

ORTHROS ON SUNDAY, JULY 05, 2026; TONE 4 / EOTHINON 5**VENERABLE ATHANASIOS OF ATHOS**

VENERABLE LAMPADOS OF IRENOUPOLIS; HIEROMARTYR CYPRIAN OF MOUNT ATHOS

Priest: Blessed is our God, always, now and ever, and unto the ages of ages.	الكاهن: تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
Priest: Glory to Thee, our God, glory to Thee. O heavenly King, the Comforter, Spirit of Truth, Who art in all places, and fillest all things, Treasury of good things, and Giver of life, come, and dwell in us, and cleanse us from every stain; and save our souls, O good One.	الكاهن: الْمَجْدُ لَكَ يَا إِلَهُنَا الْمَجْدُ لَكَ. أَيُّهَا الْمَلِكُ السَّمَاوِيِّ، الْمُعَزِّي، رُوحَ الْحَقِّ، الْحَاضِرُ فِي كُلِّ مَكَانٍ وَالْمَالِيُ الْكُلِّ، كَنْزُ الصَّالِحَاتِ، وَرَازِقُ الْحَيَاةِ، هَلُمَّ وَاسْكُنْ فِيْنَا وَطَهِّرْنَا مِنْ كُلِّ دَنَسٍ، وَخَلِّصْ أَيُّهَا الصَّالِحُ نَفُوسَنَا.
Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>)	القارئ: قُدُّوسُ اللهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ، اِرْحَمْنَا. (ثلاثاً)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.	أَيُّهَا الثَّالُوثُ الْقُدُّوسُ اِرْحَمْنَا، يَا رَبُّ اغْفِرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَنْ سَيِّئَاتِنَا، يَا قُدُّوسُ اظْلِعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ.
Lord, have mercy. (<i>thrice</i>)	يَا رَبُّ اِرْحَمْنَا. (ثلاثاً)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ، خُبِّزْنَا الْجَوْهَرِيَّ اعْطِنَا الْيَوْمَ، وَاتْرُكْ لَنَا مَا عَلَيْنَا كَمَا نَتْرُكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِّيرِ.
Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.	الكاهن: لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Reader: Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people	القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ،

<p>victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.</p>	<p>وَأَمْنَحُ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ. يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَاراً، أَيُّهَا الْمَسِيحُ الإِلهُ، ائْمَنْحُ رَأْفَتَكَ لِشُعْبِكَ الْجَدِيدِ الْمُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ، مَانِحاً إِيَّاهُمْ الْعَلْبَةَ عَلَى مُحَارِبِيهِمْ. لَتَكُنْ لَهُمْ مَعُونَتَكَ سِلَاحاً لِلسَّلَامِ، وَظَفْراً غَيْرَ مَقْهُورٍ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> O fearsome champion, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ. أَيُّهَا الشَّفِيعَةُ الرَّهِيْبَةُ غَيْرَ الْمَحْدُولَةِ، يَا وَالِدَةَ الإِلهِ الْكَلِيَّةَ النَّسِيحِ، لَا تُعْرِضِي يَا صَالِحَةَ عَنْ تَوْسُلَاتِنَا، بَلْ وَطِّدِي سِيْرَةَ الْمُسْتَقِيمِي الرَّأْيِ، وَخَلِّصِي الَّذِينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَأَمْنَحِيهِمُ الْعَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنْكَ وَلِدْتِ الإِلهَ، أَيُّهَا الْمُبَارَكَةُ وَحْدَكَ.</p>
<p>LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ</p>
<p>Priest: Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.</p>	<p>الكَاهِنُ: إِرْحَمْنَا يَا اللهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَأَرْحَم.</p>
<p>Choir: Lord, have mercy. (<i>thrice</i>) (use this response until noted below)</p>	<p>الجوقة: يَا رَبُّ ارْحَم. (ثَلَاثًا) (تُعَادُ بَعْدَ كُلِّ طَلِبَةٍ)</p>
<p>Priest: Again we pray for all pious and Orthodox Christians.</p>	<p>الكَاهِنُ: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ الْحَسَنِي الْعِبَادَةِ الْأَرْثُوذُكْسِيِّينَ.</p>
<p>Priest: Again we pray for our father and metropolitan, N., (our bishop, N.) and all our brotherhood in Christ.</p>	<p>الكَاهِنُ: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ آبِينَا وَمِتْرُوبُولِيْتِنَا (فُلَان) وَرَبِّيسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.</p>
<p>Priest: For thou art a merciful God and lovest mankind, and unto thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.</p>	<p>الكَاهِنُ: لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُرْسَلُ الْمَجْدَ أَيُّهَا الآبُ وَالابْنُ وَالرُّوحُ الْقُدُسُ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ.</p>
<p>Choir: Amen. Bless, Father, in the Name of the Lord.</p>	<p>الجوقة: آمِينَ. بِاسْمِ الرَّبِّ بَارِكْ يَا أَب.</p>

<p>Priest: Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and ever, and unto ages of ages.</p>	<p>الكاهن: المَجْدُ لِلتَّالُوثِ الْقُدُوسِ، المُتَسَاوِي فِي الجَوْهَرِ، المُحْيِي، غَيْرِ المُنْقَسِمِ، كُلَّ حِينٍ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p>
<p>Choir: Amen.</p>	<p>الجوقة: آمين.</p>
<p>Reader: Glory to God in the highest, and on earth peace, goodwill among men. (<i>thrice</i>) O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. (<i>twice</i>)</p>	<p>القارئ: المَجْدُ لِلَّهِ فِي العُلَى، وَعَلَى الأَرْضِ السَّلَامُ، وَفِي النَّاسِ المَسْرَّةُ. (ثَلَاثًا) يَا رَبِّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ. (مَرَّتَيْنِ)</p>
<p>PSALM 3</p>	<p>المزمور ٣</p>
<p>O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people. I laid me down and slept; I awoke, for the Lord will help me.</p>	<p>يَا رَبِّ لِمَاذَا كَثُرَ الَّذِينَ يُحْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِإِلَهِهِ. وَأَنْتَ يَا رَبِّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ المُحِيطِينَ بِي، المُتَوَازِرِينَ عَلَيَّ. قُمْ يَا رَبِّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ ضَرَبْتَ كُلَّ مَنْ يُعَادِينِي بِاطْلَاءٍ، وَسَحَقْتَ أَسْنَانَ الخَطَاةِ. لِلرَّبِّ الخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَتُكَ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.</p>
<p>PSALM 37</p>	<p>المزمور ٣٧</p>
<p>O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is</p>	<p>يَا رَبِّ، لَا بِغَضَبِكَ تُؤَبِّخْنِي، وَلَا بِرِجْزِكَ تُؤَدِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلَتْ عَلَيَّ. قَدْ أَنْتَنَتْ وَقَاحَتْ جِرَاحَاتِي مِنْ قِبَلِ جَهَالَتِي. شَقِيتُ وَأَنْحَنَيْتُ إِلَى الغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِيٍّ وَلَيْسَ لِجَسَدِي شِفَاءٌ.</p>

no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my

شَقِيئْتُ وَاتَّضَعْتُ جِدًّا، وَكُنْتُ أَيْنُ مِنْ تَتَهَدَّى قَلْبِي. يَا رَبُّ، إِنَّ بُغْيَتِي كُلَّهَا أَمَامَكَ، وَتَتَهَدَّى لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورُ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنُوا مِنِّي وَوَقَفُوا لَدَيَّ، وَجِنْسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدَنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَغَشُوشًا طُولَ النَّهَارِ دَرَسُوا. أَمَا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهَهُ. وَصِرْتُ كإِنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيئٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَاللَّهِ. لِأَنِّي قُلْتُ لَا يَشْمَتُ بِي أَعْدَائِي، وَعِنْدَمَا زَلْتُ قَدَمَائِي عَظَّمُوا عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أُخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ خَطِيئَتِي. أَمَا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَارُونِي بَدَلَ الْخَيْرِ شَرًّا، مَحَلُّوا بَنِي لِأَجْلِ ابْتِغَائِي الصَّلَاحِ. فَلَا تُهْمَلْنِي يَا رَبِّي وَاللَّهِ وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَاصِي.

فَلَا تُهْمَلْنِي يَا رَبِّي وَاللَّهِ وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَاصِي.

المزمور ٦٢

يَا اللَّهُ إِلَهِي إِلَيْكَ أُنْتَكِرُ. عَطِشْتُ إِلَيْكَ نَفْسِي، وَأَشْتَاقُ إِلَيْكَ جَسَدِي، فِي أَرْضٍ بَرِّيَّةٍ وَغَيْرِ مَسْلُوكَةٍ وَعَادِمَةِ الْمَاءِ. هُكَذَا ظَهَرْتُ لَكَ فِي الْقُدْسِ لِأَعْيُنِ قُوَّتِكَ وَمَجْدِكَ. لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الْحَيَاةِ، وَشَفَتِي تُسَبِّحَانِكَ. هُكَذَا أُبَارِكُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمْتَلِي نَفْسِي كَمَا مِنْ

soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.

At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (*thrice*)

Lord, have mercy. (*thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit.

PSALM 87

Both now and ever, and unto ages of ages. Amen.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou

شَحْمٍ وَدَسَمٍ، وَبِشْفَاهِ الْإِبْتِهَاجِ يُسَبِّحُكَ فَمِي. إِذَا ذَكَرْتُكَ عَلَى فِرَاشِي، هَدَدْتُ بِكَ فِي الْأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. ائْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينِكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي بَاطِلًا، فَسَيَدْخُلُونَ فِي أَسْفَلِ الْأَرْضِ، وَيُدْفَعُونَ إِلَى أَيْدِي السُّيُوفِ، وَيَكُونُونَ أَنْصَبَةً لِلتَّعَالِبِ. أَمَّا الْمَلِكُ فَيَسْرُ بِاللَّهِ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ بِهِ، لِأَنَّهُ قَدْ سُدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ.

هَدَدْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا، وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. ائْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينِكَ.

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

هَلَلُويَا، هَلَلُويَا، هَلَلُويَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)
يَا رَبِّ ارْحَمِ. (ثَلَاثًا)

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ.

المزمور ٨٧

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمِلْ أُذُنَكَ إِلَى طَلِبَتِي، فَقَدْ امْتَلَأْتُ مِنَ الشُّرُورِ نَفْسِي، وَدَنَنْتُ مِنَ الْجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ الْمُنْحَدِرِينَ فِي الْجُبِّ، صِرْتُ مِثْلَ إِنْسَانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ الْأَمْوَاتِ مِثْلَ الْقَتْلَى الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا تَذَكُرُهُمْ أَيْضًا، وَهُمْ مِنْ يَدِكَ مُقْصُونَ. جَعَلُونِي فِي جُبِّ أَسْفَلِ السَّافِلِينَ، فِي ظُلْمَاتِ الْمَوْتِ

brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto

وَضَلَالِهِ. عَلَيَّ اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوَالِكَ
أَجَزْتَهَا عَلَيَّ. أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ
رَجَاسَةً. قَدْ أَسْلِمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ
مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ
وَإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلْعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ
الْعَجَائِبَ؟ أَمْ الْأَطِبَاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ
يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟
هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبُكَ، وَعَدْلُكَ فِي أَرْضِ
مَنْسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبَلُّغْكَ فِي
الْغَدَاةِ صَلَاتِي. لِمَاذَا، يَا رَبُّ، تُقْصِي نَفْسِي
وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ
شَبَابِي، وَحِينَ ارْتَفَعْتُ اتَّضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ
جَازَ رِجْزُكَ، وَمُفْرَعَاتُكَ أَرْعَجْتَنِي. أَحَاطَتْ بِي
كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَفَفْتَنِي مَعًا. أَبْعَدْتَ عَنِّي
الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي
اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمِلْ أُنْذَكَ
إِلَى طَلِبَتِي.

