

ORTHROS ON SUNDAY, DECEMBER 07, 2025; TONE 1 / EOTHINON 4**AMBROSE, BISHOP OF MILAN**

MARTYR ATHENODOROS OF MESOPOTAMIA;

VENERABLE GREGORY, FOUNDER OF GREGORIOU MONASTERY ON ATHOS

Priest: Blessed is our God, always, now and ever, and unto the ages of ages.	الكاهن: تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
Priest: Glory to Thee, our God, glory to Thee. O heavenly King, the Comforter, Spirit of Truth, Who art in all places, and fillest all things, Treasury of good things, and Giver of life, come, and dwell in us, and cleanse us from every stain; and save our souls, O good One.	الكاهن: الْمَجْدُ لَكَ يَا إِلَهُنَا الْمَجْدُ لَكَ. أَيُّهَا الْمَلِكُ السَّمَاوِيِّ، الْمُعَزِّي، رُوحَ الْحَقِّ، الْحَاضِرُ فِي كُلِّ مَكَانٍ وَالْمَالِيُ الْكُلِّ، كُنْزُ الصَّالِحَاتِ، وَرَازِقُ الْحَيَاةِ، هَلُمَّ وَاسْكُنْ فِيْنَا وَطَهِّرْنَا مِنْ كُلِّ نَجَسٍ، وَخَلِّصْ أَيُّهَا الصَّالِحُ نَفُوسَنَا.
Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>)	القارئ: قُدُّوسُ اللهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ، اِرْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.	أَيُّهَا الثَّلَاثُ الْقُدُّوسُ اِرْحَمْنَا، يَا رَبُّ اغْفِرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَنْ سَيِّئَاتِنَا، يَا قُدُّوسُ اطَّلِعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ.
Lord, have mercy. (<i>thrice</i>)	يَا رَبُّ اِرْحَمْ. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِيَتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ، خُبِّرْنَا الْجَوْهَرِيَّ أَعْطِنَا الْيَوْمَ، وَاتْرُكْ لَنَا مَا عَلَيْنَا كَمَا نَتْرُكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِّيرِ.
Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.	الكاهن: لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Reader: Amen. O Lord, save Thy people and	القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ،

<p>bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.</p>	<p>وَأَمْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلِيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p> <p>Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ.</p> <p>يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَاراً، أَيُّهَا الْمَسِيحُ الإِلَهَ، أَمْنَحْ رَأْفَتَكَ لِشَعْبِكَ الْجَدِيدِ الْمُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ، مَانِحاً إِيَّاهُمْ الْعَلْبَةَ عَلَى مُحَارِبِيهِمْ. لِيَتَكُنْ لَهُمْ مَعُونَتُكَ سِلَاحاً لِلسَّلَامِ، وَظَفَراً غَيْرَ مَقْهُورٍ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>O fearsome champion, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>أَيُّهَا الشَّفِيعَةُ الرَّهِيْبَةُ غَيْرُ الْمَخْذُولَةِ، يَا وَالِدَةُ الإِلَهِ الْكَلِيَّةِ التَّسْبِيحِ، لَا تُعْرِضِي يَا صَالِحَةً عَنْ تَوْسُلَاتِنَا، بَلْ وَطِّدِي سِيرَةَ الْمُسْتَقِيمِي الرَّأْيِ، وَخَلِّصِي الَّذِينَ أَمَرْتَ أَنْ يَتَمَلَّكُوا، وَأَمْنَحِيهِمُ الْعَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنَّكَ وَلَدْتَ الإِلَهَ، أَيُّهَا الْمُبَارَكَةُ وَحْدَكَ.</p>
<p>LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ</p>
<p>Priest: Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.</p>	<p>الكاهن: إِرْحَمْنَا يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.</p>
<p>Choir: Lord, have mercy. (<i>thrice</i>) (use this response until noted below)</p>	<p>الجوقة: يَا رَبُّ ارْحَمْ. (ثَلَاثًا) (تُعَادُ بَعْدَ كُلِّ طَّلِبَةٍ)</p>
<p>Priest: Again we pray for all pious and Orthodox Christians.</p>	<p>الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ الْحَسَنِيِّ الْعِبَادَةِ الْأَرْتُوذُكْسِيِّينَ.</p>
<p>Priest: Again we pray for our father and metropolitan, N., (our bishop, N.) and all our brotherhood in Christ.</p>	<p>الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ أَبِينَا وَمِتْرُوبُولِيَّتِنَا (فُلَانٍ) وَرَّئِيسِ كَهَنَتِنَا (فُلَانٍ)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.</p>
<p>Priest: For thou art a merciful God and lovest mankind, and unto thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.</p>	<p>الكاهن: لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُسُ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p>
<p>Choir: Amen. Bless, Father, in the Name of the Lord.</p>	<p>الجوقة: آمِينَ. بِاسْمِ الرَّبِّ بَارِكْ يَا أَبَ.</p>

<p>Priest: Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and ever, and unto ages of ages.</p>	<p>الكاهن: المَجْدُ لِلثَّالُوثِ الْقُدُّوسِ، الْمُتَسَاوِي فِي الْجَوْهَرِ، الْمُحْيِي، غَيْرِ الْمُنْقَسِمِ، كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرٍ الدَّاهِرِينَ.</p>
<p>Choir: Amen.</p>	<p>الجوقة: آمين.</p>
<p>Reader: Glory to God in the highest, and on earth peace, goodwill among men. <i>(thrice)</i> O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. <i>(twice)</i></p>	<p>القارئ: المَجْدُ لِلَّهِ فِي الْعُلَى، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ. <i>(ثَلَاثًا)</i> يَا رَبُّ افْتَحْ شَفَتَيَّ فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ. <i>(مَرَّتَيْنِ)</i></p>
<p>PSALM 3</p>	<p>المزمور ٣</p>
<p>O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people. I laid me down and slept; I awoke, for the Lord will help me.</p>	<p>يَا رَبُّ لِمَاذَا كَثُرَ الَّذِينَ يُحْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَصَ لَهُ بِاللَّهِ. وَأَنْتَ يَا رَبُّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَنْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ الْمُحِيطِينَ بِي، الْمُتَوَازِينَ عَلَيَّ. فُمْ يَا رَبُّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ ضَرَبْتَ كُلَّ مَنْ يُعَايِنُنِي بَاطِلًا، وَسَحَقْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَاتُكَ. أَنَا رَقَنْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.</p>
<p>PSALM 37</p>	<p>المزمور ٣٧</p>
<p>O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is</p>	<p>يَا رَبُّ، لَا بَغْضَبِكَ تُؤَبِّخْنِي، وَلَا بِرِجْزِكَ تُؤَذِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقُلَتْ عَلَيَّ. قَدْ أَنْتَنَتْ وَقَاحَتْ جِرَاحَاتِي مِنْ قِبَلِ جَهَالَتِي. شَقِيتُ وَانْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِيٍّ وَلَيْسَ لِجَسَدِي شِفَاءٌ.</p>

