَيُّهَا الْمُتَأَلِّهُو الْعُقُولِ، لِنُصَقِّقْ بِالْأَيْدِي مُقِيمِينَ هَذَا الْعِيدَ الْإِلَهِيَّ الْكَلِّيَّ الْإِكْرَامَ، الَّذِي لَوَالِدَةِ الْإِلَهِ، وَنُحَمِّدِ الْإِلَهَ الَّذِي وَلَدَ مِنْهَا.
Ode 7. The godly-minded children worshipped not the creature rather than the Creator, but trampling upon the threat of fire in manly fashion, they rejoiced and sang: O All-praised Lord and God of our Fathers, blessed art Thou.	(السابعة) إِنْ الْفَتْيَةَ الْمُتَأَلِّهِي الْعُقُولِ، لَمْ يَعْبُدُوا الْخَلِيقَةَ دُونَ الْخَالِقِ، بَلْ وَطَنُوا وَعِيدَ النَّارِ بِشَجَاعَةٍ، فَزَنُّوا فَرَحِينَ: أَيُّهَا الْفَائِزُ النَّسْبِيحُ، مُبَارَكٌ أَنْتَ يَا إِلَهَ آبَائِنَا.
<i>We praise, we bless, and we worship the Lord.</i> Ode 8. The three holy children in the furnace the Child of the Theotokos saved; then was the type, now is its fulfillment, and the whole world gathers to sing: ‘All ye works praise the Lord and magnify Him unto all ages.’	نُسَبِّحُ وَنُبَارِكُ وَنُسَجُدُ لِلرَّبِّ. (الثامنة) إِنَّ مَوْلَدَ وَالِدَةِ الْإِلَهِ قَدْ حَفِظَ الْفَتْيَةَ الْأَطْهَارَ فِي الْأَتُونِ سَالِمِينَ، إِذْ كَانَ حَيْنِيذٍ مَرْسُومًا وَأَمَّا الْآنَ فَقَدْ حَصَلَ مَفْعُولًا، فَهُوَ يُنْهَضُ الْمَسْكُونَةَ بِأَسْرِهَا إِلَى التَّرْتِيلِ هَاتِفَةً: يَا جَمِيعَ أَعْمَالِ الرَّبِّ سَبِّحُوا الرَّبَّ، وَزِيدُوهُ رَفْعَةً عَلَى مَدَى الْأَذْهَارِ.
Deacon: The Theotokos and Mother of the Light let us honor and magnify in song.	الشَّمَّاسُ: لَوَالِدَةِ الْإِلَهِ وَأَمِّ النُّورِ بِالتَّسَابِيحِ نَكْرِمُ مُعْظَمِينَ.
MAGNIFICATIONS IN TONE FOUR	تَعْظِيمَات بِاللَّحْنِ الرَّابِعِ
My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. Refrain: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption didst bear God the Word, and art truly Theotokos, we magnify thee.	تُعْظِمُ نَفْسِي الرَّبَّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ مُخْلِصِي. الْلازِمَةُ: يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ مَجْدًا بِغَيْرِ قِيَاسٍ مِنَ السَّارَافِيمِ، الَّتِي مِنْ دُونِ فَسَادٍ وَلَدْتَ كَلِمَةَ اللَّهِ، حَقًّا أَنْكَ وَالِدَةُ الْإِلَهِ إِيَّاكَ نُعْظِمُ.
For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. (Refrain)	لَأَنَّهُ نَظَرَ إِلَى تَوَاضُعِ أَمَّتِهِ، فَهَا مِنْذُ الْآنَ تُطَوِّبُنِي جَمِيعُ الْأَجْيَالِ. (اللازمة)
For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. (Refrain)	لَأَنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمَهُ، وَرَحْمَتُهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ. (اللازمة)
He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. (Refrain)	صَنَعَ عِزًّا بِسَاعِدِهِ، وَشَتَّتَ الْمُتَكَبِّرِينَ بِذَهْنِ قُلُوبِهِمْ. (اللازمة)

He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. <i>(Refrain)</i>	حَطَّ الْمُقْتَدِرِينَ عَنِ الْكَرَاسِي وَرَفَعَ الْمُتَوَاضِعِينَ، مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهُمْ فَارِغِينَ. (اللازمة)
He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. <i>(Refrain)</i>	عَضَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكُرَ رَحْمَتَهُ، كَمَا قَالَ لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الْأَبَدِ. (اللازمة)
Ode 9. Let all the earth-born mortals rejoice in the Spirit, bearing their lamps. And let the nature of Bodiless Minds celebrate with honor the holy festival of the Mother of God, and cry out: 'Hail! All-blessed, pure, and ever-virgin Theotokos!'	(التاسعة) كُلُّ الْأَرْضِيِّينَ فَلْيَبْتَهِجُوا بِالرُّوحِ حَامِلِينَ الْمَصَابِيحَ، وَطَبِيعَةُ الْعُقُلِيِّينَ غَيْرِ الْهَيُولِيِّينَ فَلْتَحْتَفِلْ مَعاً، مُعَيَّدَةً لِمَوْسِمِ أُمِّ الْإِلَهِ الشَّرِيفِ وَهَاتِفَةً: إِفْرَحِي يَا وَالِدَةَ الْإِلَهِ النَّقِيَّةِ، الدَّائِمَةِ الْبَتُولِيَّةِ، وَالْكَلِّيَّةِ الطُّوبَى.