المزمور ١٠٢

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي
اسْمَهُ الْقُدُّوسِ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي
جَمِيعَ مُكَافَأَتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي
يَشْفِي جَمِيعَ أَمْرَاضِكَ، الَّذِي يُنْجِي مِنَ الْفَسَادِ
حَيَاتِكَ، الَّذِي يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ
بِالْخَيْرَاتِ شَهْوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ. الرَّبُّ
صَانِعُ الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ الْمَظْلُومِينَ.

the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness

عَرَفَ مُوسَى طُرْقَهُ، وَبَنِي إِسْرَائِيلَ مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوْفٌ، طَوِيلُ الْأَنَاةِ وَكَثِيرُ الرَّحْمَةِ، لَيْسَ إِلَى الْإِنْقِضَاءِ يَسْخَطُ، وَلَا إِلَى الدَّهْرِ يَخْقِدُ. لَا عَلَى حَسَبِ آثَامِنَا صَنَعَ مَعَنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا جَازَانَا. لِأَنَّهُ بِمِقْدَارِ ارْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ، قَوَى الرَّبُّ رَحْمَتَهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ الْمَشْرِقِ مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَّفُ الْأَبُ بِالْبَنِينَ، يَتَرَأَّفُ الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جَبَلَتَنَا وَذَكَرَ أَنَّنَا تُرَابٌ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ وَكَزَهْرِ الْحَقْلِ كَذَلِكَ يُزْهَرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ الرِّيحُ لَيْسَ يَثْبُتُ وَلَا يُعْرَفُ أَيْضًا مَوْضِعُهُ. أَمَّا رَحْمَةُ الرَّبِّ فَهِيَ مُنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أَبْنَاءِ الْبَنِينَ الْحَافِظِينَ عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَّا عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ بِقُوَّةٍ، الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَّامَهُ الْعَامِلِينَ إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ. فِي كُلِّ مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

المزمور ١٤٢

يَا رَبُّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَيَّ طَلِبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَنْزَكِيَ أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَذَلَّ إِلَيَّ

<p>as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.</p>	<p>الأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ المَوْتِ مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الأَيَّامَ القَدِيمَةَ. هَدَدْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمْطَرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبِّ، فَقَدْ فَنِيَتْ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأَشَابَهُ الهَابِطِينَ فِي الجُبِّ. إِجْعَلْنِي فِي العَدَاةِ مُسْتَمِعًا رَحْمَتِكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبِّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبِّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلِّمْنِي أَنْ أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحَكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبِّ، تُحْيِينِي. بَعْدَكَ تُخْرِجُ مِنَ الحُزْنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.</p>
<p>Hearken unto me, O Lord, in Thy righteousness and enter not into judgment with Thy servant. (twice)</p> <p>Thy good Spirit shall lead me in the land of uprightness.</p>	<p>إِسْتَجِبْ لِي بَعْدَكَ، وَلَا تَدْخُلْ فِي المُحَاكَمَةِ مَعَ عَبْدِكَ. (مَرَّتَيْنِ)</p> <p>رُوحَكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.</p>
<p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (thrice) O our God and our Hope, glory to Thee!</p>	<p>المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ القُدُّوسِ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا، المَجْدُ لَكَ يَا اللهُ. (ثَلَاثًا)</p> <p>يَا إِلَهَنَا وَرَجَاءَنَا المَجْدُ لَكَ.</p>
<p>THE GREAT LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الكُبْرَى</p>
<p>Priest: In peace, let us pray to the Lord.</p>	<p>الكاهن: بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Choir: Lord, have mercy. (use this response until noted below)</p>	<p>الجوقة: يَا رَبِّ ارْحَمِ. (تُعَادُ بَعْدَ كُلِّ طَّلِبَةٍ)</p>
<p>Priest: For the peace from above and the salvation of our souls, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ العُلَى وَخَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.</p>

Priest: For the peace of the whole world, the good estate of the holy churches of God and the union of all, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ سَلامِ كُلِّ العالَمِ، وَحَسَنِ ثَباتِ كَنائِسِ اللَّهِ المُقَدَّسَةِ، وَاتِّحادِ الجَميعِ، إِلى الرَّبِّ نَطْلُبُ.
Priest: For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذا البَيْتِ المُقَدَّسِ، وَالذِينَ يَدْخُلُونَ إِليه بِإيمانٍ وَوَرعٍ وَخَوفِ اللَّهِ، إِلى الرَّبِّ نَطْلُبُ.
Priest: For our father and metropolitan, N., (our bishop, N.,) the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ أبينا وَمِثروبوليتنا (فلان) وَرئيسِ كَهَنَتنا (فلان)، وَالكَهَنَةَ المُكْرَمِينَ، وَالشَّمامِسَةَ، خُدَّامِ المَسيحِ، وَجَميعِ الإكليروسِ وَالشَّعبِ، إِلى الرَّبِّ نَطْلُبُ.
Priest: For our country, its president (or appropriate head of state), civil authorities and armed forces, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ حُكَّامِ هَذا البَلَدِ وَمُؤازِرَتِهِمْ فِي كُلِّ عَمَلٍ صالِحٍ، إِلى الرَّبِّ نَطْلُبُ.
Priest: For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذِهِ المَدِينَةِ، وَجَميعِ المُدُنِ وَالقُرى، وَالْمُؤمِنِينَ السَّاكِنِينَ فيها، إِلى الرَّبِّ نَطْلُبُ.
Priest: For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ اعتِدالِ الأهُويَةِ، وَخُصبِ ثَمارِ الأَرْضِ وَأوقاتِ سَلامِيَّةٍ، إِلى الرَّبِّ نَطْلُبُ.
Priest: For travelers by sea, by land and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ المُسافِرِينَ فِي البَحْرِ وَالبَرِّ وَالجَوِّ، وَالمرضى وَالمتألِّمِينَ وَالأسرى، وَخَلاصِهِمْ، إِلى الرَّبِّ نَطْلُبُ.
Priest: For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ نَجاتِنا مِنْ كُلِّ ضيقٍ وَغَضَبٍ وَخَطَرٍ وَشِدَّةٍ إِلى الرَّبِّ نَطْلُبُ.
Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.	الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ واحفَظْنا يا اللَّهُ بِنِعْمَتِكَ.
Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.	الكاهن: بَعَدَ ذِكرِنا الكُليَّةِ القَداسَةِ الطَّاهِرَةِ الفائِقَةِ البَرَكاتِ المَجيِّدَةِ، سَيِّدَتِنا وَالِدَةَ الإلهِ الدَّائِمَةِ البَثُولِيَّةِ مَريمَ، مَعَ جَميعِ القَدِيسِينَ، لِنُودِعَ أَنْفُسَنا وَبَعْضَنا بَعْضاً وَكُلَّ حَياتِنا لِلْمَسيحِ الإلهِ.
Choir: To Thee, O Lord.	الجوقة: لَكَ يا رَبِّ.
Priest: For unto thee are due all glory, honor	الكاهن: لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمجيدٍ وَإِكْرامٍ وَسُجودٍ،

and worship, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.	أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
“GOD IS THE LORD” IN TONE FOUR	"الله الرَّبُّ" بِاللَّحْنِ الرَّابِعِ
Choir: God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. (<i>Repeat after verses</i>)	الجوق: اللهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تَعَادُ بَعْدَ الْإِسْتِيخُونَاتِ)
1. O give thanks unto the Lord, and call upon His holy Name.	١. اِعْتَرِفُوا لِلرَّبِّ وَاذْعُوا بِاسْمِهِ الْقُدُّوسِ.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.	٢. كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ فَهَرَّتُهُمْ.
3. This is the Lord's doing; it is marvelous in our eyes.	٣. مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.
RESURRECTIONAL APOLYTIKION IN TONE FOUR	أَبُولِيْتِيْكَوْنِ الْقِيَامَةِ بِاللَّحْنِ الرَّابِعِ
Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.	إِنَّ تَلْمِيذَاتِ الرَّبِّ تَعَلَّمْنَ مِنَ الْمَلَائِكَةِ الْكَرَزِ بِالْقِيَامَةِ الْبَهْجِ، وَطَرَحْنَ الْقَضَاءَ الْجَدِّيَّ، وَخَاطَبْنَ الرُّسُلَ مُفْتَخِرَاتٍ وَقَائِلَاتٍ: سُبِيَ الْمَوْتُ وَقَامَ الْمَسِيحُ الْإِلَهُ، وَمَنَحَ الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.
APOLYTIKION OF ST. ATHANASIUS OF ATHOS IN TONE THREE (* <i>Awed by the beauty</i> *)	أَبُولِيْتِيْكَوْنِ الْقَدِيسِ أَثْنَاسِيُوسِ الْآتُوسِيِّ بِاللَّحْنِ الثَّلَاثِ (* <i>بِهَاءً سَامِيًا</i> *)
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> The Angels' ranks were awed by thy life in the flesh, * how, though corporeal, and clad with earthly clay, * thou didst set forth with courage to invisible wars and wrestlings * and didst boldly smite the hordes * of the demons with mortal wounds. * Wherefore, Christ rewarded thee * with abundant gifts in return. * Entreat Him that our souls find salvation, * O most renowned Father Athanasius.	الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. لَقَدْ دَهَشَتْ طَغَمَاتُ الْمَلَائِكَةِ مِنْ سِيرَتِكَ بِالْجَسَدِ أَيُّهَا الدَّائِمُ الذِّكْرِ، كَيْفَ أَنْتَ، وَأَنْتَ بِالْجَسَدِ، سَعَيْتَ نَحْوَ الْمَصَافِي غَيْرِ الْمَنْظُورَةِ، وَجَرَحْتَ مَوَاكِبَ الْأَبَالِسَةِ. فَلِذَلِكَ، قَدْ كَافَأَكَ الْمَسِيحُ بِمَوَاهِبِ غَنِيَّةٍ. فَيَا أَيُّهَا الْآبُ أَثْنَاسِيُوسُ، تَشَفَّعْ إِلَيْهِ أَنْ يُخَلِّصَ نَفُوسَنَا.

<p style="text-align: center;">RESURRECTIONAL THEOTOKION IN TONE THREE</p>	<p style="text-align: center;">ثيوطوكية القيامة بالحن الثالث</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>Thee, who art the mediatrix for the salvation of our race, we praise, O Virgin Theotokos; for in the flesh assumed from thee, after that He had suffered the passion of the Cross, thy Son and our God delivered us from corruption, because He is the Lover of mankind.</p>	<p>الآن وكلّ أوانٍ وإلى دهرِ الداهرين. آمين.</p> <p>إِيَّاكَ أَيُّهَا الْمُتَوَسِّطَةُ لِخَلَاصِ جِنْسِنَا نُسَبِّحُ يَا وَالِدَةَ الْإِلَهِ الْعِذْرَاءِ، لِأَنَّ ابْنَكَ وَالْهَنَا بِالْجَسَدِ الَّذِي اتَّخَذَهُ مِنْكَ قَبْلَ الْآلَامِ بِالصَّلِيبِ، وَأَعْتَقْنَا مِنَ الْفَسَادِ، بِمَا أَنَّهُ مُحِبٌّ لِلْبَشَرِ.</p>
<p style="text-align: center;">THE LITTLE LITANY</p>	<p style="text-align: center;">الطلبية السلامية الصغرى</p>
<p>Priest: Again and again, in peace, let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.</p> <p>Choir: To Thee, O Lord.</p> <p>Priest: For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.</p> <p>Choir: Amen.</p>	<p>الكاهن: أيضاً وأيضاً بسلامٍ إلى الرَّبِّ نَطْلُبُ.</p> <p>الجوق: يَا رَبُّ ارْحَمْ.</p> <p>الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.</p> <p>الجوق: يَا رَبُّ ارْحَمْ.</p> <p>الكاهن: بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.</p> <p>الجوق: لَكَ يَا رَبِّ.</p> <p>الكاهن: لِأَنَّ لَكَ الْعِزَّةَ وَلَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ.</p> <p>الجوق: آمِينَ.</p>
<p style="text-align: center;">FOURTH TONE RESURRECTIONAL KATHISMATA HYMNS (Plain Reading)</p>	<p style="text-align: center;">ترانيم كاثسماتات القيامة للحن الرابع (قراءة)</p>
<p style="text-align: center;">First Kathisma</p>	<p style="text-align: center;">الكاثسما الأولى</p>
<p>The ointment-bearing women glanced into the entrance of the tomb; and, because they could not bear the brilliance of the angel, they trembled in astonishment, saying, Hath He been stolen Who opened paradise to the thief? Or is He risen up, Who before His Passion didst preach Resurrection? Verily, Christ God hath risen, granting Resurrection and life to those</p>	<p>إِنَّ حَامِلَاتِ الطَّيِّبِ تَطَلَّعْنَ نَاطِرَاتٍ إِلَى مَدْخَلِ الْقَبْرِ، وَلَمَّا لَمْ يُطْفَنَ لَمَعَ الْمَلَائِكِ السَّاطِعِ، انْدَهَلْنَ بِرِعْدَةٍ قَائِلَاتٍ: هَلْ سُرِقَ الَّذِي فَتَحَ الْفِرْدَوْسَ لِلصِّ؟ أَمْ قَامَ نَاهِضاً الَّذِي بَشَّرَ قَبْلَ الْآلَامِ بِالْقِيَامَةِ؟ حَقًّا قَدْ قَامَ الْمَسِيحُ الْإِلَهِ، وَاهْبَأَ الَّذِينَ فِي</p>