no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my

شَقِيتُ وَأَتَضَعْتُ جِدًّا، وَكُنْتُ أَثْنُ مِنْ تَتَهَّدُ قَلْبِي. يَا رَبُّ، إِنَّ بُغْيَتِي كُلَّهَا أَمَامَكَ، وَتَتَهَّدِي لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورُ عَيْنَيَّ أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيَّ، وَجَنَسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدَنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَغَشُوشًا طُولَ النَّهَارِ دَرَسُوا. أَمَّا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهَهُ. وَصِرْتُ كإِنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لَأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَالْهِي. لَأَنِّي قُلْتُ لَا يَشْمَتُ بِي أَعْدَائِي، وَعِنْدَمَا زِلْتُ قَدَمَايَ عَظَّمُوا عَلَيَّ الْكَلَامَ. لَأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لَأَنِّي أَنَا أَخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ خَطِيئَتِي. أَمَّا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَارُونِي بَدَلَ الْخَيْرِ شَرًّا، مَحَلُّوا بَنِي لَأَجْلِ ابْتِغَائِي الصَّلَاحَ. فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

المزمور ٦٢

يَا اللَّهُ إِلَهِي إِلَيْكَ أَبْتَكَرُ. عَطِشْتُ إِلَيْكَ نَفْسِي، وَاشْتَأَقَ إِلَيْكَ جَسَدِي، فِي أَرْضٍ بَرِّيَّةٍ وَغَيْرِ مَسْلُوكَةٍ وَعَايِمَةِ الْمَاءِ. هُكَذَا ظَهَرْتُ لَكَ فِي الْقُدْسِ لِأَعَايِنَ قُوَّتِكَ وَمَجْدَكَ. لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الْحَيَاةِ، وَشَفَتِي تُسَبِّحَانِكَ. هُكَذَا أُبَارِكُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمَتَّلِي نَفْسِي كَمَا مِنْ

<p>soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.</p> <p>At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.</p>	<p>شَحْمٍ وَدَسَمٍ، وَبِشْفَاهِ الْإِبْتِهَاجِ يُسَبِّحُكَ فَمَي. إِذَا نَكَرْتُكَ عَلَى فِرَاشِي، هَذَنْتُ بِكَ فِي الْأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِر. اِلْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينُكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي بَاطِلًا، فَسَيَدْخُلُونَ فِي أَسَافِلِ الْأَرْضِ، وَيُدْفَعُونَ إِلَى أَيْدِي السُّيُوفِ، وَيَكُونُونَ أَنْصِبَةً لِلشَّعَالِ. أَمَّا الْمَلِكُ فَيَسِرُّ بِاللَّهِ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ بِهِ، لِأَنَّهُ قَدْ سَدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ.</p> <p>هَذَنْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا، وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِر. اِلْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينُكَ.</p>
<p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</p> <p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (<i>thrice</i>)</p> <p>Lord, have mercy. (<i>thrice</i>)</p> <p>Glory to the Father, and to the Son, and to the Holy Spirit.</p>	<p>الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)</p> <p>يَا رَبِّ ارْحَم. (ثَلَاثًا)</p> <p>الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ.</p>
<p>PSALM 87</p>	<p>المزمور ٨٧</p>
<p>Both now and ever, and unto ages of ages. Amen.</p> <p>O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou</p>	<p>الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أُمَامَكَ، فَلَتَنَخُلُ قُدَامَكَ صَلَاتِي، أَمِلْ أُنْتُكَ إِلَى طَلِبَتِي، فَقَدْ امْتَلَأْتُ مِنَ الشُّرُورِ نَفْسِي، وَدَنْتُ مِنَ الْجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ الْمُنْحَدِرِينَ فِي الْجُبِّ، صِرْتُ مِثْلَ إِنْسَانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ الْأَمْوَاتِ مِثْلَ الْقَتْلَى الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا تَذْكُرُهُمْ أَيْضًا، وَهُمْ مِنْ يَدِكَ مُقْصُونَ. جَعَلُونِي فِي جُبِّ أَسْفَلِ السَّافِلِينَ، فِي ظُلُمَاتِ الْمَوْتِ</p>

brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto

وَضَلَالِهِ. عَلَيَّ اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوَالِكَ أَجَزَّتْهَا عَلَيَّ. أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ رَجَاسَةً. قَدْ أَسْلَمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتَا مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ وَإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلَعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ الْعَجَائِبَ؟ أَمْ الْأَطِبَّاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ يُحَيِّتُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟ هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبُكَ، وَعَدْلُكَ فِي أَرْضٍ مَنَسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبْلُغْكَ فِي الْغَدَاةِ صَلَاتِي. لِمَذَا، يَا رَبُّ، تُقْصِي نَفْسِي وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ شَبَابِي، وَحِينَ ارْتَفَعْتُ اتَّضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ جَازَ رِجْزُكَ، وَمُفْزِعَاتُكَ أَرْعَجْتَنِي. أَحَاطَتْ بِي كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَفَفْتَنِي مَعًا. أَبْعَدْتَ عَنِّي الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلَتَدْخُلْ قُدَامَكَ صَلَاتِي، أَمِلْ أُنْتُكَ إِلَى طَلِبَتِي.