THE LITTLE LITANY	الطَّلِبَةُ السَّلامِيَّةُ الصُّغْرَى
Deacon: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Deacon: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.	الشماس: أيضاً وأيضاً بِسَلامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمْ. الشماس: أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْ. الشماس: بَعْدَ ذِكْرِنَا الْكُلِّيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لَكَ يَا رَبُّ. الكاهن: لِأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَّاتِ السَّمَاوَاتِ، وَلَكَ يُرْسَلُونَ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمِينَ.
Holy is the Lord our God. <i>(thrice)</i> Exalt ye the Lord our God, and worship at His footstool, for He is holy.	قُدُّوسٌ هُوَ الرَّبُّ إِلَهُنَا. (ثلاثاً) إِرْفَعُوا الرَّبَّ إِلَهُنَا، وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّ الرَّبَّ إِلَهُنَا قُدُّوسٌ هُوَ.

THE SEVENTH EOTHINON EXAPOSTEILARION IN TONE TWO (*<i>Upon that mount in Galilee</i> *)	إكسابوستيلاري الإيوثينا السابعة بالحن الثاني *وزن لنقف مع التلاميذ*
Alas, they took the Lord away; * as soon as Mary said this, * then Simon Peter ran in haste * to the tomb with that other * initiate loved by Jesus; * and when they both came running, * they found the linen clothes within * set apart from the napkin * once on His head, * each abandoned, cast off, and lying sep'rate. * And so again they held their peace, * until they had beheld Christ.	عِنْدَمَا قَالَتْ مَرْيَمُ قَدْ حَمَلُوا رَبِّي، أَسْرَعَ إِلَى الْقَبْرِ سَمْعَانُ بُطْرُسُ، وَمُسَارُ الْمَسِيحِ الْآخِرُ الَّذِي كَانَ يُحِبُّهُ، فَحَضَرَا كِلَاهُمَا فَوَجَدَا الْأَكْفَانَ دَاخِلًا مَوْضُوعَةً وَحْدَهَا، وَالْعِمَامَةَ الَّتِي كَانَتْ عَلَى رَأْسِهِ مُنْعَزَلَةً نَاحِيَةً، لِذَلِكَ اسْتَقَرَّا إِلَى أَنْ أَبْصَرَا الْمَسِيحَ حَقًّا.
THE EXAPOSTEILARION & THEOTOKION OF HOLY FATHERS IN TONE TWO (*<i>Hearken, ye women</i>*)	إكسابوستيلاري ووالدية أحد الآباء القديسين بالحن الثاني (*إسمعن الآن يا نساء*)
While celebrating on this day * the holy Fathers' memory, * O all-compassionate Savior, * we ask that by their entreaties * Thou rescue us, Thy flock, O Lord, * from all the harm of heresies, * vouchsafing unto all of us * to glorify God the Father, * the Word, and All-holy Spirit.	أَيُّهَا الرَّبُّ الْكُلِّي الرَّأْفَةُ، إِنَّا بِتَعْيِيدِنَا الْيَوْمَ لِنَذْكُرِ الْأَبَاءَ الْإِلَهِيِّينَ، نَبْتَهِلُ إِلَيْكَ بِطَلِبَاتِهِمْ، أَنْ تُنْقِذَ شَعْبَكَ مِنْ أَدَى الْأَرَاطِقَةِ كَافَّةً. وَأَهْلُنَا جَمِيعًا أَنْ نُمَجِّدَ الْآبَ وَالْكَلِمَةَ وَالرُّوحَ الْكُلِّي قُدْسُهُ.