<p>who are in Hades.</p>	<p>الجَحِيمِ الْقِيَامَةَ وَالْحَيَاةَ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Thou hast suffered crucifixion willingly, O Savior, and mortal men placed in a new tomb Thee Who didst establish the corners of the world with a word. Therefore, hath death the stranger been bound and taken captive, being defeated. And all those in Hades, cried out through Thy reviving Resurrection: Verily, Christ the Life-giver is risen; for He is everlastingly constant.</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ. أَيُّهَا الْمُخْلِصُ، إِنَّكَ احْتَمَلْتَ الصَّلْبَ طَوْعاً بِإِرَادَتِكَ، وَوَضَعَكَ النَّاسُ الْمَائِتُونَ فِي رَمْسٍ جَدِيدٍ، يَا مَنْ ثَبَّتَ الْأَقْطَارَ بِكَلِمَةٍ. وَلِذَلِكَ قُبِدَ الْمَوْتُ الْغَرِيبُ وَسَبِيَ مَقْهُوراً، وَكُلُّ الَّذِينَ فِي الْجَحِيمِ هَتَفُوا حِينَ قِيَامَتِكَ الْمُحْيِيَّةِ: حَقّاً قَدْ قَامَ الْمَسِيحُ مُعْطِي الْحَيَاةَ، إِذْ هُوَ الْبَاقِي إِلَى الدَّهْرِ.</p>
<p>(Theotokion of the Resurrectional Apolytikion)</p>	<p>(ثيوطوكية أبوليتيكيون القيامة)</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> The Mystery which was hidden from everlasting and was unknown of the angels, O Theotokos, wast revealed through thee, to those who dwell upon earth. In that God, having become incarnate—in unconfused union—of His own good will accepted the Cross for our sake. Whereby He raised again the first created, and hath saved our souls from death.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. إِنَّ السِّرَّ الْخَفِيِّ مُنْذُ الدُّهُورِ، غَيْرَ الْمَعْلُومِ عِنْدَ الْمَلَائِكَةِ، بِكَ ظَهَرَ، يَا وَالِدَةَ الْإِلَهِ، لِلَّذِينَ عَلَى الْأَرْضِ، إِذْ تَجَسَّدَ الْإِلَهُ بِاتِّحَادٍ لَا تَشْوِشَ فِيهِ. وَقَبْلَ الصَّلِيبِ طَوْعاً مِنْ أَجْلِنَا، وَبِهِ أَقَامَ الْمَجْبُولَ أَوَّلاً، وَخَلَّصَ مِنَ الْمَوْتِ نَفُوسَنَا.</p>
<p>Second Kathisma</p>	<p>الكَاثِسْمَا الثَّانِيَّةُ</p>
<p>Thou didst rise from the tomb, O Christ Savior, our God, because Thou art deathless; and Thou didst raise with Thee Thy world by Thy Resurrection, and didst crush the might of death, proclaiming Resurrection to all. Wherefore, do we glorify Thee, O Thou Who alone art merciful and the Lover of mankind.</p>	<p>أَيُّهَا الْمَسِيحُ الْمُخْلِصُ الْهِنَا، لَقَدْ قُمْتَ مِنَ الْقَبْرِ بِمَا أَتَيْتَ عَادِمُ الْمَوْتِ، وَأَنْهَضْتَ مَعَكَ عَالَمَكَ بِقِيَامَتِكَ، وَسَحَقْتَ بِقُوَّتِكَ عِزَّةَ الْمَوْتِ، وَأَعْلَنْتَ الْقِيَامَةَ لِلْجَمِيعِ. فَذَلِكَ نُمَجِّدُكَ أَيُّهَا الرَّحُومُ وَحَدِّكَ، وَالْمُحِبُّ الْبَشَرَ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Gabriel descended from his sublime height wrapped in a white robe, and came to the stone where the Rock of Life was, and he shouted to the weeping women, saying: Cease your wailing and crying, and receive ye smiling joy, with comfort; for He whom ye seek weeping is verily risen. Wherefore, go and proclaim to the Apostles that the Lord is risen.</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ. إِنَّ جِبْرَائِيلَ انْحَدَرَ مِنَ الْعُلُوِّ السَّامِيِّ، مُتَوَشِّحاً خُلَّةً بَيْضَاءَ، وَأَتَى إِلَى الْحَجَرِ حَيْثُ صَخْرَةُ الْحَيَاةِ، وَهَتَفَ نَحْوَ الْبَاكِيَاتِ قَائِلاً: اكْفُفْنَ مِنَ النُّوحِ وَالْعَوِيلِ، وَأَقْبِلْنَ الْبِشَاشَةَ وَالْفَرَحَ مُطْمَئِنَّاتٍ، لِأَنَّ الَّذِي تَطْلُبُنَّهُ بَاكِيَاتٍ قَدْ قَامَ بِالْحَقِيقَةِ، فَاهْتَفْنَ بِالرُّسُلِ أَنَّ الرَّبَّ قَدْ قَامَ.</p>

<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>All the ranks of the angels, O thou who art undefiled, have been dazzled by the secret of thy dreadful birth-giving; that the All-encompassing at a sign from Him was encompassed in thy bosom as a babe, and that He Who is before eternity received a temporal beginning, and that He who feedeth every living breath with His ineffable goodness was nourished with milk. Wherefore, did they glorify thee with praise; for thou art truly the Theotokos.</p>	<p>الآن وكلّ أوانٍ وإلى دهرِ الدهرين. آمين.</p> <p>أَيُّهَا النَّقِيَّةُ، إِنَّ مَصَافَّ الْمَلَائِكَةِ أَجْمَعِينَ، قَدْ انْذَهَلُوا مِنْ سِرِّ مَوْلِدِكَ الرَّهِيْبِ، كَيْفَ أَنَّ الْحَاوِيَّ الْكُلَّ قَدْ احْتَوَى بِإِرَادَتِهِ فِي أَحْضَانِكَ كَطِفْلٍ، وَالَّذِي قَبْلَ الدُّهُورِ أَخَذَ ابْتِدَاءَ زَمَنِيًّا، وَالْمُغْذِّيَّ كُلَّ نَسَمَةٍ بِجَوْدَةٍ صَلاَحِهِ الَّذِي لَا يُوصَفُ، اغْتَدَى بِاللَبَنِ. لِذَلِكَ مَجْدُوكِ مَا دِحِينَ، بِمَا أَنْتِ وَالِدَةُ الْإِلَهِ حَقًّا.</p>
<p>Third Kathisma for St. Athanasius</p>	<p>الكاثيسما الثالثة للقديس أناسيوس الأنوسي</p>
<p>Taking up the Cross of Christ upon thy shoulders piously, thou didst follow after Him, O righteous Father, through the toils of thine ascetical labors, O Athanasius; and so didst thou become the pattern and the rule for all monks who strive to live in holiness. Through thy divine struggles thou now hast received the Kingdom of God on high. O all-famed father, cease not entreating that our souls find salvation.</p>	<p>لَقَدْ حَمَلْتِ صَلِيبَ الْمَسِيحِ عَلَى مَنْكَبَيْكَ، وَتَبِعْتَهُ بِأَعْمَالِ النَّسْكِ عَنِ حُسْنِ عِبَادَةٍ، يَا أَثَنَاسِيُوسُ الْبَارُّ الْمَجِيدُ. وَبِاعْتِكَافِكَ الشَّرِيفِ عَلَى الْإِمْسَاكِ، أَصْبَحْتَ دُسْتُورًا وَنُمُودَجًا لِكُلِّ الْمُتَوَحِّدِينَ. ثُمَّ نَلْتِ بِجِهَادَاتِكَ الْإِلَهِيَّةِ الْخُلُوفَ فِي الْمَمَالِكِ الْعُلُويَّةِ. فَلَا تَنْفَكْ مُتَشَفِّعًا فِي خِلاصِ نَفُوسِنَا.</p>
<p><i>Glory to the Father and to the Son and to the Holy Spirit.</i></p> <p>Having pleased the Lord of all, O Athanasius, by thy godly works, O Saint, and through a most pure way of life, thou wast vouchsafed the inheritance of the angelic arrays, O supremely wise.</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ.</p> <p>لَقَدْ أَرْضَيْتِ الرَّبَّ بِأَعْمَالِ إِلَهِيَّةِ وَسِيرَةِ طَاهِرَةٍ، يَا أَثَنَاسِيُوسُ الْبَارُّ الْحَكِيمُ، فَاسْتَحَقَّقْتَ مِيرَاثَ الْعَدِيمِيِّ الْأَجْسَادِ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>O unconquered champion of those in troubles, intercessor swift to help all them that set their hope on thee: from every danger deliver me; disdain me not, O pure Virgin, thou help of all.</p>	<p>الآن وكلّ أوانٍ وإلى دهرِ الدهرين. آمين.</p> <p>أَنْقِذْنِي مِنَ الْخُطُوبِ أَيُّهَا النَّصِيرَةُ الَّتِي لَا تُحَارِبُ، وَالشَّفِيعَةُ الْمُسْتَعِدَّةُ لِلْمُتَوَكِّلِينَ عَلَيْهَا، وَلَا تُعْرِضِي عَنِّي يَا مَعُونَةَ الْجَمِيعِ.</p>
<p>EVLOGETARIA (BENEDICTIONS) IN TONE FIVE</p>	<p>إفلوجيطاريات باللحن الخامس</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i></p> <p>The company of the Angels was amazed when</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمْنِي حُقُوقَكَ.</p> <p>جَمَعَ الْمَلَائِكَةُ انْذَهَلَ مُتَحِيرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ</p>

<p>they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroying the power of death, with Thee raising up Adam and releasing all men from hades.</p>	<p>مَحْسُوباً بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخَلِّصُ، وَدَاحِضاً قُوَّةَ الْمَوْتِ، وَمُنْهَضاً آدَمَ مَعَكَ، وَمُعْتَقاً إِيَّانَا مِنَ الْجَحِيمِ كَافَّةً.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمِنِي حُقُوقَكَ. الْمَلَائِكَةُ اللَّامِعَةُ عِنْدَ الْقَبْرِ تَقْوَةَ نَحْوِ حَامِلَاتِ الطِّيبِ قَائِلَةً: لِمَ تَمْرُجْنَ الطُّيُوبَ بِالدَّمُوعِ، بِتَرْتِّبِ يَا تَلْمِيزَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَافْرَحْنَ، لِأَنَّ الْمُخَلِّصَ قَدْ قَامَ مِنَ الْقَبْرِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمِنِي حُقُوقَكَ. إِنَّ حَامِلَاتِ الطِّيبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَتْ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النَّوْحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمِنِي حُقُوقَكَ. إِنَّ النِّسْوَةَ حَامِلَاتِ الطِّيبِ، وَافِينَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخَلِّصُ. فَسَمِعْنَ مَلَكَاً مُتَنَغِّمًا نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيَّ مَعَ الْمَوْتَى؟ فِيمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضاً.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ. نَسْجُدُ لِلآبِ وَلابْنِهِ وَلِرُوحِ قُدْسِهِ، ثَالِوثًا قُدُوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُوسٌ، قُدُوسٌ، قُدُوسٌ أَنْتَ يَا رَبُّ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. أَيُّهَا الْعَذْرَاءُ، لَقَدْ وُلِدْتَ مُعْطِيَةَ الْحَيَاةِ، وَأَنْقَذْتَ آدَمَ مِنَ الْخَطِيئَةِ، وَمَنْحْتَ حَوَاءَ الْفَرَحِ عِوَضَ الْحُزْنِ، لَكِنَّ الْإِلَهَ وَالْإِنْسَانَ الْمُتَجَسِّدَ مِنْكَ، أَرْشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.</p>
<p>Alleluia, Alleluia, Alleluia. Glory to Thee, O</p>	<p>هَلِّلُوبِيَا، هَلِّلُوبِيَا، هَلِّلُوبِيَا الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)</p>

<p>God. (<i>thrice</i>) O our God and our Hope, glory to Thee.</p>	<p>يا إلهنا ورجاءنا لك المجد.</p>
<p>THE LITTLE LITANY</p>	<p>الطلبية السلامية الصغرى</p>
<p>Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الكاهن: أيضاً وأيضاً بسلام إلى الرب نطلب. الجوق: يا رب ارحم. الكاهن: أعضد وخلص وارحم واحفظنا يا الله بنعمتك. الجوق: يا رب ارحم. الكاهن: بعد ذكرنا الكليية القداسة، الطاهرة، الفائقة البركات المجيدة، سيدتنا والدة الإله الدائمة البتولية مريم مع جميع القديسين، لنودع أنفسنا وبعضنا بعضاً وكل حياتنا للمسيح الإله. الجوق: لك يا رب. الكاهن: لأن اسمك مبارك وملكك ممجد أيها الأب والإبن والروح القدس، الآن وكل أوان وإلى دهر الدهرين. الجوق: أمين.</p>
<p>FOURTH TONE RESURRECTIONAL HYPAKOE (Plain Reading)</p>	<p>إيباكوي القيامة للحن الرابع (قراءة)</p>
<p>The ointment-bearing women hastened running to the Apostles and related to them the account of Thy Resurrection, O Christ, saying, Thou hast risen because Thou art God, granting the world Great Mercy.</p>	<p>إن حاملات الطيب سبغن محاضرات إلى الرسل، وبشرن بحوادث قيامتك المعجزة، أيها المسيح، قائلات: إنك قد قمت بما أنك إله، مانحاً العالم الرحمة العظمى.</p>
<p>FOURTH TONE RESURRECTIONAL ANABATHMOI (Plain Reading)</p>	<p>أنافثميات القيامة للحن الرابع (قراءة)</p>
<p>First Antiphony</p>	<p>الأنثيفونا الأولى</p>
<p>+ The many sufferings from my youth combat me. But Thou, O my Savior, assist and save me. + O ye haters of Zion, depart in shame from before the Lord; for ye shall be dry by fire as the grass. + <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto</i></p>	<p>+ منذ شبابي آلام كثيرة تحاريني، لكن أنت يا مخلصي أعضدني وخلصني. + يا مبغضي صهيون اخزوا من تجاه الرب، لأنكم ستصيرون جافين كالعشب اليابس بالنار. + المجد للأب والابن والروح القدس، الآن وكل</p>