المزمور ١٠٢

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي اسْمُهُ الْقُدُّوسُ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي جَمِيعَ مُكَافَأَتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي يَشْفِي جَمِيعَ أَمْرَاضِكَ، الَّذِي يُنَجِّي مِنَ الْفَسَادِ حَيَاتِكَ، الَّذِي يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ بِالْخَيْرَاتِ شَهْوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ. الرَّبُّ صَانِعُ الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ الْمَظْلُومِينَ.

the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness

عَرَفَ مُوسَى طُرْقَهُ، وَبَنِي إِسْرَائِيلَ مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوْفٌ، طَوِيلُ الْأَنَاءِ وَكَثِيرُ الرَّحْمَةِ، لَيْسَ إِلَى الْإِنْقِضَاءِ يَسْخَطُ، وَلَا إِلَى الدَّهْرِ يَحْقِدُ. لَا عَلَى حَسَبِ آثَامِنَا صَنَعَ مَعَنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا جَازَانَا. لِأَنَّهُ بِمِقْدَارِ ارْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ، قَوَى الرَّبُّ رَحْمَتَهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ الْمَشْرِقِ مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَّفُ الْأَبُ بِالْبَنِينَ، يَتَرَأَّفُ الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جَبَلَتَنَا وَنَكَرَ أَنَّنَا تُرَابٌ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ وَكَزَهْرِ الْحَقْلِ كَذَلِكَ يُزْهَرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ الرِّيحُ لَيْسَ يَثْبُتُ وَلَا يُعْرِفُ أَيْضًا مَوْضِعَهُ. أَمَّا رَحْمَةُ الرَّبِّ فَهِيَ مُنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أَبْنَاءِ الْبَنِينَ الْحَافِظِينَ عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَّا عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ بِقُوَّةٍ، الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَّامَهُ الْعَامِلِينَ إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعٍ سَيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ. فِي كُلِّ مَوْضِعٍ سَيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

المزمور ١٤٢

يَا رَبُّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَيَّ طَلِبْتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتَزَكَّى أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَذَلَّ إِلَى

<p>as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.</p>	<p>الأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتِ مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ. هَذَنْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَارِضٍ لَا تَمُطِرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبُّ، فَقَدْ فَنِيَتْ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأُشَابِهَ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي الْعِدَاةِ مُسْتَمِعًا رَحْمَتَكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبُّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلِّمْنِي أَنْ أَعْمَلَ مَرْضَاتَكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبُّ، تُحْيِينِي. بَعْدَكَ تُخْرِجُ مِنَ الْحُزَنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.</p>
<p>Hearken unto me, O Lord, in Thy righteousness and enter not into judgment with Thy servant. (twice)</p> <p>Thy good Spirit shall lead me in the land of uprightness.</p>	<p>إِسْتَجِبْ لِي بَعْدَكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ. (مَرَّتَيْنِ)</p> <p>روحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.</p>
<p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</p> <p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (thrice)</p> <p>O our God and our Hope, glory to Thee!</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>هَلِّلُويا، هَلِّلُويا، هَلِّلُويا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)</p> <p>يَا إِلَهَنَا وَرَجَاءَنَا الْمَجْدُ لَكَ.</p>
<p>THE GREAT LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الْكُبْرَى</p>
<p>Priest: In peace, let us pray to the Lord.</p>	<p>الكاهن: بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Choir: Lord, have mercy. (use this response until noted below)</p>	<p>الجوقة: يَا رَبُّ ارْحَمِ. (تُعَادُ بَعْدَ كُلِّ طَّلِبَةٍ)</p>
<p>Priest: For the peace from above and the salvation of our souls, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى وَخَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.</p>

Priest: For the peace of the whole world, the good estate of the holy churches of God and the union of all, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ سَلامِ كُلِّ العالَمِ، وَحُسْنِ ثَباتِ كَنائِسِ اللَّهِ المُقَدَّسَةِ، وَاتِّحادِ الجَميعِ، إلى الرَّبِّ نَطلُبُ.
Priest: For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هذا البَيتِ المُقَدَّسِ، وَالَّذينَ يَدْخُلُونَ إِلَيهِ بِإِيمانٍ وَوَرَعَ وَخَوْفِ اللَّهِ، إلى الرَّبِّ نَطلُبُ.
Priest: For our father and metropolitan, N., (our bishop, N.,) the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ أبينا وَمِثْرَوبوليتا (فلان) ورَئيسِ كَهَنَتِنا (فلان)، وَالكَهَنَةَ المُكْرَمينَ، وَالشَّمامِسَةَ، خُدَّامِ المَسيحِ، وَجَميعِ الإكليرُوسِ والشَّعْبِ، إلى الرَّبِّ نَطلُبُ.
Priest: For our country, its president (or appropriate head of state), civil authorities and armed forces, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ حُكَّامِ هذا البَلَدِ وَمُؤازَرَتِهِمْ في كُلِّ عَمَلٍ صالِحٍ، إلى الرَّبِّ نَطلُبُ.
Priest: For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذِهِ المَدينَةِ، وَجَميعِ المُدُنِ وَالقُرى، وَالْمُؤمِنينَ السَّاكِنينَ فيها، إلى الرَّبِّ نَطلُبُ.
Priest: For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ اعتِدالِ الأَهلِيَّةِ، وَخُصبِ ثَمارِ الأَرضِ وَأَوقاتِ سَلامِيَّةٍ، إلى الرَّبِّ نَطلُبُ.
Priest: For travelers by sea, by land and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ المُسافِرينَ في البَحرِ والبَرِّ والجَوِّ، وَالمرضى والمُتألِّمينَ والأسرى، وَخَلاصِهِمْ، إلى الرَّبِّ نَطلُبُ.
Priest: For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ نَجاتِنا مِنْ كُلِّ ضيقٍ وَغَضَبٍ وَخَطرٍ وَشِدَّةٍ إلى الرَّبِّ نَطلُبُ.
Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.	الكاهن: أَعِضُدْ وَخَلِّصْ وارْحَمْ واحفَظْنا يا اللَّهُ بِنِعَمَتِكَ.
Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.	الكاهن: بَعْدَ تَكرِنا الكَلِيَّةِ القَداسَةِ الطَّاهِرَةِ الفائِقَةِ البَرَكاتِ المَجيِّدةِ، سَيِّدَتِنا وَالِدَةِ الإلهِ الدَّائِمَةِ البَتُولِيَّةِ مَريمَ، مَعَ جَميعِ القَدِّيسينَ، لِنُودِعَ أَنْفُسَنا وَبَعْضُنا بَعْضاً وَكُلَّ حَياتِنا لِلْمَسيحِ الإلهِ.
Choir: To Thee, O Lord.	الجوقة: لَكَ يا رَبِّ.
Priest: For unto thee are due all glory, honor	الكاهن: لِأَنَّهُ يَتَبَغِي لَكَ كُلُّ تَماجيدٍ وإِكرامٍ وَسُجودٍ،