Thou gavest birth ineffably * to God in one hypostasis * yet in two wills and two natures, * O all-immaculate Virgin. * Freely becoming poor for us, * He even suffered on the Cross; * and by His rising from the dead, * He granted us the great riches * of His ineffable Godhead.	أَيَّتُهَا الْبَرِيَّةُ مِنْ كُلِّ الْغُيُوبِ، لَقَدْ وَلَدْتَ، بِحَالٍ غَامِضَةِ الْوَصْفِ، إِلَهًا بِطَبِيعَتَيْنِ وَمَشِيئَتَيْنِ، وَبِأَقْنُومٍ وَاحِدٍ. قَدْ تَمَسَّكَ بِمَشِيئَتِهِ لِأَجْلِنَا حَتَّى الصَّلِيبِ، مَانِحًا لَنَا غِنَى اللاهوتِ بِقِيَامَتِهِ مِنْ بَيْنِ الْأَمْوَاتِ.
AINOI (PRAISES) IN TONE SIX	الإينوس بالحن السادس
Let everything that hath breath praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God, is due our song.	كُلُّ نَسَمَةٍ فَلْتَسَبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.
Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.	سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قُوَّاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.
For the Resurrection in Tone Six	للقِيامة بالحن السادس
<i>Verse 1. This glory shall be to all His saints.</i> The Cross, O Lord, is Life and Resurrection to Thy people, and in it we do trust. Wherefore,	استيخن ١ . هذا المجدُ يكونُ لجميعِ أنبراره . يا رَبُّ، إِنَّ صَلَيبَكَ لَهُوَ حَيَاةٌ وَقِيَامَةٌ لِشَعْبِكَ،

Thee do we praise, O our risen Lord; have mercy upon us.	وَعَلَيْهِ اتِّكَلْنَا، فَتُسَبِّحُكَ يَا إِلَهَنَا النَّاهِضَ فَارْحَمْنَا.
<i>Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.</i> Thy burial, O Master, has opened paradise for mankind. Wherefore, as we escape corruption, we praise Thee, O our risen God; have mercy on us.	استنخن ٢ . سَبِّحُوا اللَّهَ فِي قَدَيْسِيهِ، سَبِّحُوهُ فِي فَلَكِ قُوَّتِهِ. إِنَّ دَفْنَكَ أَيُّهَا السَّيِّدُ قَدْ فَتَحَ الْفِرْدَوْسَ لِجِنْسِ الْبَشَرِ. فَإِذْ قَدْ نَجَوْنَا مِنَ الْفَسَادِ، نُسَبِّحُكَ يَا إِلَهَنَا النَّاهِضَ فَارْحَمْنَا.
<i>Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness.</i> With the Father and the Spirit, let us praise Christ risen from the dead. Let us cry to Him, Thou art our Life and Resurrection; have mercy on us.	استنخن ٣ . سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ نَظِيرَ كَثْرَةِ عَظَمَتِهِ. لِنُسَبِّحَ مَعَ الْآبِ وَالرُّوحِ الْمَسِيحِ النَّاهِضِ مِنْ بَيْنِ الْأَمْوَاتِ، وَنُصْرُخُ إِلَيْهِ: أَنْتَ هُوَ حَيَاتُنَا وَقِيَامَتُنَا فَارْحَمْنَا.
<i>Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp.</i> Thou hast risen from the tomb in three days, as it was written, O Christ, and hast raised with Thee our ancestors. Wherefore, mankind doth glorify Thee and praise Thy Resurrection.	استنخن ٤ . سَبِّحُوهُ بِلَحْنِ الْبُوقِ، سَبِّحُوهُ بِالْمِزْمَارِ وَالْقَيْتَارَةِ. لَقَدْ قُمْتَ مِنَ الْقَبْرِ لثَلَاثَةِ أَيَّامٍ كَمَا كُتِبَ أَيُّهَا الْمَسِيحُ، وَأَقَمْتَ مَعَكَ أَجْدَادَنَا، لِذَلِكَ جِنْسُ الْبَشَرِ يُمَجِّدُكَ وَيُسَبِّحُ قِيَامَتَكَ.