<p><i>ages of ages. Amen.</i></p> <p>+ By the Holy Spirit every spirit shall live and shall be purified, ascending, and brilliant, through the one hidden and pure Trinity.</p>	<p>أوانٍ وإلى دهرِ الدهرين، آمين.</p> <p>+ بالروح القدس تحيا كل نفس وتتنقى، مرتبةً ولامعةً بالثالث الواحد الخفي الطاهر.</p>
<p>Second Antiphony</p>	<p>الأنثيمونا الثانية</p>
<p>+ To Thee, O Lord, have I cried fervidly from the depth of my soul. Let Thy divine ears listen to me.</p> <p>+ All those who have placed their trust in the Lord shall transcend all sorrows.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, the Holy Spirit doth overflow with streams and passages of grace, and doth water all creation with refreshing life.</p>	<p>+ إليك يا رب صرختُ بحرارةٍ من صميم النفس، فلتكن أذنك الإلهيتان سامعتين لي.</p> <p>+ كل الذين وضعوا رجاءهم على الرب، هم أعلى من جميع المخزونات.</p> <p>+ المجد للأب والابن والروح القدس، الآن وكل أوانٍ وإلى دهرِ الدهرين، آمين.</p> <p>+ بالروح القدس تفيض سواقي النعمة ومجاريها، وتروي البرايا بأسرها بالحياة المحيية.</p>
<p>Third Antiphony</p>	<p>الأنثيمونا الثالثة</p>
<p>+ Let my heart rise to Thee, O Word, and let not the pleasures of the world enter into me to vie with the earthly life.</p> <p>+ And as each of us hath surpassing love to his mother, the more should we love the Lord with utmost fervor.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i></p> <p>+ By the Holy Spirit cometh the riches of divine knowledge, divine vision, and wisdom; for through Him the Word doth proclaim all the commandments of the Father.</p>	<p>+ ليرتفع قلبي نحوك أيها الكلمة، ولا تشغفني مطربات العالم إلى منافسة العيشة الترابية.</p> <p>+ لكل منا غرام مفراط لوالدته، فكم بالأخرى يجب علينا أن نحب الرب بأشد حرارة.</p> <p>+ المجد للأب والابن والروح القدس، الآن وكل أوانٍ وإلى دهرِ الدهرين، آمين.</p> <p>+ بالروح القدس غنى المعرفة الإلهية، والنظر الإلهي، والحكمة، لأن به يعلن الكلمة الأوامر الأبوية بأسرها.</p>
<p>PROKEIMENON FOR THE RESURRECTION IN TONE FOUR</p>	<p>بروكيمنون للقيامة باللحن الرابع</p>
<p>Arise, O God, help us and redeem us for Thy Name's sake. (<i>twice</i>)</p> <p>Stichos: O God, with our own ears have we heard.</p> <p>Arise, O God, help us and redeem us for Thy Name's sake.</p>	<p>قُم يا الله أعنا وأفتدنا من أجل اسمك. (مرتين)</p> <p>استيخن: اللهم بأذاننا قد سمعنا.</p> <p>قُم يا الله أعنا وأفتدنا من أجل اسمك.</p>
<p>Deacon: Let us pray to the Lord.</p>	<p>الشماس: إلى الرب نطلب.</p>

<p>Choir: Lord, have mercy.</p> <p>Priest: For Holy art Thou, O our God, Who retest in the Holies, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.</p>	<p>المرتل: يا ربُّ ارحم. الكاهن: لَأَنَّكَ قُدُّوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقَدِيسِينَ تَسْتَقِرُّ وَتَسْتَرِيحُ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ.</p>
<p>Choir: Amen. Let everything that hath breath praise the Lord. (twice) <i>Praise ye God in His saints; praise Him in the firm foundation of His power.</i> Let everything that hath breath praise the Lord.</p>	<p>الجوق: آمين. كُلُّ نَسَمَةٍ، فَلْتُسَبِّحِ الرَّبَّ. (مرتين) سَبِّحُوا اللَّهَ فِي قَدِيسِيهِ، سَبِّحُوهُ فِي فَلكِ قُوَّتِهِ. فَلْتُسَبِّحِ الرَّبَّ، كُلُّ نَسَمَةٍ.</p>
<p>THE FIFTH EOTHINON GOSPEL</p>	<p>إنجيلُ الإيوثينا الخامسة</p>
<p>Deacon: And that we may be accounted worthy to hear the Holy Gospel, let us beseech the Lord our God.</p> <p>Choir: Lord, have mercy. (thrice)</p> <p>Deacon: Wisdom! Stand upright! Let us hear the Holy Gospel.</p> <p>Priest: Peace be to all.</p> <p>Choir: And to thy spirit.</p> <p>Priest: The Reading from the Holy Gospel according to Saint Luke. (24:12-35)</p> <p>Choir: Glory to Thee, O Lord, glory to Thee.</p> <p>Deacon: Let us attend!</p>	<p>الشماس: مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحِقِّينَ لِسَمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ. المرتل: يا ربُّ ارحم. (ثلاثاً) الشماس: الْحِكْمَةُ. فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلِ الْمُقَدَّسِ. الكاهن: السَّلَامُ لِجَمِيعِكُمْ. المرتل: وَلِرُوحِكَ. الكاهن: فَضْلٌ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ لَوْقَا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ. (٢٤:١٢-٣٥) المرتل: الْمَجْدُ لَكَ يَا رَبُّ، الْمَجْدُ لَكَ. الشماس: لِنُصْغِ!</p>
<p>Priest: At that time, Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he departed, wondering at what had happened. That very day, two of them were going to a village named Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing together, Jesus Himself drew near and went with them. But their eyes were kept from recognizing Him. And He said to them, “What is this conversation which you are holding with each other as you walk and are</p>	<p>الكاهن: فِي ذَلِكَ الزَّمَانِ، قَامَ بُطْرُسُ وَأَسْرَعَ إِلَى الْقَبْرِ، وَتَطَلَّعَ، فَرَأَى الْأَكْفَانَ مَوْضُوعَةً وَحَدَّهَا، فَأَنْصَرَفَ إِلَى مَقَرِّهِ مُتَعَجِّباً مِمَّا كَانَ. وَإِنَّ اثْنَيْنِ مِنْهُمُ كَانَا سَائِرَيْنِ فِي ذَلِكَ الْيَوْمِ إِلَى قَرْيَةٍ تَبْعُدُ سِتِّينَ غَلْوَةً عَنِ أُورُشَلِيمَ اسْمُهَا عِمَّوَأُسُ وَكَانَا يَتَكَلَّمَانِ أَحَدُهُمَا مَعَ الْآخَرِ عَنْ تِلْكَ الْحَوَادِثِ كُلِّهَا وَفِيمَا هُمَا يَتَكَلَّمَانِ وَيَتَحَاوِرَانِ، دَنَا مِنْهُمَا يَسُوعُ وَسَارَ مَعَهُمَا وَلَكِنْ أَمْسَكَتْ أَعْيُنُهُمَا عَنِ مَعْرِفَتِهِ</p>

sad?" Then one of them, named Cleopas, answered Him, "Are you only a stranger in Jerusalem and do not know the things that have happened there in these days?" And He said to them, "What things?" And they said to Him, "Concerning Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered Him up to be condemned to death, and crucified Him. But we had hoped that He was the one to redeem Israel; and besides all this, it is now the third day since this happened. Moreover, some women of our company amazed us. They were at the tomb early in the morning and did not find His body; and they came back saying that they had even seen a vision of angels, who said that He was alive. Some of those who were with us went to the tomb, and found it just as the women had said, but Him they did not see." And Jesus said to them, "O foolish men, and slow of heart to believe all that the prophets have spoken! Was it not necessary that the Christ should suffer these things and enter into His glory?" And beginning with Moses and all the prophets, He interpreted to them in all the Scriptures the things concerning Himself. So they drew near to the village to which they were going. Jesus appeared to be going further but they constrained Him, saying, "Stay with us, for it is toward evening and the day is now far spent." So He went in to stay with them. When He was at table with them, He took the bread and blessed, and broke it, and gave it to them. And their eyes were opened and they recognized Him; and He vanished out of their sight. They said to each other, "Did not our hearts burn within us while He talked to us on the road, while He opened to us the Scriptures?" And they rose that same hour and returned to Jerusalem; and they found the eleven gathered together and those who were with them, saying, "The Lord is risen indeed, and has appeared to Simon!" Then they told what had happened on

فَقَالَ لَهُمَا: "مَا هَذَا الْكَلَامُ الَّذِي تَتَحَاوَرَانِ بِهِ وَأَنْتُمَا سَائِرَانِ مُكْتَبِبَيْنِ؟" فَأَجَابَ أَحَدُهُمَا، وَاسْمُهُ كَلَاوُبَا، وَقَالَ لَهُ: "أَأَنْتَ وَحَدِّكَ غَرِيبٌ فِي أُورُشَلِيمَ، وَلَمْ تَعْلَمْ مَا حَدَّثَ فِيهَا فِي هَذِهِ الْأَيَّامِ؟" فَقَالَ لَهُمَا: "وَمَا هُوَ؟" قَالَا لَهُ: "مَا يَخْتَصُّ بِيَسُوعَ النَّاصِرِيِّ الَّذِي كَانَ رَجُلًا نَبِيًّا، مُقْتَدِرًا فِي الْعَمَلِ وَالْقَوْلِ أَمَامَ اللَّهِ وَجَمِيعِ الشَّعْبِ وَكَيْفَ أَسْلَمَهُ رُؤَسَاءُ الْكَهَنَةِ وَحُكَّامُنَا لِقَضَاءِ الْمَوْتِ وَصَلَّبُوهُ وَنَحْنُ كُنَّا نَرْجُو أَنَّهُ هُوَ الْمُرْمَعُ أَنْ يَفْدِيَ إِسْرَائِيلَ. وَلَكِنْ مَعَ هَذَا جَمِيعِهِ، فَالْيَوْمَ هُوَ ثَالِثُ يَوْمٍ لِحُدُوثِ ذَلِكَ إِلَّا أَنْ نِسَاءً مِنَّا أَدَهَشَنَّانَا، لِأَنَّهُنَّ بَكَرْنَ إِلَى الْقَبْرِ، فَلَمْ يَجِدْنَ جَسَدَهُ، فَاتَيْنَ وَقُلْنَا إِنَّهُنَّ رَأَيْنَ مَظْهَرَ مَلَائِكَةٍ قَالُوا إِنَّهُ حَيٌّ وَمَضَى قَوْمٌ مِنَ الَّذِينَ مَعَنَا إِلَى الْقَبْرِ، فَوَجَدُوا كَمَا قَالَتْ أَيْضًا النِّسَاءُ، وَأَمَّا هُوَ فَلَمْ يَرَوْهُ. فَقَالَ لَهُمَا: "يَا قَلِيلِي الْفَهْمِ وَبَطِيئِي الْقَلْبِ فِي الْإِيمَانِ بِكُلِّ مَا نَطَقْتَ بِهِ الْأَنْبِيَاءُ أَمَا كَانَ يَنْبَغِي لِلْمَسِيحِ أَنْ يَتَأَلَّمَ هَذِهِ الْأَلَامَ فَيَدْخُلَ إِلَى مَجْدِهِ؟" وَابْتَدَأَ مِنْ مُوسَى وَمِنْ جَمِيعِ الْأَنْبِيَاءِ يُفَسِّرُ لَهُمَا مَا يَخْتَصُّ بِهِ فِي كُلِّ الْأَسْفَارِ. ثُمَّ اقْتَرَبُوا مِنَ الْقَرْيَةِ الَّتِي كَانَا مُنْطَلِقِينَ إِلَيْهَا، فَتَظَاهَرَ هُوَ بِأَنَّهُ مُنْطَلِقٌ إِلَى مَكَانٍ أَبْعَدَ فَالزَّمَاهُ قَائِلِينَ: "أَمْكُثْ مَعَنَا، فَإِنَّ الْمَسَاءَ مُقْبِلٌ وَقَدْ مَالَ النَّهَارُ." فَدَخَلَ لِيَمْكُثَ مَعَهُمَا وَلَمَّا اتَّكَأَ مَعَهُمَا، أَخَذَ الْخُبْزَ وَبَارَكَ، وَكَسَرَ، وَنَاوَلَهُمَا فَانْفَتَحَتْ أَعْيُنُهُمَا وَعَرَفَاهُ، فَاخْتَفَى هُوَ عَنْهُمَا فَقَالَ أَحَدُهُمَا لِالْآخَرِ: "أَمَا كَانَتْ قُلُوبُنَا مُضْطَرِمَةً فِينَا حِينَ كَانَ يُخَاطِبُنَا فِي الطَّرِيقِ وَيَشْرَحُ لَنَا الْكُتُبَ؟ فَقَامَا فِي تِلْكَ السَّاعَةِ وَرَجَعَا إِلَى أُورُشَلِيمَ. فَوَجَدَا الْأَحَدَ عَشَرَ وَالَّذِينَ مَعَهُمْ مُجْتَمِعِينَ وَهُمْ يَقُولُونَ: "لَقَدْ قَامَ الرَّبُّ فِي الْحَقِيقَةِ