and worship, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.	أَيُّهَا الْآبَ وَالْإِبْنَ وَالرُّوحَ الْقُدُسَ، الْآنَ وَكُلَّ أَوَانٍ وَالِى دَهْرٍ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
“GOD IS THE LORD” IN TONE ONE	"الله الرَّبُّ" بِاللَّحْنِ الْأَوَّلِ
Choir: God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. (<i>Repeat after verses</i>)	الجوق: اللهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تَعَادُ بَعْدَ الْإِسْتِخُونَاتِ)
1. O give thanks unto the Lord, and call upon His holy Name.	١. إِعْتَرِفُوا لِلرَّبِّ وَادْعُوا بِاسْمِهِ الْقُدُّوسِ.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.	٢. كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ قَهَرْتُهُمْ.
3. This is the Lord's doing; it is marvelous in our eyes.	٣. مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.
RESURRECTIONAL APOLYTIKION IN TONE ONE	أَبُولِيتِيكيون القيامة باللحن الأول
While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.	إِنَّ الْحَجَرَ لَمَّا خُتِمَ مِنَ الْيَهُودِ، وَجَسَدَكَ الطَّاهِرَ حُفِظَ مِنَ الْجُنْدِ، قُمْتَ فِي الْيَوْمِ الثَّالِثِ أَيُّهَا الْمُخَلِّصُ، مَانِحاً الْعَالَمَ الْحَيَاةَ. لِذَلِكَ قَوَّاتُ السَّمَاوَاتِ، هَتَفُوا إِلَيْكَ يَا وَاهِبَ الْحَيَاةِ: الْمَجْدُ لِقِيَامَتِكَ أَيُّهَا الْمَسِيحُ، الْمَجْدُ لِمُلْكِكَ، الْمَجْدُ لِتَدْبِيرِكَ، يَا مُحَبَّ الْبَشَرِ وَحَذَاكَ.
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.	الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ. إِنَّ الْحَجَرَ لَمَّا خُتِمَ مِنَ الْيَهُودِ، وَجَسَدَكَ الطَّاهِرَ حُفِظَ مِنَ الْجُنْدِ، قُمْتَ فِي الْيَوْمِ الثَّالِثِ أَيُّهَا الْمُخَلِّصُ، مَانِحاً الْعَالَمَ الْحَيَاةَ. لِذَلِكَ قَوَّاتُ السَّمَاوَاتِ، هَتَفُوا إِلَيْكَ يَا وَاهِبَ الْحَيَاةِ: الْمَجْدُ لِقِيَامَتِكَ أَيُّهَا الْمَسِيحُ، الْمَجْدُ لِمُلْكِكَ، الْمَجْدُ لِتَدْبِيرِكَ، يَا مُحَبَّ الْبَشَرِ وَحَذَاكَ.
RESURRECTIONAL THEOTOKION IN TONE ONE	وَالِدِيَّةُ الْقِيَامَةِ بِاللَّحْنِ الْأَوَّلِ
<i>Both now and ever, and unto ages of ages. Amen.</i> As Gabriel cried unto thee, “Hail, O Virgin,”	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرٍ الدَّاهِرِينَ. آمِينَ إِنَّ جِبْرَائِيلَ لَمَّا تَقَوَّهَ نَحْوُكَ أَيَّتُهَا الْعَذْرَاءُ بِالسَّلَامِ،

<p>with that cry did the Lord of all become incarnate in thee, O holy ark, as spake the righteous David; and Thou wast revealed as more spacious than the heavens, in that thou bore thy Creator. Wherefore, glory to Him Who abode in thee; glory to Him Who came from thee; glory to Him, Who through thy birth-giving hath set us free.</p>	<p>فَمَعَ الصَّوْتِ تَجَسَّدَ سَيِّدُ الْكُلِّ فِيكَ، أَيُّهَا السَّفِينَةُ الْمُقَدَّسَةُ، كَمَا قَالَ دَاوُدُ الصِّبْيَانِ. وَظَهَرْتَ أَرْحَبَ مِنَ السَّمَاوَاتِ حَامِلَةً خَالِقِكَ. فَالْمَجْدُ لِلَّذِي حَلَّ فِيكَ، الْمَجْدُ لِلَّذِي أَتَى مِنْكَ، الْمَجْدُ لِلَّذِي أَعْتَقَنَا بِوِلَايَتِهِ مِنْكَ.</p>
<p>THE LITTLE LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى</p>
<p>Priest: Again and again, in peace, let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.</p> <p>Choir: To Thee, O Lord.</p> <p>Priest: For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.</p> <p>Choir: Amen.</p>	<p>الكاهن: أيضاً وأيضاً بسلامٍ إلى الرَّبِّ نَطْلُبُ.</p> <p>الجوق: يَا رَبُّ ارْحَمْ.</p> <p>الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.</p> <p>الجوق: يَا رَبُّ ارْحَمْ.</p> <p>الكاهن: بَعْدَ تِكْرِنَا الْكُلِّيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةِ الْإِلَهِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعْ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.</p> <p>الجوق: لَكَ يَا رَبُّ.</p> <p>الكاهن: لِأَنَّ لَكَ الْعِزَّةَ وَلَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p> <p>الجوق: آمِينَ.</p>
<p>FIRST TONE RESURRECTIONAL KATHISMATA HYMNS (Plain Reading)</p>	<p>ترانيم كاثيسماتات القيامة للحن الأول (قراءة)</p>
<p>First Kathisma</p>	<p>الكاثيسما الأولى</p>
<p>The soldiers who kept watch over Thy grave, O Savior, became as dead from the shining of the appearing angel who told the good tidings of the Resurrection to the women. Thee, therefore, do we glorify, O Remover of corruption, and to Thee do we bow, O Thou Who didst rise from the grave, O Thou, our only Lord.</p>	<p>أَيُّهَا الْمُخَلِّصُ، إِنَّ الْجُنْدَ الْحَافِظِي قَبْرِكَ قَدْ صَارُوا كَالْأَمْوَاتِ مِنْ بَرَقِ الْمَلَائِكَةِ الظَّاهِرِ، الْمُبَشِّرِ النِّسْوَةِ بِالْقِيَامَةِ. فَإِيَّاكَ نُمَجِّدُ أَيُّهَا الْمَزِيلُ الْفَسَادَ، وَلَكَ نَجْتُو أَيُّهَا النَّاهِضُ مِنَ الْقَبْرِ، يَا إِلَهَنَا وَحْدَكَ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Thou was nailed upon the cross willingly, O</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. قَدْ سُمِّرْتَ عَلَى الصَّلِيبِ طَوْعاً يَا رَؤُوفُ،</p>