For the Holy Fathers in Tone Six (*<i>Having laid up all their hope</i>*)	لأحد الآباء باللحن السادس (*<i>قد وضع القديسان</i>*)
<i>Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.</i> Making careful inquiry, * with the Divine Spirit's guidance, * and joining together all * knowledge of things spiritual, * as the scribes of God, * the august Fathers wrote * the celestial Symbol, * the august Creed of our holy Faith, * wherein they clearly teach * that, with His Begetter, the Word of God * is also co-beginningless * and is consubstantial with Him in truth. * For these godly-minded, * all-glorious, and truly blessed Saints * openly followed with fervent faith * all that the Apostles taught.	استنخن ٥ . سَبِّحُوهُ بِالطَّبْلِ وَالْمَصَافِ، سَبِّحُوهُ بِالْأُوتَارِ وَآلَةِ الطَّرَبِ. إِنَّ الْآبَاءَ الْمُوقِّرِينَ الْمَجِيدِينَ، الْكَلِّيَّ السَّعَادَةِ، وَالْمُتَأَلِّهِ الْعَزَمَ بِالْحَقِيقَةِ، لَمَّا نَظَّمُوا عِلْمَ النَّفْسِ بِجُمْلَتِهِ، وَتَأَمَّلُوا فِيهِ مَعاً بِدِقَّةٍ، بِالرُّوحِ الْإِلَهِيِّ، رَقَمُوا بِكِتَابَةِ إِلَهِيَّةِ الدُّسْتُورِ السَّمَائِيِّ الشَّرِيفِ، الَّذِي فِيهِ يُعَلِّمُونَ جَلِيًّا بَأَنَّ الْكَلِمَةَ مُسَاوٍ لِلآبِ فِي الْأَزَلِيَّةِ وَالْجَوْهَرِ حَقِيقَةً، مُتَّبِعِينَ تَعَالِيمَ الرُّسُلِ بِأَجْلَى بَيَانٍ.
<i>Verse 6. Praise Him upon the loud cymbals; praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.</i>	استنخن ٦ . سَبِّحُوهُ بِبَغَمَاتِ الصُّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ، كُلُّ نَسَمَةٍ فَلْتُسَبِّحِ الرَّبَّ.

Making careful inquiry, * with the Divine Spirit's guidance ... (repeat above)	إِنَّ الْآبَاءَ الْمُؤَقِّرِينَ الْمَجِيدِينَ، الْكَلِّيَّ السَّعَادَةِ، وَالْمُتَأَلِّهِ الْعِزْمَ بِالْحَقِيقَةِ ... (تعاد)
<i>Verse 7. Blessed art Thou, O Lord, the God of our Fathers.</i> Since Christ's heralds had received * all of the spiritual brightness * of the Holy Spirit's light, * and had been inspired of God, * they proclaimed to all * that divine oracle * filled with wondrous wisdom, * which, though few in words, is great in breadth. * For they who staunchly fought * for the Gospel's doctrines and for divine * traditions clearly had received * holy revelation from God on high; * and being enlightened, * those blessed Fathers set forth for the world * that holy Faith which was taught of God, * making known eternal truth.	استيخن ٧. مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا. إِنَّ الْكَارِزِينَ بِالْمَسِيحِ الْمَغْبُوطِينَ، لَمَّا تَقَبَّلُوا مِصْبَاحَ الرُّوحِ الْقُدُسِ الْعَقْلِيِّ بِجُمْلَتِهِ، نَطَقُوا بِالْهَامِ إِلَهِيِّ بِالْوَحْيِ الْفَائِقِ الطَّبِيعَةِ، ذِي الْلفْظِ الْيَسِيرِ وَالْمَفْهُومِ الْكَثِيرِ، مُتَّصِدِّينَ بِالْعَقَائِدِ الْإِنْجِيلِيَّةِ وَالْتَقْلِيدَاتِ الْحَسَنَةِ الْعِبَادَةِ، الَّتِي لَمَّا اسْتَعْلَنْتْ لَهُمْ مِنَ الْعُلَى بِوُضُوحٍ، اسْتَنَارُوا وَأَثْبَتُوا الْإِيمَانَ الَّذِي تَلَقَّوْهُ مِنَ اللَّهِ.