the road, and how He was known to them in the breaking of the bread.	وَتَرَأَى لِسِمْعَانَ. " فَأَخَذَا هُمَا يُخْبِرَانِ بِمَا حَدَّثَ، وَكَيْفَ عَرَفَاهُ عِنْدَ كَسْرِ الْخُبْزِ.
Choir: Glory to Thee, O Lord, glory to Thee.	المرتل: المَجْدُ لَكَ يَا رَبُّ المَجْدُ لَكَ.
Reader: In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and Thy holy resurrection we praise and glorify; for Thou art our God, and we know none other beside Thee; we call upon Thy name. O come, all ye faithful, let us adore Christ's holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing His resurrection, for in that He endured the cross for us, He hath destroyed death by death.	القارئ: إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْنَسْجُدْ لِلرَّبِّ الْقُدُّوسِ، يَسُوعَ الْمَعْصُومِ مِنَ الْخَطَا وَحْدَهُ. لَصَلِيبِكَ أَيُّهَا الْمَسِيحُ نَسْجُدُ وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُسَبِّحُ وَنُحَمِّدُ، لِأَنَّكَ أَنْتَ هُوَ إِلَهُنَا وَآخِرَ سِوَاكَ لَا نَعْرِفُ وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا مَعْشَرَ الْمُؤْمِنِينَ نَسْجُدْ لِقِيَامَةِ الْمَسِيحِ الْمُقَدَّسَةِ، لِأَنَّ هَذَا بِالصَّلِيبِ قَدْ أَتَى الْفَرَحُ لِكُلِّ الْعَالَمِ. لِثُبَارِكِ الرَّبِّ فِي كُلِّ حِينٍ وَنُسَبِّحُ قِيَامَتَهُ، لِأَنَّهُ إِذْ اخْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، الْمَوْتَ بِالْمَوْتِ حَطَّمَهُ.
PSALM 50	المزمور ٥٠
Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.	إِرْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَتِكَ امْحُ مَاتِمِي.
Wash me thoroughly from mine iniquity, and cleanse me from my sin.	إِغْسِلْنِي كَثِيرًا مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.
For I know mine iniquity, and my sin is ever before me.	لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.
Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.	إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرَّ قُدَّامَكَ صَنَعْتُ، لَكِي تَصُدَّقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.
For behold, I was conceived in iniquities, and in sins did my mother bear me.	هَاءِنَذَا بِالْآثَامِ حُبِلَ بِي، وَبِالْخَطَايَا وَلَدَتْنِي أُمِّي.
For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.	لِأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتُورَاتِهَا.
Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.	تَنْضَحْنِي بِالزُّوفَى فَاطْهُرْ، تَغْسِلْنِي فَاَبْيَضُ أَكْثَرَ مِنَ الثَّلْجِ.
Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.	تُسَمِّعُنِي بِهَجَّةٍ وَسُرُورًا، فَتَبْتَهِجُ عِظَامِي الدَّلِيلَةَ.

Turn Thy face away from my sins, and blot out all mine iniquities.	إِصْرِفْ وَجْهَكَ عَن خَطَايَايَ، وَامْحُ كُلَّ مَاثِمِي.
Create in me a clean heart, O God, and renew a right spirit within me.	قَلْبًا نَقِيًّا اِخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ فِي أَحْسَائِي.
Cast me not away from Thy presence, and take not Thy Holy Spirit from me.	لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مِنِّي.
Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.	إِمْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رِئَاسِي اعْضُدْنِي.
I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.	فَأَعْلِمَ الْأَثَمَةَ طُرُقَكَ، وَالْكَفَرَةَ إِلَيْكَ يَرْجِعُونَ.
Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.	أُنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ لِسَانِي بِعَدْلِكَ.
O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.	يَا رَبُّ افْتَحْ شَفْتَيَّ، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.
For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.	لَأَنَّكَ لَوْ آثَرْتَ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أَعْطِي، لَكِنَّكَ لَا تَسُرُّ بِالْمُحْرَقَاتِ.
A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.	فَالذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَجِقٌ، الْقَلْبُ الْمُتَخَشِّعُ وَالْمُتَوَاضِعُ لَا يَزُدُّهُ اللَّهُ.
Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.	أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونََ وَلْتُبْنَ أَسْوَارُ أُورُشَلِيمَ.
Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.	حِينَئِذٍ تَسُرُّ بِذَّبِيحَةِ الْعَدْلِ قُرْبَانًا وَمُحْرَقَاتِ.
Then shall they offer bullocks upon Thine altar.	حِينَئِذٍ يُقَرِّبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ.
TROPARIA AFTER PSALM 50 IN TONE TWO	طَرُوبَارِيَّاتٌ بَعْدَ الْمَزْمُورِ ٥٠ بِاللَّحْنِ الثَّانِي
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i>	الْمَجْدُ لِلَّابِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ.
Through the intercessions of the Apostles, O Thou Who art merciful, blot out the multitude of our transgressions.	بِشَفَاعَاتِ الرُّسُلِ وَطَلِبَاتِهِمْ، أَيُّهَا إِلَهَ الرَّحُومِ، أَمْحُ كَثْرَةَ خَطَايَانَا وَزَلَاتِنَا.
<i>Both now and ever, and unto ages of ages. Amen.</i>	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.
Through the intercessions of the Theotokos, O	بِشَفَاعَاتِ الْوَالِدَةِ الْإِلَهَةِ وَطَلِبَاتِهَا، أَيُّهَا إِلَهَ الرَّحُومِ،

<p>Thou Who art merciful, blot out the multitude of our transgressions.</p>	<p>أَمْحُ كَثْرَةَ خَطَايَانَا وَزَلَاتِنَا.</p>
<p><i>Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions.</i></p> <p>Jesus, having risen from the grave as He foretold, hath given unto us life eternal and Great Mercy.</p>	<p>يَا رَحِيمُ، اِرْحَمْنِي يَا اللَّهُ كَعَظِيمِ رَحْمَتِكَ، وَبِحَسَبِ كَثْرَةِ رَأْفَاتِكَ أَمْحُ مَاثِمِي.</p> <p>لَقَدْ قَامَ يَسُوعُ مِنَ الْقَبْرِ كَمَا سَبَقَ فَقَالَ، وَمَنْحَنَا الْحَيَاةَ الْأَبَدِيَّةَ، وَالرَّحْمَةَ الْعَظْمَى.</p>
<p>THE INTERCESSION</p>	<p>طِلْبَةُ الشَّفَاعَةِ</p>
<p>Deacon: O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us thy rich mercies, through the intercessions of our all-immaculate Lady, the Theotokos and ever-virgin Mary; by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, all-laudable and foremost of the apostles, Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and Nektarios of Pentapolis, the wonder-workers; of our fathers among the saints Tikhon, patriarch of Moscow, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs George the Trophy-bearer, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the Wonder-worker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious and great women martyrs Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life; of</p>	<p>الشماس: خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَّأْفَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ الْأَرْثُوذُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مَرَاغِمَكَ الْعَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا وَالِدَةِ الْإِلَهِ الْكَلِيَّةِ الطَّهَارَةِ وَالِدَائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ الْكَرِيمِ الْمُحْيِي؛ وَبِطَلَبَاتِ الْقُوَاتِ السَّمَاوِيَّةِ الْمُكْرَمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانَ؛ وَالْقَدِيسِينَ الْمُشْرِفِينَ الرَّسُولَيْنِ بُطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ الْمُشْرِفِينَ الْجَدِيرِينَ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا الْقَدِيسِينَ مُعَلَّمِي الْمَسْكُونَةِ، رُؤْسَاءِ الْكَهَنَةِ الْمُعَظَّمِينَ بَاسِيلْيُوسَ الْكَبِيرِ، وَغَرِيغُورْيُوسَ الْلَاهُوْتِي، وَيُوْحَنَّا الذَّهَبِيِّ الْفَمِّ؛ وَأَبَائِنَا الْقَدِيسِينَ أَنْتَاسْيُوسَ وَكَيْرُسَ وَيُوْحَنَّا الرَّحِيمِ بَطَارِكَةَ الْإِسْكَنْدرِيَّةِ؛ وَأَبِينَا الْقَدِيسِ نِيْقُولَاوسَ رَئِيسِ أَسَاقِفَةِ مِيرَا الْليْكِيَّةِ، وَأَسْبِيرِيدُونَ أُسْقُفِ تَرِيمِيثُوسَ، وَنِكْتَارْيُوسَ أُسْقُفِ الْمُدْنِ الْخَمْسِ الْعَجَائِبِيِّينَ، وَأَبِينَا الْقَدِيسِ تِيخُونَ بَطْرِيْرِكِ مُوسْكَو، وَالْقَدِيسِ رَافَائِيلِ أُسْقُفِ بَرُوكْلِينَ؛ وَالْقَدِيسِينَ الْمَجِيدِينَ الشُّهَدَاءِ الْعَظْمَاءِ جَاورْجْيُوسَ اللَّابِسِ الظَّفْرِ، وَدِيمِيْتْرْيُوسَ الْمُفِيضِ الطَّيْبِ، وَثِيُودُورَسَ التَّيْرُونِي، وَثِيُودُورَسَ قَائِدِ الْجَيْشِ، وَمِينَاسَ الصَّانِعِ الْعَجَائِبِ؛ وَالْقَدِيسِينَ الشُّهَدَاءِ إِنْغْنَاطْيُوسَ الْمُتَوَشَّحِ بِاللَّهِ، خَرَالْمَبُوسَ وَالْفَثْرِيُوسَ؛ وَالشُّهَدَاءِ الْعَظِيمَاتِ تَقْلَا، بَرَبَارَةَ، أَنْسْطَاسِيَا، كَاتْرِيْنَا، كِيرْيَاكِي، فُوتِينِي، مَارِيْنَا، بَارَاسْكِيفَا، وَأَيْرِينَ؛ وَالْقَدِيسِينَ الْمَجِيدِينَ الشُّهَدَاءِ</p>

<p><i>Saint N., the patron and protector of this holy community; of the holy and righteous ancestors of God, Joachim and Anna; of our Venerable and God-bearing Father Athanasius the Athonite, founder of the Great Lavra on Athos, whose memory we celebrate today, and of all Thy saints, we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.</i></p>	<p>الْمُتَأَلِّقِينَ بِالظَّفَرِ؛ وَأَبَائِنَا الْأَبْرَارِ الْمُتَوَشِّحِينَ بِاللَّهِ؛ وَالْقَدِيسِ (فِلَان) شَفِيعِ هَذِهِ الْكَنِيسَةِ الْمُقَدَّسَةِ؛ وَالْقَدِيسَيْنِ الصِّدِّيقَيْنِ جَدِّي الْمَسِيحِ الْإِلَهِيَّ يُوَاكِمَ وَحَنَّةً؛ وَأَبِينَا الْبَارِ أَثَنَاسِيوسَ الْآتُوسِيَّ، مُؤَسِّسَ الْلاَفْرَا الْعَظْمَى عَلَى آثُوس، الَّذِي نُقِيمُ تَذْكَارَهُ الْيَوْمَ، وَجَمِيعِ قَدِيسِيكَ، نَتَضَرَّعُ إِلَيْكَ أَيُّهَا الرَّبُّ الْجَزِيلُ الرَّحْمَةَ، فَاسْتَجِبْ لَنَا نَحْنُ الْخَطَاةَ الطَّالِبِينَ إِلَيْكَ وَارْحَمْنَا.</p>
<p>Choir: Lord, have mercy. (<i>twelve times</i>)</p>	<p>المرتل: يَا رَبُّ ارْحَمْنَا. (١٢ مَرَّةً)</p>
<p>Priest: Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.</p>	<p>الكَاهِنُ: بِرَحْمَةِ وَرَأْفَاتِ ابْنِكَ الْوَحِيدِ وَمَحَبَّتِهِ لِلْبَشَرِ، الَّذِي أَنْتَ مُبَارَكٌ مَعَهُ وَمَعَ رُوحِكَ الْكَلْبِيِّ قُدْسُهُ الصَّالِحِ وَالْمُحْيِي، الْآنَ وَكُلَّ أَوَانٍ وإلى دَهْرِ الدَّاهِرِينَ.</p>
<p>Choir: Amen.</p>	<p>المرتل: آمين.</p>
<p>FOURTH TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)</p>	<p>القِنْدَاقِ وَالْبَيْتِ لِلْقِيَامَةِ لِلْحَنِّ الرَّابِعِ (قِرَاءَةٌ)</p>
<p>Now hath my Deliverer and mighty Savior raised the earthborn from the grave and from their bonds, since He is God. And He hath crushed Hades' brazen gates and is arisen on the third day as Sovereign Lord.</p>	<p>إِنَّ مُخَلِّصِي وَمُنْقِذِي السَّيِّدَ قَامَ فِي الْيَوْمِ الثَّلَاثِ، وَبِمَا أَنَّهُ الْإِلَهُ، أَقَامَ الْأَرْضِيِّينَ حَالًا فَيُودَهُمْ، وَسَحَقَ أَبْوَابَ الْجَحِيمِ، وَقَامَ فِي الْيَوْمِ الثَّلَاثِ بِمَا أَنَّهُ الْإِلَهُ الْقَدِيرُ وَالسَّيِّدُ الْعَزِيزُ.</p>
<p>Let us, the earthborn, all praise Christ, the Giver of Life, Who is risen from the dead on the third day out of the grave, and hath shattered the gates of death today by His own power. He hath put Hades to death, broken the sting of death, and freed Adam together with Eve. In gratitude, let us cry out our praise with fervor. For, as the only mighty God, He is arisen on the third day as Sovereign Lord.</p>	<p>لِنُسَبِّحَنَّ نَحْنُ الْأَرْضِيِّينَ كَافَّةً الْمَسِيحَ الْمَانِحَ الْحَيَاةَ، الَّذِي قَامَ مِنَ الْقَبْرِ فِي الْيَوْمِ الثَّلَاثِ، وَسَحَقَ الْيَوْمَ أَبْوَابَ الْمَوْتِ بِقُدْرَتِهِ، وَأَمَاتَ الْجَحِيمَ، وَحَطَّمَ سَوْكَةَ الْمَوْتِ، وَأَعْتَقَ آدَمَ مَعَ حَوَاءَ، هَاتِفَيْنِ نَحْوَهُ عَنِ شُكْرِ بِالنَّسْبِيحِ الْمُتَوَاصِلِ، لِأَنَّهُ قَدْ قَامَ فِي الْيَوْمِ الثَّلَاثِ بِمَا أَنَّهُ وَحْدَهُ الْإِلَهُ الْقَدِيرُ وَالسَّيِّدُ الْعَزِيزُ.</p>