merciful One; and Thou wast placed in a grave like one who is dead, O Giver of Life, trampling the pride of death, O mighty One; for because of Thee the gatekeepers of Hades did tremble; and Thou didst raise the dead with Thee from eternity; for Thou alone art the Lover of mankind.	وَوَضَعْتَ فِي قَبْرِ كَمَائِتٍ يَا مُعْطِي الْحَيَاةِ. فَسَحَقْتَ بِمَوْتِكَ عِزَّةَ الْمَوْتِ أَيُّهَا الْقَوِيُّ، لِأَنَّ مِنْكَ ارْتَعَدَ بَوَابُ الْجَحِيمِ، وَأَقَمْتَ مَعَكَ الْمَوْتَى مِنْذُ الدَّهْرِ، بِمَا أَنْتَ وَحْدَكَ مُحِبُّ الْبَشَرِ.
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>We have all known thee as Theotokos, and after giving birth thou didst appear truly virgin. We who eagerly seek refuge in thy goodness, have thus known thee; for we sinners have taken thee as intercessor, and in temptations have possessed thee as our salvation, O thou who alone art blameless.</p>	<p><i>الآن وكلّ أوانٍ وإلى دهر الداهرين. آمين.</i></p> <p>قَدْ عَرَفْنَاكَ أُمًّا لِّلْإِلَهِ، وَبَعْدَ الْوِلَادَةِ ظَهَرْتَ عَذْرَاءَ بِالْحَقِيقَةِ. إِنَّا نَحْنُ الْخَطَاةَ الْلَاجِئِينَ بِشَوْقٍ إِلَى صَلاَحِكَ، قَدْ حَوَيْنَاكَ شَفِيعَةً وَاقْتَنَيْنَاكَ فِي التَّجَارِبِ خَلاصًا، يَا مُنْزَهَةً عَنِ كُلِّ الْعُيُوبِ وَحْدَكَ.</p>
Second Kathisma	الكاسِما الثانية
Verily the women did proceed to the grave early, where they beheld an angelic scene, and did tremble. And when the grave shone forth with life they were struck with astonishment. Wherefore, they returned to the disciples and did preach the Resurrection, saying, Verily, Christ hath invaded Hades; for He alone is the powerful and mighty One; and He raised with Him all those who were corrupt, and with the power of His Cross He removed the fear of condemnation.	إِنَّ النِّسْوَةَ وَافَيْنَ الْقَبْرَ مُبْتَكِرَاتٍ، فَرَأَيْنَ مَنْظَرًا مَلَائِكِيًّا، فَارْتَعَدْنَ. وَإِذْ أَشْرَقَ الْقَبْرُ حَيَاةً، انْدَهَشْنَ مِنَ الْعَجَبِ. لِأَجْلِ هَذَا حَاضِرْنَ إِلَى التَّلَامِيذِ، وَبَشَرْنَ بِالْقِيَامَةِ قَائِلَاتٍ: إِنَّ الْمَسِيحَ قَدْ سَبَى الْجَحِيمَ لِأَنَّهُ الْقَوِيُّ الْعَزِيزُ وَحْدَهُ، وَأَقَامَ مَعَهُ جَمِيعَ الْبَالِينِ، وَحَلَّ خَوْفَ الدَّيْنُونَةِ بِقُوَّةِ صَلِيبِهِ.
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p> <p>Thou wast verily nailed upon the Cross, O Life of all; and wast numbered among the dead, O deathless Lord. Thou didst rise after three days, O Savior, and didst raise Adam from corruption. Wherefore, the heavenly powers shouted to Thee, O giver of life; Glory to Thy passion, O Christ, Glory to Thy resurrection, Glory to Thy condescension, O Thou alone the Lover of mankind.</p>	<p><i>المَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ.</i></p> <p>قَدْ سُمِّرْتَ عَلَى الصَّلِيبِ يَا حَيَاةَ الْكُلِّ، وَحُسِبْتَ مَعَ الْأَمْوَاتِ أَيُّهَا الرَّبُّ الْفَاقِدُ الْمَوْتَ، وَقُمْتَ بَعْدَ ثَلَاثَةِ أَيَّامٍ يَا مُخَلِّصُ، وَأَنْهَضْتَ آدَمَ مِنَ الْفَسَادِ. لِذَلِكَ هَتَقَتِ الْقُوَّاتُ السَّمَاوِيَّةُ إِلَيْكَ يَا مُعْطِي الْحَيَاةِ، الْمَجْدُ لِلآلَمِكِ أَيُّهَا الْمَسِيحُ، الْمَجْدُ لِقِيَامَتِكَ، الْمَجْدُ لِنِزَالِكَ يَا مُحِبَّ الْبَشَرِ وَحْدَكَ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>O Mary, the reverend abode of the Lord, lift us who have fallen in the abyss of evil despair,</p>	<p><i>الآن وكلّ أوانٍ وإلى دهر الداهرين. آمين.</i></p> <p>يَا مَرْيَمَ الْمَسْكُنَ الْمُوقَّرَ لِلسَّيِّدِ، أَنْهَضِينَا نَحْنُ السَّاقِطِينَ فِي عُمُقِ الْيَأْسِ الرَّدِيِّ وَالزَّلَّاتِ</p>