<i>Verse 8. Gather together unto Him His holy ones who have established His covenant upon sacrifices.</i> As true servants of Christ God, * the godly shepherds assembled * all their wise experience * as the shepherds of the flock; * and with godly zeal, * stirring up righteous wrath, * they wrought righteous judgment, * driving off diseased and grievous wolves, * when, with the Spirit's sling, * they expelled them all from the Church's ranks, * as fallen even unto death, * stricken with a malady past all cure. * For the holy Fathers * were ven'erable initiates and seers * of the divine preaching from on high, * teaching sacred mysteries.	استيخن ٨. اجْمَعُوا إِلَيْهِ أَنْبَارُهُ الَّذِينَ بَثُّوا عَهْدَهُ عَلَى الذَّبَائِحِ. إِنَّ الرُّعَاةَ الْإِلَهِيِّينَ، بِمَا أَنَّهُمْ عَبِيدٌ أَخِصَاءُ لِلْمَسِيحِ، وَمُسَارُونَ كُلِّيُو الشَّرَفِ لِلْكَرَازَةِ الْإِلَهِيَّةِ، لَمَّا أَحْرَزُوا الْخَبِرَةَ الرَّعَائِيَّةَ بِجُمْلَتِهَا، وَاخْتَدَمُوا الْآنَ غَيْظًا بَعْدِلٍ كُلِّيٍّ، طَرَدُوا بِحُكْمٍ حَقٍّ، عَنْ كَمَالِ الْكَنِيسَةِ، الذَّبَابَ الضَّارِيَةَ الْمُفْسِدَةَ، وَرَجَمُوهَا بِمِقْلَاعِ الرُّوحِ، فَسَقَطَتْ كَأَنَّهَا إِلَى الْمَوْتِ، بِمَا أَنَّهَا مُعْتَلَّةٌ بِعِلَّةٍ لَا شِفَاءَ لَهَا.
THE DOXASTICON OF THE HOLY FATHERS IN TONE EIGHT	ذُكْصَا أَحَدَ الْآبَاءَ بِاللَّحْنِ الثَّامِنِ
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> When the rank of the holy Fathers flocked from the ends of the inhabited world, they believed in one Substance and one Nature of the Father, Son, and Holy Spirit, delivering plainly to the Church the mystery of discoursing in theology. Wherefore, in that we laud them in faith, we	الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ. إِنَّ مَصَافَّ الْآبَاءِ الْقَدِيسِينَ، لَمَّا تَقَاطَرُوا مِنْ أَقَاصِي الْمَسْكُونَةِ، إِعْتَقَدُوا بِجَوْهَرٍ وَاحِدٍ وَطَبِيعَةٍ وَاحِدَةٍ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، وَسَلَّمُوا إِلَى الْبَيْعَةِ سِرَّ التَّكَلُّمِ بِالْأَلَاهُوتِ تَسْلِيمًا جَلِيًّا. فَإِذْ نَمْدَحُهُمْ عَنْ إِيمَانٍ، نُعَبِّطُهُمْ قَائِلِينَ: يَا لَكُمْ مِنْ

beatify them, saying: What a divine army, ye God-inspired soldiers of the camp of the Lord, ye most brilliant luminaries in the noetic firmament, ye impregnable towers of the mystical Zion, ye scented flowers of paradise, the golden lights of the Word, the boast of Nicaea and delight of the whole universe, intercede ceaselessly for our souls.	جَيْشٍ إلهي، يا جُنُودَ مُعَسْكَرِ الرَّبِّ، اللاهجين بالله، كواكبِ الجَلَدِ العَقْلِيِّ الكَلِيَّةِ الضِّياءِ. يا أُنْجَا مَنِيعةً لِصَهْيُونَ السَّرِيَّةِ. يا أَزْهَارَ الْفِرْدَوْسِ العَطِرة الشَّدى، والأَفْوَاهِ الذَّهَبِيَّةِ لِلْكَلمَةِ. يا فَخْرَ نَيْقِيَّة، وَبَهْجَةَ الْمَسْكُونَةِ. تَشْفَعُوا بِلا انْقِطَاعٍ مِنْ أَجْلِ نُفُوسِنَا.
THEOTOKION IN TONE EIGHT	ثيوطوكية باللحن الثامن
<i>Both now and ever, and unto ages of ages. Amen.</i> Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الداهرين. آمين. أَنْتِ هِيَ الْفَانِئَةُ عَلَى كُلِّ الْبَرَكَاتِ، يا وَالِدَةُ الْإِلَهِ الْعَذْراءِ، لِأَنَّ الْجَحِيمَ قَدْ سُبِّيتَ بِوَاسِطَةِ الْمُتَجَسِّدِ مِنْكَ، وَآدَمَ دُعِيَ ثَانِيَةً، وَاللَّعْنَةُ بَادَتْ، وَحَوَاءَ انْعَتَقَتْ، وَالْمَوْتَ أُمِيتَ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ نُسَبِّحُ هَاتِفِينَ: مُبَارَكٌ أَنْتَ أَيُّهَا الْمَسِيحُ إِلَهُنَا، يا مَنْ هَكَذَا سُرَّ، الْمَجْدُ لَكَ.