<p style="text-align: center;">KONTAKION AND OIKOS FOR ST. ATHANASIUS (Plain Reading)</p>	<p style="text-align: center;">القنداق والبيت للقديس أنثاسيوس (قراءة)</p>
<p>As a great seer of immaterial angelic hosts, and as a teacher by thine actions and in all ways true, we thy flock now sing thy praises while loudly crying: Never cease, O God-proclaimer, to entreat the Lord to deliver from temptations and adversities them that cry to thee: Rejoice, O Father Athanasius.</p>	<p>لَمَّا كُنْتَ عَالِمًا نَظْرِيًّا مَاهِرًا، يَرَى الْعَنَاصِرَ غَيْرَ الْهَيُولِيَّةِ، وَأُسْتَاذًا عَمَلِيًّا مُدَقِّقًا صَادِقًا، نَمْتَدِّحُكَ نَحْنُ رَعِيَّتِكَ، وَنَهْتِفُ قَائِلِينَ: لَا تَتَّفَكَ مَبْتَهَلًا إِلَى الرَّبِّ أَنْ يُنَجِّيَ مِنَ التَّجَارِبِ وَالنَّوَابِيبِ الَّذِينَ يَهْتَفُونَ إِلَيْكَ قَائِلِينَ: السَّلَامُ عَلَيْكَ أَيُّهَا الْأَبُ أَنْثَاسِيُوسَ.</p>
<p>Having marvelously received thy calling from on high, thou didst inherit immortal life. For though in a body, thou didst lead the life of the bodiless on the earth, becoming invincible to passions. Therefore, we extol thee, O Father: Rejoice, bright glory of monastics; rejoice, shining pillar of chastity. Rejoice, far-seen token of courage; rejoice, proof of all-wise prudence. Rejoice, impartial scales of exact justice; rejoice, thou who madest the fervency of thy deeds conformable to reason. Rejoice, mind enjoying ineffable intellections; rejoice, thou who didst reverently study all creation. Rejoice, thou by whom demons have been shamed; rejoice, thou by whom every passion is slain. Rejoice, haven for those in the tempest of life; rejoice, savior of them that faithfully cry to thee: Rejoice, O Father Athanasius.</p>	<p>لَقَدْ نَلْتِ الدَّعْوَةَ مِنَ الْعُلَا عَلَى مَنَوَالِ غَرِيبٍ أَيُّهَا الْأَبُ، فَوَرَّثْتَ الْحَيَاةَ الْخَالِدَةَ. فَإِنَّكَ عِشْتَ عَلَى الْأَرْضِ، وَأَنْتَ فِي الْجَسَدِ، عَيْشَةً مَنْ لَا جَسَدَ لَهُ، وَلَمْ تَتَمَلَّكَ الْأَهْوَاءُ. وَمِنْ ثَمَّ نَمْتَدِّحُكَ نَحْنُ قَائِلِينَ: السَّلَامُ عَلَيْكَ يَا فَخْرَ الْمُتَوَحِّدِينَ اللَّامِعِ. السَّلَامُ عَلَيْكَ يَا عَمُودَ الْعِفَّةِ الْبَهِيِّ. السَّلَامُ عَلَيْكَ يَا عِلْمَ الشَّجَاعَةِ الشَّهِيرِ. السَّلَامُ عَلَيْكَ يَا بُرْهَانَ الْفِطْنَةِ الْحَكِيمَةِ. السَّلَامُ عَلَيْكَ يَا مِيزَانَ الْعَدْلِ الْمُقْسِطِ. السَّلَامُ عَلَيْكَ يَا مَنْ أَصْلَحَ بِالْأَقْوَالِ خَوَاطِرَ الْأَعْمَالِ. السَّلَامُ عَلَيْكَ يَا عَقْلًا قَدْ تَشَرَّبَ الْمَعَانِيَّ الَّتِي لَا يُعَبَّرُ عَنْهَا. السَّلَامُ عَلَيْكَ يَا مَنْ سَبَّرَ الْخَلِيقَةَ كُلَّهَا عَنْ حُسْنِ عِبَادَةِ. السَّلَامُ عَلَيْكَ يَا مَنْ بِهِ خَزَيْتِ الشَّيَاطِينَ. السَّلَامُ عَلَيْكَ يَا مَنْ بِهِ أُمِيتَتْ كُلُّ الْأَهْوَاءِ. السَّلَامُ عَلَيْكَ يَا مِينَاءَ الْمُتَقَادِّفِينَ فِي نَوْءِ الْحَيَاةِ. السَّلَامُ عَلَيْكَ يَا مُخَلِّصَ الَّذِينَ يَهْتَفُونَ إِلَيْكَ قَائِلِينَ: السَّلَامُ عَلَيْكَ أَيُّهَا الْأَبُ أَنْثَاسِيُوسَ.</p>
<p style="text-align: center;">THE SYNAXARION (Plain Reading)</p>	<p style="text-align: center;">السِّنْكَسَار (قراءة)</p>
<p>On July 5 in the Holy Orthodox Church, we commemorate our Venerable and God-bearing Father Athanasius of Athos, and his six disciples who died with him.</p>	
<p style="text-align: center;"><i>Verses</i></p> <p style="text-align: center;">Anthony the Great was the inception of the Fathers, And divine Athanasius, their godly culmination. On the fifth, Angels took Athanasius and his disciples to the City of God.</p>	
<p>Born in Trebizond of God-fearing parents, he was early left destitute, but, by the providence of God, a high-ranking army officer took him to Constantinople and educated him there. Finishing his schooling, Athanasius eventually moved to the Holy Mountain to live in silence and strict</p>	

asceticism. Many, desirous of the ascetic life, began to gather round him and he was constrained to build the famous Lavra. The Byzantine Emperors gave him generous help in this. Manifold temptations came upon Athanasius, from demons and from men, but he, as a valiant soldier of Christ, resisted and overcame them all by his immense humility and unceasing prayer to the living God. Filled with the grace of God, he was found worthy to behold the most holy Mother of God, who miraculously brought forth water from a rock. Death came to him suddenly in 1003. He, together with six of his monks, had climbed up onto a newly-constructed part of the church to inspect a wall that was in building when the wall fell in and buried them all. Athanasius appeared a number of times to his brethren after his death, to console or rebuke them.

On this day, we also commemorate Venerable Lampados of Irenoupolis; and Venerable hieromartyr Cyprian of Mount Athos. By the intercessions of Thy Saints, O Christ our God, have mercy upon us. Amen.

KATAVASIAE OF THE THEOTOKOS CANON IN TONE FOUR	كَطَافَاسِيَا ت قَانُونِ السَّيِّدَةِ بِاللَّحْنِ الرَّابِعِ
<p>Ode 1. I shall open my mouth and it will be filled with the Spirit; and I shall speak forth to the Queen and Mother. I shall be seen joyfully singing her praises, and I shall delight to sing of her wonders.</p>	<p>(الأولى) أَفْتَحُ فَمِي فَيَمْتَلِئُ رُوحًا، وَأُبْدِي قَوْلًا فَائِضًا نَحْوَ الْأُمِّ الْمَلِكَةِ، وَأُظْهِرُ مُعَيَّدًا لِلْمَوْسِمِ بِابْتِهَاجٍ، وَأَتَرْتَمُ بِعَجَائِبِهَا مَسْرُورًا.</p>
<p>Ode 3. As a living and copious fountain, O Theotokos, do thou strengthen those who hymn thy praises, and are joined together in spiritual company for thy service; and in thy divine glory make them worthy of crowns of glory.</p>	<p>(الثالثة) يَا وَالِدَةَ الْإِلَهِ، بِمَا أَنْتَ الْيَنْبُوعُ الْحَيُّ الْمُتَدَفِّقُ بِسَخَاءٍ، وَطَدِينَا نَحْنُ الْمُتَشِدِّينَ تَسَابِيحِكَ، الْمُتَلْتَمِينَ مَخْفِلًا رُوحِيًّا، وَفِي مَجْدِكَ الْإِلَهِيِّ أَهْلِينَا لِأَكَالِيلِ الْمَجْدِ وَالشَّرَفِ.</p>
<p>Ode 4. <i>When the Prophet Habakkuk, O Thou Most High, learned of the divine and untraceable counsel of Thy pure incarnation from the womb of the blest Virgin, he cried out: Glory to Thy power, O Lord my God.</i>¹</p>	<p>(الرابعة) إِنَّ حَبَقُوقَ النَّبِيِّ، لَمَّا عَرَفَ إِرَادَتَكَ الْإِلَهِيَّةَ، غَيْرَ الْمُدْرَكَةِ أَيُّهَا الْعَلِيِّ، الَّتِي هِيَ تَجَسَّدُكَ مِنَ الْبَتُولِ، هَتَفَ صَارِحًا: الْمَجْدُ لِقُدْرَتِكَ يَا رَبِّ.</p>
<p>Ode 5. All creation was amazed at thy divine glory, for thou, O unwedded Virgin, didst hold in thee the God of all, and didst bear the Eternal Son, who rewards with salvation all those who hymn thy praises.</p>	<p>(الخامسة) أَيُّهَا الْبَتُولُ الَّتِي لَمْ تَعْرِفْ زَوْجًا، إِنَّ الْبَرَايَا بِأَسْرِهَا قَدْ انْدَهَلَتْ مِنْ مَجْدِكَ الْإِلَهِيِّ، لِأَنَّكَ حَمَلْتِ فِي حَشَاكِ إِلَهَ الْكُلِّ، وَوَلَدْتِ الْإِبْنَ غَيْرَ الْمَحْدُودِ فِي زَمَنِ، وَمَنَحْتِ الْخَلَاصَ لِكُلِّ الَّذِينَ يُسَبِّحُونَكَ.</p>
<p>Ode 6. As we the Godly minded, celebrate this sacred and all-honorable feast of the Mother of</p>	<p>(السادسة) هَلُمُّوا أَيُّهَا الْمُتَأَلَّهُو الْعُقُولِ، لِنُصَفِّقْ</p>

¹ This is the correct katavasia for the fourth ode of the Theotokos Canon. "He who sits in clouds" is for the Canon of the Akathist Hymn.