<p>trespasses and sorrows; for thou didst give salvation to sinners. Thou art a helper and a strong intercessor, and dost save thy servants.</p>	<p>وَالْأَحْزَانِ، لِأَنَّكَ قَدْ صِرْتَ خَلَاصاً لِلْخَطَاةِ، وَمُعِينَةً، وَشَفِيعَةً قَوِيَّةً، وَتُخَلِّصِينَ عِبِيدَكَ.</p>
<p>EVLOGETARIA (BENEDICTIONS) IN TONE FIVE</p>	<p>إفلوجيطاريات بالحن الخامس</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i></p> <p>The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroying the power of death, with Thee raising up Adam and releasing all men from hades.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ.</p> <p>جَمْعُ الْمَلَائِكَةِ انْذَهَلَ مُتَحِيرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخَلِّصُ، وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ، وَمُعْتِقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَّةً.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i></p> <p>Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ.</p> <p>الْمَلَائِكَةُ اللَّامِعَةُ عِنْدَ الْقَبْرِ تَقْوَةَ نَحْوِ حَامِلَاتِ الطِّيبِ قَائِلًا: لِمَ تَمَزُجْنَ الطُّيُوبَ بِالْثُمُوعِ، بَتَرْتِ يَا تَلْمِيزَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَافْرَحْنَ، لِأَنَّ الْمُخَلِّصَ قَدْ قَامَ مِنَ الْقَبْرِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i></p> <p>Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ.</p> <p>إِنَّ حَامِلَاتِ الطِّيبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النُّوحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i></p> <p>The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ.</p> <p>إِنَّ النِّسْوَةَ حَامِلَاتِ الطِّيبِ، وَافَيْنَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخَلِّصُ. فَسَمِعْنَ مَلَكَاً مُتَتَغَمِّاً نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيَّ مَعَ الْمَوْتَى؟ فَبِمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p> <p>We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ.</p> <p>نَسْجُدُ لِلآبِ وَلابْنِهِ وَلِرُوحِ قُدْسِهِ، ثَالُوثًا قُدُّوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُّوسٌ، قُدُّوسٌ، قُدُّوسٌ أَنْتَ يَا رَبُّ.</p>
<p><i>Both now and ever, and unto ages of ages.</i></p>	<p>الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p>

<p><i>Amen.</i></p> <p>In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.</p>	<p>أَيُّهَا الْعَذْرَاءُ، لَقَدْ وَلَدْتَ مُعْطِيَ الْحَيَاةِ، وَأَنْقَذْتَ آدَمَ مِنَ الْخَطِيئَةِ، وَمَنْحْتَ حَوَاءَ الْفَرْحِ عِوَضَ الْحُزْنِ، لَكِنَّ الْإِلَهَ وَالْإِنْسَانَ الْمُتَجَسِّدَ مِنْكَ، أَرْشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.</p>
<p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (<i>thrice</i>)</p> <p>O our God and our Hope, glory to Thee.</p>	<p>هَلِّلُويا، هَلِّلُويا، هَلِّلُويا الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)</p> <p>يَا إِلَهَنَا وَرَجَاءَنَا لَكَ الْمَجْدُ.</p>
<p>THE LITTLE LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى</p>
<p>Priest: Again and again, in peace, let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.</p> <p>Choir: To Thee, O Lord.</p> <p>Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.</p> <p>Choir: Amen.</p>	<p>الكاهن: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.</p> <p>الجوق: يَا رَبُّ ارْحَمِ.</p> <p>الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.</p> <p>الجوق: يَا رَبُّ ارْحَمِ.</p> <p>الكاهن: بَعْدَ تِكْرِنَا الْكَلِيَّةِ الْقَدَاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةِ الْإِلَهِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعْ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.</p> <p>الجوق: لَكَ يَا رَبُّ.</p> <p>الكاهن: لِأَنَّ اسْمَكَ مُبَارَكٌ وَمُلْكُكَ مُمَجَّدٌ أَيْهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p> <p>الجوق: آمِينَ.</p>
<p>FIRST TONE RESURRECTIONAL</p> <p>HYPAKOE (Plain Reading)</p>	<p>إِيَّاكُوي الْقِيَامَةِ لِحْنِ الْأَوَّلِ (قِرَاءَةٌ)</p>
<p>The repentance of the thief gained him paradise by stealth, and the sighing of the ointment-bearing women proclaimed the glad tidings that Thou wast risen, O Christ, and hadst bestowed upon the world Thy Great Mercy.</p>	<p>تَوْبَةُ اللَّصِّ قَدْ اخْتَلَسَتْ الْفِرْكُوسَ، وَنَوْحُ حَامِلَاتِ الطِّيبِ بَشَّرَ بِالْفَرْحِ بِأَنَّكَ قُمْتَ أَيْهَا الْمَسِيحُ الْإِلَهُ، مَانِحًا الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.</p>

FIRST TONE RESURRECTIONAL ANABATHMOI (Plain Reading)	أَنَابِثْمِيَّاتُ الْقِيَامَةِ لِلْحَنِ الْأَوَّلِ (قراءة)
First Antiphony	الْأَنْتِيفُونَا الْأَوَّلَى
<p>+ O Lord, to Thee in my sorrows do I cry. Hear Thou my cry of pain.</p> <p>+ Verily, the divine desire shall be without delay upon the people of the wilderness; for that they have come out of the vain world.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, glory and honor become the Holy Spirit, as they become the Father and the Son. Wherefore, do we praise the Triune, One in might.</p>	<p>+ أَيُّهَا الرَّبُّ، إِلَيْكَ أَهْتَفُ فِي حُزْنِي، فَاسْتَمِعْ تَوَجُّعِي.</p> <p>+ إِنَّ الشَّوْقَ الْإِلَهِيَّ يُصِيبُ أَهْلَ الْبَرَارِيِّ بِلَا فُتُورٍ، لَا عِزَّزَالَهُمْ عَنِ الْعَالَمِ الْبَاطِلِ.</p> <p>+ الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَ إِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>+ إِنَّ الْمَجْدَ وَالْإِكْرَامَ يَلِيقَانِ بِالرُّوحِ الْقُدُسِ، كَمَا يَلِيقَانِ بِالآبِ وَالْإِبْنِ. لِأَجْلِ هَذَا نُسَبِّحُ الثَّالُوثَ ذَا الْعِزَّةِ الْوَاحِدَةِ.</p>
Second Antiphony	الْأَنْتِيفُونَا الثَّانِيَّةُ
<p>+ O God, since Thou hast raised me to the hills of Thy laws, shed brightly Thy light of virtue upon me, that I may praise Thee.</p> <p>+ O Word, hold me fast with Thy right hand; keep me and preserve me, lest the fire of sin consume me.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, all creation together is regenerated by the Holy Spirit, and returns to its former being: for He is co-omnipotent with the Father and the Word.</p>	<p>+ اللَّهُمَّ إِذْ رَفَعْتَنِي إِلَى جِبَالِ نَوَامِيسِكَ، فَأَنْزِرْنِي بِالْفَضَائِلِ لَامِعاً لِكَيْ أَسْبِّحَكَ.</p> <p>+ أَيُّهَا الْكَلِمَةُ اضْبُطْنِي بِيَدِكَ الْيُمْنَى، وَاحْفَظْنِي وَصْنِي لئَلَّا تُحْرِقَنِي نَارُ الْخَطِيئَةِ.</p> <p>+ الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَ إِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>+ إِنَّ الْخَلِيقَةَ تَتَجَدَّدُ كُلُّهَا بِالرُّوحِ الْقُدُسِ، وَتَرْجِعُ إِلَى كِيَانِهَا الْأَوَّلِ، لِأَنَّهُ مُسَاوٍ فِي الْقُدْرَةِ لِلآبِ وَالْكَلِمَةِ.</p>
Third Antiphony	الْأَنْتِيفُونَا الثَّالِثَةُ
<p>+ My soul did rejoice with those who say: Let us go into the courts of the Lord. My heart was exceedingly glad.</p> <p>+ Great fear shall be in the house of David, where the seats shall be set, and all tribes and tongues of the earth shall be judged.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, it is meet to offer glory, might and power to the Holy Spirit as to the Father and</p>	<p>+ قَدْ ابْتَهَجَتْ رُوحِي بِالْقَائِلِينَ لِي لِنَسْعَ إِلَى بِيَارِ الرَّبِّ، وَفَرِحَ قَلْبِي جِداً.</p> <p>+ خَوْفٌ عَظِيمٌ يَصِيرُ فِي بَيْتِ دَاوُدَ، حَيْثُ هُنَاكَ تُوضَعُ الْكَرَاسِيُّ وَتُحَاكَمُ كُلُّ قَبَائِلِ الْأَرْضِ وَالسِّنْتِهَا.</p> <p>+ الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَ إِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>+ إِنَّ تَقْدِيمَ الْمَجْدِ وَالْعِزَّةِ وَالْإِكْرَامِ وَالسُّجُودِ وَاجِبٌ</p>