GREAT DOXOLOGY IN TONE EIGHT	الذوكصولوجيا الكبرى باللحن الثامن
Glory to thee, Who hast shown forth the light. Glory to God in the highest, and on earth peace, good will among men.	الْمَجْدُ لَكَ يا مُظْهِرَ النُّورِ، الْمَجْدُ لِلَّهِ فِي الْعَلَاءِ، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ.
We hymn Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.	نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.
O Lord King, heavenly God, Father almighty; O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit.	أَيُّهَا الرَّبُّ الْمَلِكُ، السَّمَاوِيُّ، الْإِلَهُ، الْآبُ الضَّابِطُ الْكُلِّ. أَيُّهَا الرَّبُّ الْإِبْنُ الْوَحِيدُ، يا يَسُوعُ الْمَسِيحُ، ويا أَيُّهَا الرُّوحُ الْقُدُسُ.
O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.	أَيُّهَا الرَّبُّ الْإِلَهُ، يا حَمَلَ اللَّهِ يا ابْنَ الْآبِ، يا رَافِعَ خَطِيئَةِ الْعَالَمِ ارْحَمْنَا، يا رَافِعَ خَطَايَا الْعَالَمِ.
Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.	تَقَبَّلْ تَصَرُّعَنَا أَيُّهَا الْجَالِسُ عَنْ يَمِينِ الْآبِ وَارْحَمْنَا.
For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.	لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ الْمَسِيحُ، فِي مَجْدِ اللَّهِ الْآبِ، آمين.
Every day will I bless Thee, and I will praise	فِي كُلِّ يَوْمٍ أَبَارِكُكَ، وَأَسَبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى

Thy name forever, yea forever and ever.	أَبَدِ الأَبَدِ.
Vouchsafe, O Lord, to keep us this day without sin.	أَهْلُنَا يَا رَبُّ أَنْ نُحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord, the God of our Fathers, and praised and glorified is Thy name forever. Amen.	مُبَارَكُ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبَّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الأَبَدِ، آمِينَ.
Let Thy mercy be upon us, O Lord, even as we have set our hope on thee.	لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا لَنَا أَمَلٌ فِيكَ.
Blessed art Thou, O Lord; teach me Thy statutes. (<i>thrice</i>)	مُبَارَكُ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثَلَاثًا)
Lord, thou hast been our refuge from generation to generation. I said: Lord, be merciful unto me; heal my soul, for I have sinned against Thee.	يَا رَبُّ مَلْجَأُ كُنْتُ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنَّنِي قَدْ خَطِئْتُ إِلَيْكَ.
Lord, I have fled unto Thee; teach me to do Thy will, for Thou art my God.	يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.
For with Thee is the fountain of life; in Thy light shall we see light.	لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النُّورَ.
O continue Thy mercy unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>)	فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit.	الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُّوسِ.
Both now and ever, and unto ages of ages. Amen.	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.
Holy Immortal, have mercy on us.	قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
TROPARION IN TONE EIGHT	طَرُوبَارِيَّةٌ بِاللَّحْنِ الثَّامِنِ
Having risen from the tomb, and having burst the bonds of Hades, Thou didst loose the condemnation of death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Thyself to Thine Apostles, Thou didst send them forth to proclaim Thee; and through them Thou hast granted Thy peace unto the civilized world, O Thou Who alone art plenteous in mercy.	إِذْ قُمْتَ يَا رَبُّ مِنَ الْقَبْرِ، وَقَطَّعْتَ رِبَاطَاتِ الْجَحِيمِ، غَلَبْتَ حُكُومَةَ الْمَوْتِ، وَأَنْقَذْتَ الْكُلَّ مِنْ فِخَاخِ الْعَدُوِّ، وَلَمَّا أَظْهَرْتَ ذَاتَكَ لِرُسُلِكَ أَرْسَلْتَهُمْ إِلَى الْكِرَازَةِ، وَمَنْحْتَ بِهِمْ سَلَامَكَ لِلْمَسْكُونَةِ يَا جَزِيلَ الرَّحْمَةِ وَحْدَكَ.

*These texts have been prepared by **Department of Liturgics of the Antiochian Archdiocese***

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