God: come, let us clap our hands together and glorify the God whom she bore.	بالأيدي مُقيمينَ هذا العيدَ الإلهيَّ الكليَّ الإكرام، الذي لوالدةِ الإله، ونُمجِدِ الإلهَ الذي وُلِدَ مِنْهَا.
Ode 7. The godly-minded children worshipped not the creature rather than the Creator, but trampling upon the threat of fire in manly fashion, they rejoiced and sang: O All-praised Lord and God of our Fathers, blessed art Thou.	(السابعة) إن الفتيّة المتألّهي العقول، لم يعبدوا الخليقة دون الخالق، بل وطنوا وعيد النار بشجاعة، فرتلوا فرحين: أيها الفائق التسبيح، مبارك أنت يا إله آبائنا.
<i>We praise, we bless, and we worship the Lord.</i> Ode 8. The three holy children in the furnace the Child of the Theotokos saved; then was the type, now is its fulfillment, and the whole world gathers to sing: ‘All ye works praise the Lord and magnify Him unto all ages.’	نُسبِحُ ونُبَارِكُ ونُسجُدُ للرب. (الثامنة) إن مولدَ والدةِ الإله قد حفظَ الفتيّة الأطهارَ في الأتونِ سالمين، إذ كان حينئذٍ مَرسوماً وأما الآن فقد حصلَ مفعولاً، فهو يُنهضُ المسكونة بأسرها إلى الترتيلِ هاتفة: يا جميع أعمالِ الربِّ سبِّحوا الربِّ، وزيدوه رفعةً على مدى الأذهار.
Deacon: The Theotokos and Mother of the Light let us honor and magnify in song.	الشماس: لوالدةِ الإله وأمِّ النورِ بالتسابيحِ نكرمُ مُعظِّمين.
MAGNIFICATIONS IN TONE FOUR	تَعْظِيمَات بِاللحنِ الرابعِ
My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. Refrain: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption didst bear God the Word, and art truly Theotokos, we magnify thee.	تَعْظِمُ نفسي الربِّ، وتبتهجُ روعي باللهِ مُخلصي. اللازمة: يا مَنْ هي أكرمُ مِنَ الشاروبيم، وأرفعُ مَجداً بغيرِ قياسٍ مِنَ السارافيم، التي مِنْ دونِ فسادٍ وُلدتْ كَلِمَةَ الله، حقاً أَنْكِ والدةُ الإلهِ إياكِ نُعظِّم.
For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. (Refrain)	لأنَّهُ نظرَ إلى تواضعِ أمتِهِ، فها منذُ الآنَ تُطوِّبُني جميعُ الأجيالِ. (اللازمة)
For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. (Refrain)	لأنَّ القديرَ صَنَعَ بي عَظائمَ وقُدوسَ اسمُهُ، ورَحْمَتُهُ إلى جيلٍ فجيلٍ للذينَ يَتَّقونَهُ. (اللازمة)
He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. (Refrain)	صَنَعَ عِزّاً بساعِدِهِ، وَشَتَّتَ المُتَكَبِّرِينَ بِذَهْنِ قُلُوبِهِمْ. (اللازمة)

<p>He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. <i>(Refrain)</i></p>	<p>حَطَّ الْمُقْتَدِرِينَ عَنِ الْكَرَاسِي وَرَفَعَ الْمُتَوَاضِعِينَ، مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهُمْ فَارغِينَ. (اللازمة)</p>
<p>He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. <i>(Refrain)</i></p>	<p>عَضَدَ إِسْرَائِيلَ فَتَاهُ لِيذْكَرَ رَحْمَتَهُ، كَمَا قَالَ لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الأَبَدِ. (اللازمة)</p>
<p>Ode 9. Let all the earth-born mortals rejoice in the Spirit, bearing their lamps. And let the nature of Bodiless Minds celebrate with honor the holy festival of the Mother of God, and cry out: ‘Hail! All-blessed, pure, and ever-virgin Theotokos!’</p>	<p>(التاسعة) كُلُّ الأَرْضِيِّينَ فَلْيَبْتَهِجُوا بِالرُّوحِ حَامِلِينَ المَصَابِيحَ، وَطَبِيعَةُ العُقُلِيِّينَ غَيْرِ الهَيُولِيِّينَ فَاتَّخِذْ قَلْبًا مَعًا، مُعَيَّدَةً لِمَوْسِمِ أُمِّ الإِلهِ الشَّرِيفِ وَهَاتِفَةً: إِفْرَحِي يَا وَالدَةَ الإِلهِ النَّقِيَّةَ، الدَائِمَةَ البَتُولِيَّةَ، وَالكَلْبِيَّةَ الطُوبَى.</p>
<p style="text-align: center;">THE LITTLE LITANY</p>	<p style="text-align: center;">الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى</p>
<p>Deacon: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Deacon: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الشماس: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمِ. الشماس: أَعْضُدْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يَا اللهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمِ. الشماس: بَعْدَ ذِكْرِنَا الكَلْبِيَّةَ القَدَّاسَةَ، الطَاهِرَةَ، الفَائِقَةَ البَرَكَاتِ المَجِيدَةِ، سَيِّدَتِنَا وَالدَةَ الإِلهِ الدَائِمَةَ البَتُولِيَّةَ مَرْيَمَ مَعَ جَمِيعِ القَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الإِلهِ. الجوق: لَكَ يَا رَبِّ. الكاهن: لِأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَاتِ السَّمَاوَاتِ، وَلَكَ يُرْسَلُونَ المَجْدَ أَيُّهَا الأبُ وَالإِبْنُ وَالرُّوحُ القُدُّسُ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. الجوق: آمِينَ.</p>
<p>Holy is the Lord our God. <i>(thrice)</i> Exalt ye the Lord our God, and worship at His footstool, for He is holy.</p>	<p>قُدُّوسٌ هُوَ الرَّبُّ إِلَهُنَا. (ثلاثًا) إِرْفَعُوا الرَّبَّ إِلَهُنَا، وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّ الرَّبَّ إِلَهُنَا قُدُّوسٌ هُوَ.</p>

<p style="text-align: center;">THE FIFTH EOTHINON EXAPOSTEILARION TONE TWO (*Upon that mount in Galilee*)</p>	<p style="text-align: center;">إكسابوستيلاري الإيوثينا الخامسة بالحن الثاني (*وزن لِنَفَقَ مع التلاميذ*)</p>
<p>When Christ, Who is the Life and Way, * rose from the dead, He traveled * with Cleopas and Luke, to whom * He was made known for certain, * when He broke bread at Emmaus; * yet they, even before this, * had found their hearts and souls ablaze * when He spake with them, walking * along the way, * and from Holy Writ explained what He suffered. * Let us with them cry: He arose * and He appeared to Peter.</p>	<p>إِنَّ الْمَسِيحَ الَّذِي هُوَ الطَّرِيقُ وَالْحَيَاةُ، مِنْ بَعْدِ قِيَامَتِهِ مِنْ بَيْنِ الْأَمْوَاتِ، رَافَقَ لَوْقَا وَكَلُوبَا اللَّذَيْنِ قَدْ عُرِفَ مِنْهُمَا فِي عِمَّوَسَ عِنْدَ كَسْرِ الخُبْزِ، وَاللَّذَيْنِ كَانَتْ قُلُوبُهُمَا وَنَفُوسُهُمَا مُلْتَهَبَةً عِنْدَمَا خَاطَبَهُمَا فِي الطَّرِيقِ، وَفَسَّرَ لَهُمَا الكُتُبَ عَن كُلِّ مَا اخْتَمَلَهُ. فَلنَهْتَفُ مَعَهُمَا صَارِخِينَ: حَقًّا لَقَدْ قَامَ الرَّبُّ، وَظَهَرَ لِپِطْرُسَ.</p>
<p style="text-align: center;">EXAPOSTEILARION & THEOTOKION FOR ST. ATHANASIUS IN TONE TWO (*While Thy disciples looked on Thee*)</p>	<p style="text-align: center;">الإكسابستلاريا وثيوطوكية للقديس أنثاسيوس بالحن الثاني (*رَأَى تلاميذك صاعداً*)</p>
<p>Arising like a morning star shining far off, * thou camest from the east to the western regions, * which thou hast enlightened with the brilliant rays * that thy great virtues shine abroad. * Cease not, O wise Athanasius, * to pray the Lord for the whole world.</p>	<p>لَقَدْ بَدَوْتَ مِنَ المَشَارِقِ بَارِغًا، بِمَثَابَةِ كَوْكَبِ سَاطِعِ الضِّيَاءِ، وَأَنْزَرْتَ أَنْحَاءَ المَغَارِبِ بِبَهَاءِ فَضَائِلِكَ يَا أَنثَاسِيُوسَ، فَلَا تَزَلْ مُتَشَقِّعًا إِلَى الرَّبِّ مِنْ أَجْلِ العَالَمِ.</p>
<p>O pure and hallowed Queen of all, through the pleadings * of thy much-honored suppliant Athanasius, * do thou now preserve and keep thy flock unscathed * from all kinds of adversity, * as it doth ever extol thee; * for thou protectest the whole world.</p>	<p>يَا مَلِكَةَ الكُلِّ الكُلِّيَّةِ النِّقَاوَةِ، بِتَوَسُّلَاتِ أَنثَاسِيُوسِ الجَزِيلِ الكَرَامَةِ مِنْكَ، إِحْفَظِي رَعِيَّتَكَ غَيْرَ مَلْمُوسَةٍ مِنْ كُلِّ مُضَادٍّ، الَّتِي تُسَبِّحُكَ عَلَى الدَّوَامِ، يَا شَفِيعَةَ العَالَمِ.</p>
<p style="text-align: center;">AINOI (PRAISES) IN TONE FOUR</p>	<p style="text-align: center;">الإينوس بالحن الرابع</p>
<p>Let everything that hath breath praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God, is due our song.</p>	<p>كُلُّ نَسَمَةٍ فَلتُسَبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللهُ.</p>
<p>Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.</p>	<p>سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قُوَاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللهُ.</p>
<p style="text-align: center;">For the Resurrection in Tone Four</p>	<p style="text-align: center;">للقيامه بالحن الرابع</p>
<p><i>Verse 1. This glory shall be to all His saints.</i> We glorify Thy Resurrection, O Lord Almighty, O Thou who sufferedst crucifixion and death and didst rise from the dead.</p>	<p><i>استنخن ١. هذا المجد يكون لجميع أنبراره.</i> نُجِّدُ انْبِعَاتَكَ أَيُّهَا الرَّبُّ القَادِرُ عَلَى كُلِّ شَيْءٍ، يَا مَنْ اخْتَمَلَ الصَّلْبَ وَالمَوْتَ، وَقَامَ مِنْ بَيْنِ</p>

	الأموات.
<p><i>Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.</i></p> <p>Thou hast freed us, O Christ, from the first curse. And by Thy Death Thou didst banish the insurgency of Diabolus prevailing over our nature. And in Thy Resurrection Thou didst fill all with joy. Wherefore, we cry to Thee, O Thou Lord, Who didst rise from the dead; glory to Thee.</p>	<p>استيخن ٢ . سَبِّحُوا اللَّهَ فِي قَدَيْسِيهِ، سَبِّحُوهُ فِي فَلَكِ قُوَّتِهِ.</p> <p>أَيُّهَا الْمَسِيحُ لَقَدْ أَعْتَقْتَنَا بِصَلِيبِكَ مِنَ اللَّعْنَةِ الْأُولَى، وَبِمَوْتِكَ ضَمَحْتَ تَمَرْدَ الْمَحَالِ الْمُتَسَلِّطِ عَلَى طَبِيعَتِنَا، وَبِقِيَامَتِكَ مَلَأْتَ الْكُلَّ فَرَحًا. فَلِذَا نَهَيْتُ نَحْوَك: يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، يَا رَبُّ الْمَجْدُ لَكَ.</p>
<p><i>Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness.</i></p> <p>O Christ Savior, Who didst rise from the dead, lead us by Thy Cross to Thy right hand, and save us from the gins of the enemy. Stretch forth Thine arm and raise us who are fallen in sins; through the intercession of Thy saints, O Lord, the Lover of mankind.</p>	<p>استيخن ٣ . سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ نَظِيرَ كَثْرَةِ عَظَمَتِهِ.</p> <p>أَيُّهَا الْمَسِيحُ الْمُخَلِّصُ، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، إِهْدِنَا بِصَلِيبِكَ إِلَى حَقِّكَ، وَنَجِّنَا مِنْ فِخَاخِ الْعَدُوِّ، وَامْدُدْ سَاعِدَكَ، وَأَنْهَضْنَا نَحْنُ السَّاقِطِينَ فِي الْخَطَايَا، بِشَفَاعَةِ قَدَيْسِيكَ أَيُّهَا الرَّبُّ الْمُحِبُّ الْبَشَرَ.</p>
<p><i>Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp.</i></p> <p>O Only Son of God, Thou didst come to earth, but wast not separated from the Paternal bosom; and because of Thy love to mankind Thou didst become unchangeable man. Thou didst suffer crucifixion and death in the flesh, O Thou Who in Thy Divinity suffereth not. Thou didst rise from the dead, granting mankind immortality; for Thou alone art Almighty.</p>	<p>استيخن ٤ . سَبِّحُوهُ بِالْحَنِّ الْبُوقِ، سَبِّحُوهُ بِالْمِزْمَارِ وَالْقَيْثَارَةِ.</p> <p>يَا كَلِمَةَ اللَّهِ الْوَحِيدِ، لَقَدْ وَاقَيْتَ إِلَى الْأَرْضِ وَلَمْ تَنْفَصِلْ عَنِ الْأَحْضَانِ الْأَبَوِيَّةِ. وَمِنْ أَجْلِ مَوَدَّتِكَ لِلْأَنَامِ صِرْتَ إِنْسَانًا خُلُوعًا مِنْ اسْتِحَالَةٍ، وَاحْتَمَلْتَ الصَّلْبَ وَالْمَوْتَ بِالْجَسَدِ، يَا مَنْ هُوَ بِلَاهُوتِهِ غَيْرُ مُتَأَلِّمٍ، وَقُمْتَ مِنْ بَيْنِ الْأَمْوَاتِ، وَمَنْحْتَ جِنْسَ الْبَشَرِ عَدَمَ الْمَوْتِ، بِمَا أَنْتَ قَادِرٌ عَلَى كُلِّ شَيْءٍ وَحْدَكَ.</p>
<p>For St. Athanasius in Tone Eight (**O strange wonder**)</p>	<p>لِلْقَدَيْسِ أَثَنَاسِيُوسَ بِالْحَنِّ الثَّامِنِ (* يا له من عجب غريب *)</p>
<p><i>Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.</i></p> <p>Truly precious in Thy sight, O Christ, * hath been the death of Thy Saint; * for, behold, even after death, * how Thy servant wondrously * hath gushed forth from his holy foot * a spring of blood, which doth ever drive away * all</p>	<p>استيخن ٥ . سَبِّحُوهُ بِالطَّبْلِ وَالْمَصَافِ، سَبِّحُوهُ بِالْأُوتَارِ وَآلَةِ الطَّرَبِ.</p> <p>لَقَدْ حَصَلَ كَرِيمًا لَدَيْكَ بِالْحَقِيقَةِ، مَوْتُ بَارِكِ أَيُّهَا الْمَسِيحُ، فَهَا إِنَّ خَادِمَكَ قَدْ أَفَاضَ مِنْ قَدَمِهِ يَنْبُوعَ</p>