the Son; for the Trinity is one in Substance, not in Person.	لِلرُّوحِ الْقُدُسِ كَمَا يَجِبُ لِلآبِ وَالْإِبْنِ، لِأَنَّ الثَّالُوثَ مُوَحَّدٌ فِي الطَّبِيعَةِ لَا فِي الْوُجُوهِ.
PROKEIMENON FOR THE RESURRECTION IN TONE ONE	بروكيمن للقيامة بالحن الأول
Now will I arise, saith the Lord; I will set Myself for salvation; I will make no tarrying therein. (<i>twice</i>) Stichos: The words of the Lord are pure words. Now will I arise, saith the Lord; I will set Myself for salvation; I will make no tarrying therein.	الآن أقوم يقول الرب، أتحري الخلاص وأتجلى به. (مرتين) ستين: كلام الرب كلام نقي. الآن أقوم يقول الرب، أتحري الخلاص وأتجلى به.
Deacon: Let us pray to the Lord. Choir: Lord, have mercy. Priest: For Holy art Thou, O our God, Who retest in the Holies, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.	الشماس: إلى الرب نطلب. المرتل: يا رب ارحم. الكاهن: لأنك قدوس أنت يا إلهنا، وفي القديسين تستقر وتستريح، ولك نرسل المجد أيها الآب والابن والروح القدس، الآن وكل أوان وإلى دهر الداهرين.
Choir: Amen. Let everything that hath breath praise the Lord. (<i>twice</i>) Praise ye God in His saints; praise Him in the firm foundation of His power. Let everything that hath breath praise the Lord.	الجوق: آمين. كل نسمة، فلتسبح الرب. (مرتين) سبحوا الله في قديسيه، سبحوه في فلك قوته. فلتسبح الرب، كل نسمة.
THE FOURTH EOTHINON GOSPEL	إنجيل الإيوثينا الرابعة
Deacon: And that we may be accounted worthy to hear the Holy Gospel, let us beseech the Lord our God. Choir: Lord, have mercy. (<i>thrice</i>) Deacon: Wisdom! Stand upright! Let us hear the Holy Gospel. Priest: Peace be to all. Choir: And to thy spirit. Priest: The Reading from the Holy Gospel according to Saint Luke . (24:1-12) Choir: Glory to Thee, O Lord, glory to Thee.	الشماس: من أجل أن نكون مستحقين لسماع الإنجيل المقدس، إلى الرب إلهنا نطلب. المرتل: يا رب ارحم. (ثلاثاً) الشماس: الحكمة. فلنستقم ولنسمع الإنجيل المقدس. الكاهن: السلام لجميعكم. المرتل: ولروحك. الكاهن: فصل شريف من بشارة القديس لوقا الإنجيلي البشير والتلميذ الطاهر. (١٢: ١-٢٤) المرتل: المجد لك يا رب، المجد لك.