<p>kinds of sickness; and it doth put to flight * spirits of wickedness, * which this blessed man while yet alive on earth * fought against with bold resistance even unto blood.</p>	<p>ماءٍ حَتَّى بَعْدَ الْمَوْتِ، مُزِيلاً كُلَّ سَقَمٍ، وَطَارِداً الأَرْوَاحَ الشَّرِيرَةَ، الَّتِي كَانَ يُحَارِبُهَا وَهُوَ حَيًّا، مُجَاهِداً حَتَّى الدَّمِ.</p>
<p><i>Verse 6. Praise Him upon the loud cymbals; praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord. Truly precious in Thy sight, O Christ, * hath been the death of Thy Saint ... (repeat above)</i></p>	<p>اسْتِيخِن ٦ . سَبِّحُوهُ بِنَغَمَاتِ الصُّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ، كُلُّ نَسَمَةٍ فَلْتَسَبِّحِ الرَّبَّ. لَقَدْ حَصَلَ كَرِيماً لَدَيْكَ بِالْحَقِيقَةِ ...</p>
<p><i>Verse 7. Precious in the sight of the Lord is the death of His saint.</i> Christ the Lord hath shown us mortal men * thy relics' venerable shrine * as a fountain of miracles * and a river filled with gifts, * Athanasius supremely wise. * For it hath granted their sight unto the blind * and hath purged elephantiasis away; * it cleanseth leprosy; * and those vexed with unclean spirits are set free * from the demons' power and they are made sound and whole.</p>	<p>اسْتِيخِن ٧ . كَرِيمٌ لَدَى الرَّبِّ مَوْتُ بَارِهِ. يَا أَثَنَاسِيوسُ الكَلْبِيُّ الحَكِيمَةَ، إِنَّ الرَّبَّ قَدْ أَوْضَحَ لِلبَشَرِ مُسْتَوْدَعَ بَقَايَاكَ، يَنْبوعًا لِلعَجَائِبِ، وَنَهْرًا لِلْمَوَاهِبِ. فَهُوَ يَمْنَحُ البَصَرَ لِلْعُمْيَانِ، وَقَدْ طَهَّرَ البُرْصَ، وَأَمَّا المَأخُودُونَ مِنَ الأَرْوَاحِ النَّجِسَةِ، فَأَنْقَذَهُمْ مِنْ سُلْطَتِهَا، وَجَعَلَهُمْ مُسْتَأْنِسِينَ.</p>
<p><i>Verse 8. Blessed is the man that feareth the Lord.</i> Rejoice, adornment of ascetic Saints; * rejoice, thou bright star of monks, * boast of shepherds, O ven'erable * Father Athanasius, thou * fellow dweller with all the just; * rejoice, thou well-spring of love and chastity; * rejoice, abode of the Holy Trinity; * rejoice, brightly shining lamp * of divine discernment in all things; rejoice, * upright rule of virtues and pillar endowed with life.</p>	<p>اسْتِيخِن ٨ . مَبَارِكُ الرَّجُلِ الَّذِي يَتَّقِي الرَّبَّ. اإْفْرَحْ يَا بَهْجَةَ النَّسَاكِ، وَكَوْكَبَ الْمُتَوَجِّدِينَ، وَفَخْرَ الرُّعَاةِ، أَيُّهَا الأبُّ أَثَنَاسِيوسُ المُسَاكِنِ الأَبْرَارِ. اإْفْرَحْ يَا يَنْبوعَ المَحَبَّةِ وَالعَفَافِ. اإْفْرَحْ يَا مَحَلًّا لِلتَّالُوثِ. اإْفْرَحْ يَا مِضْبَاحًا لِلتَّمْيِيزِ كُلِّي البَهَاءِ. اإْفْرَحْ يَا قَانُونًا لِلْفَضَائِلِ قَوِيماً، وَعَمُودًا حَيًّا نَاطِقًا.</p>
<p>THE FIFTH EOTHINON DOXASTICON IN TONE FIVE</p>	<p>نوكسا الإيوثينا الخامسة باللحن الخامس</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> O the wisdom of Thy judgments, O Christ! For how is it that Thou gavest Peter to understand Thy Resurrection by Thy burial clothes alone, yet while accompanying Luke and Cleopas Thou didst converse with them, and while conversing, didst not reveal Thyself straightway? Hence, Thou wast reproached as</p>	<p>المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ القُدْسِ. مَا أَعْجَبَ أَحْكَامَكَ الحَكِيمَةَ أَيُّهَا المَسِيحُ، كَيْفَ مَنَحْتَ بُطْرُسَ أَنْ يَفْهَمَ قِيَامَتَكَ بِالْأَكْفَانِ وَحَدَهَا. وَأَمَّا لُوقَا وَكَلَاوِبَا فَخَاطَبْتَهُمَا مُرَافِقًا، وَإِذْ خَاطَبْتَهُمَا لَمْ تُظْهِرْ لَهُمَا نَفْسَكَ فِي الحِينِ. وَلِذَلِكَ عَيَّرْتَ</p>

<p>though Thou alone wert a stranger in Jerusalem, who knew not what had come to pass therein of late. But since Thou ordainest all things to the profit of Thy creation, Thou didst both expound the prophecies concerning Thee, and in the blessing of the bread wast made known to them, whose hearts even beforehand were burning to know Thee. Now they also, when the disciples were gathered together, loudly proclaimed Thy Resurrection; whereby do Thou have mercy on us.</p>	<p>مِنْهُمَا، كَأَنَّكَ وَحَدَاكَ غَرِيبٌ مِنْ أورشليمَ، إِذْ لَمْ تَعْلَمْ مَا جَرَى فِيهَا أَخِيرًا. لَكِنْ بِمَا أَنَّكَ تَدْبِرُ كُلَّ الْأَشْيَاءِ بِمَا يُوَافِقُ جِبَلَتَكَ، فَسَرْتَ لَهُمَا مَا نَطَقْتَ بِهِ الْأَنْبِيَاءُ عَنْكَ. وَعِنْدَ كَسْرِ الْخُبْزِ عَرَفَاكَ، بَعْدَ أَنْ كَانَتْ قُلُوبُهُمَا، قَبْلَ ذَلِكَ، مُتَّهَبَةً إِلَى مَعْرِفَتِكَ. وَهُمَا لَمَّا اجْتَمَعَا بِالتَّلَامِيذِ، كَرَّرَا بِقِيَامَتِكَ عَلَانِيَةً، فَبِهَا ارْحَمْنَا.</p>
<p>THEOTOKION IN TONE FIVE</p>	<p>ثيوطوكية باللحن الخامس</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ. أَنْتِ هِيَ الْفَائِزَةُ عَلَى كُلِّ الْبَرَكَاتِ، يَا وَالِدَةَ الْإِلَهِ الْعَذْرَاءِ، لِأَنَّ الْجَحِيمَ قَدْ سُبِّتَ بِوَاسِطَةِ الْمُتَجَسِّدِ مِنْكَ، وَآدَمَ دُعِيَ ثَانِيَةً، وَاللَّعْنَةَ بَادَتْ، وَحَوَاءَ انْعَتَقَتْ، وَالْمَوْتَ أُمِيتَ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ نُسَبِّحُ هَاتِفِينَ: مُبَارِكُ أَنْتِ أَيُّهَا الْمَسِيحُ إِلَهُنَا، يَا مَنْ هَكَذَا سُرَّ، الْمَجْدُ لَكَ.</p>
<p>THE GREAT DOXOLOGY IN TONE FIVE</p>	<p>الذوكصولوجيا الكبرى باللحن الخامس</p>
<p>Glory to Thee, Who hast shown forth the light. Glory to God in the highest, and on earth peace, good will among men.</p>	<p>الْمَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، الْمَجْدُ لِلَّهِ فِي الْعَلَاءِ، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ.</p>
<p>We hymn Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.</p>	<p>نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.</p>
<p>O Lord King, heavenly God, Father almighty; O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit.</p>	<p>أَيُّهَا الرَّبُّ الْمَلِكُ، السَّمَاوِيُّ، الْإِلَهُ، الْآبُ الضَّابِطُ الْكُلَّ. أَيُّهَا الرَّبُّ الْإِبْنُ الْوَحِيدُ، يَا يَسُوعَ الْمَسِيحُ، وَيَا أَيُّهَا الرُّوحُ الْقُدُّسُ.</p>
<p>O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.</p>	<p>أَيُّهَا الرَّبُّ الْإِلَهُ، يَا حَمَلَ اللَّهِ يَا ابْنَ الْآبِ، يَا رَافِعَ خَطِيئَةَ الْعَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا الْعَالَمِ.</p>
<p>Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.</p>	<p>تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الْجَالِسُ عَنْ يَمِينِ الْآبِ وَارْحَمْنَا.</p>

For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.	لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ الْمَسِيحُ، فِي مَجْدِ اللَّهِ الْآبِ، آمِينَ.
Every day will I bless Thee, and I will praise Thy name forever, yea forever and ever.	فِي كُلِّ يَوْمٍ أَبَارِكُكَ، وَأَسْبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى أَبَدِ الْأَبَدِ.
Vouchsafe, O Lord, to keep us this day without sin.	أَهْلُنَا يَا رَبُّ أَنْ نُحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord, the God of our Fathers, and praised and glorified is Thy name forever. Amen.	مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبَّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الْأَبَدِ، آمِينَ.
Let Thy mercy be upon us, O Lord, even as we have set our hope on thee.	لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا تَكُنْ عَلَيْكَ.
Blessed art Thou, O Lord; teach me Thy statutes. (<i>thrice</i>)	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثلاثاً)
Lord, thou hast been our refuge from generation to generation. I said: Lord, be merciful unto me; heal my soul, for I have sinned against Thee.	يَا رَبُّ مَلْجَأٌ كُنْتَ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَأَشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ إِلَيْكَ.
Lord, I have fled unto Thee; teach me to do Thy will, for Thou art my God.	يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.
For with Thee is the fountain of life; in Thy light shall we see light.	لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايِنُ النُّورَ.
O continue Thy mercy unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>)	فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثلاثاً)
Glory to the Father, and to the Son, and to the Holy Spirit.	الْمَجْدُ لِلْآبِ وَالِابْنِ وَالرُّوحِ الْقُدُّوسِ.
Both now and ever, and unto ages of ages. Amen.	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.
Holy Immortal, have mercy on us.	قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
TROPARION IN TONE FOUR	طَرُوبَارِيَّةٌ بِاللَّحْنِ الرَّابِعِ
Today is Salvation come into the world. Let us sing praises to Him Who arose from the grave, the Author of our life; for having by death destroyed death, He hath given us victory and	الْيَوْمَ صَارَ الْخَلَاصُ لِلْعَالَمِ فَلنُسَبِّحِ الَّذِي قَامَ مِنَ الْقَبْرِ، عُنُصَرَ حَيَاتِنَا، لِأَنَّهُ إِذْ قَدْ حَطَّمَ الْمَوْتَ

Great Mercy.

بِالْمَوْتِ، مَنَحْنَا الظَّفَرَ وَالرَّحْمَةَ الْعُظْمَى.

*These texts have been prepared by **Department of Liturgics of the Antiochian Archdiocese***

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