Deacon: Let us attend!	الشماس: لِنُصْغِ!
<p>Priest: On the first day of the week, at early dawn, the women went to the tomb, taking the spices which they had prepared, and certain others with them. And they found the stone rolled away from the tomb; but when they went in, they did not find the body of the Lord Jesus. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the Living among the dead? He is not here, but is risen. Remember how He told you, while He was still in Galilee, that the Son of Man must be delivered into the hands of sinful men, and be crucified, and on the third day rise again." And they remembered His words, and returning from the tomb they told all this to the eleven and to all the rest. Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told this to the apostles; but their words seemed to them an idle tale, and they did not believe them. But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he departed, wondering at what had happened.</p>	<p>الكاهن: فِي أَوَّلِ الْأُسْبُوعِ بَاكِرًا جِدًّا، أَتَتْ نِسَاءٌ إِلَى الْقَبْرِ وَهُنَّ يَحْمِلُنَ الْحَنُوطَ الَّذِي أَعَدْنَ، وَمَعَهُنَّ أَنْاسٌ فَوَجَدْنَ الْحَجَرَ قَدْ نُحِرَجَ عَنِ الْقَبْرِ. فَدَخَلْنَ، فَلَمْ يَجِدْنَ جَسَدَ الرَّبِّ يَسُوعَ. وَبَيْنَمَا هُنَّ مُتَحَيِّرَاتٌ فِي ذَلِكَ، إِذَا بِرَجُلَيْنِ قَدْ وَقَفَا بِهِنَّ بِلِبَاسٍ بَرَّاقٍ وَإِذْ كُنَّ خَائِفَاتٍ وَنَكَّسْنَ وُجُوهَهُنَّ إِلَى الْأَرْضِ، قَالَا لَهُنَّ: "لِمَاذَا تَطْلُبْنَ الْحَيَّ بَيْنَ الْأَمْوَاتِ؟ إِنَّهُ لَيْسَ هَهُنَا، لَكِنَّهُ قَدْ قَامَ. أَذْكُرْنَ كَيْفَ كَلَّمَكُنَّ وَهُوَ بَعْدُ فِي الْجَلِيلِ، إِذْ قَالَ إِنَّهُ يَنْبَغِي لِابْنِ الْبَشَرِ أَنْ يُسَلَّمَ إِلَى أَيْدِي أَنْاسٍ خَطَاةٍ، وَيُصَلَّبَ، وَيَقُومَ فِي الْيَوْمِ الثَّالِثِ." فَذَكَّرْنَ كَلَامَهُ وَرَجَعْنَ مِنَ الْقَبْرِ، وَأَخْبَرْنَ الْأَحَدَ عَشَرَ وَجَمِيعَ الْبَاقِينَ بِهَذَا كُلِّهِ. وَمَرِيَمُ الْمَجْدَلِيَّةُ، وَحَنَّةُ، وَمَرِيَمُ أُمُّ يَعْقُوبَ وَبَاقِي مَنْ مَعَهُنَّ، هُنَّ اللَّوَاتِي أَخْبَرْنَ الرُّسُلَ بِهَذَا فَكَانَ عِنْدَهُمْ هَذَا الْكَلَامُ كَالْهَذْيَانِ، وَلَمْ يُصَدِّقُوهُنَّ فَقَامَ بُطْرُسُ وَأَسْرَعَ إِلَى الْقَبْرِ وَتَطَلَّعَ، فَرَأَى الْأَكْفَانَ مَوْضُوعَةً وَحْدَهَا. فَانْصَرَفَ إِلَى مَقَرِّهِ، مُتَعَجِّبًا مِمَّا كَانَ.</p>
Choir: Glory to Thee, O Lord, glory to Thee.	المرتل: الْمَجْدُ لَكَ يَا رَبُّ الْمَجْدُ لَكَ.
<p>Reader: In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and Thy holy resurrection we praise and glorify; for Thou art our God, and we know none other beside Thee; we call upon Thy name. O come, all ye faithful, let us adore Christ's holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing His resurrection, for in that He endured the cross for us, He hath destroyed death by death.</p>	<p>القارئ: إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْنَسْجُدْ لِلرَّبِّ الْقُدُّوسِ، يَسُوعَ الْمَعْصُومِ مِنَ الْخَطَا وَحْدَهُ. لِصَلِيبِكَ أَيُّهَا الْمَسِيحُ نَسْجُدُ وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُسَبِّحُ وَنُجَدِّدُ، لِأَنَّكَ أَنْتَ هُوَ إِلَهُنَا وَآخِرَ سَوَاكَ لَا نَعْرِفُ وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا مَعْشَرَ الْمُؤْمِنِينَ نَسْجُدُ لِقِيَامَةِ الْمَسِيحِ الْمُقَدَّسَةِ، لِأَنَّ هُودَا بِالصَّلِيبِ قَدْ أَتَى الْفَرَحُ لِكُلِّ الْعَالَمِ. لِنُبَارِكِ الرَّبَّ فِي كُلِّ حِينٍ وَنُسَبِّحَ قِيَامَتَهُ، لِأَنَّهُ إِذْ اخْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، الْمَوْتَ بِالْمَوْتِ حَطَّمَهُ.</p>

PSALM 50	المزمور ٥٠
Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.	إِرْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمَثَلِ كَثْرَةِ رَأْفَتِكَ أَمْحُ مَآثِمِي.
Wash me thoroughly from mine iniquity, and cleanse me from my sin.	إِغْسِلْنِي كَثِيراً مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.
For I know mine iniquity, and my sin is ever before me.	لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.
Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.	إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرَّ قَدَّامَكَ صَنَعْتُ، لَكِي تَصْدُقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.
For behold, I was conceived in iniquities, and in sins did my mother bear me.	هَاءِنَذَا بِالْآثَامِ حُبِلَ بِي، وَبِالْخَطَايَا وَلَدَتْنِي أُمِّي.
For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.	لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.
Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.	تَنْضِخُنِي بِالزُّوفَى فَأَطْهُرُ، تَغْسِلُنِي فَأَبْيَضُ أَكْثَرَ مِنَ الثَّلْجِ.
Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.	تُسَمِّعُنِي بِهَجَّةٍ وَسُرُورٍ، فَتَبْتَهِجُ عِظَامِي الذَّلِيلَةَ.
Turn Thy face away from my sins, and blot out all mine iniquities.	إِصْرِفْ وَجْهَكَ عَنْ خَطَايَايَ، وَامْحُ كُلَّ مَآثِمِي.
Create in me a clean heart, O God, and renew a right spirit within me.	قَلْباً نَقِيّاً اخْلُقْ فِيَّ يَا اللَّهُ، وَرَوْحاً مُسْتَقِيماً جَدِّدْ فِي أَحْشَائِي.
Cast me not away from Thy presence, and take not Thy Holy Spirit from me.	لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرَوْحُكَ الْقُدُّوسُ لَا تَنْزِعْهُ مِنِّي.
Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.	إِمْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رِئَاسِيٍّ اعْضُدْنِي.
I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.	فَأَعْلِّمُ الْأَثَمَةَ طُرُقَكَ، وَالْكَفَرَةَ إِلَيْكَ يَرْجِعُونَ.
Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.	أَنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ لِسَانِي بِعَدْلِكَ.

O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.	يا رب افتَحْ شَفَتَيَّ، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.
For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.	لَأَنَّكَ لَوْ أَثَرْتَ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي، لَكِنَّكَ لَا تُسَرُّ بِالْمُحْرَقَاتِ.
A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.	فَالذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَحِقٌ، الْقَلْبُ الْمُتَخَشِّعُ وَالْمُتَوَاضِعُ لَا يَزُدُّهُ اللَّهُ.
Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.	أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونَ وَلْتُبْنَ أَسْوَارُ أُورُشَلِيمَ.
Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.	حِينَئِذٍ تُسَرُّ بِذَّبِيحَةِ الْعَدْلِ قُرْبَاناً وَمُحْرَقَاتِ.
Then shall they offer bullocks upon Thine altar.	حِينَئِذٍ يُقَرِّبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ.
TROPARIA AFTER PSALM 50 IN TONE TWO	طُروبَارِيَّاتٌ بَعْدَ الْمَزْمُورِ ٥٠ بِاللَّحْنِ الثَّانِي
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Through the intercessions of the Apostles, O Thou Who art merciful, blot out the multitude of our transgressions.	الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُّوسِ. بِشَفَاعَاتِ الرُّسُلِ وَطَلِبَاتِهِمْ، أَيُّهَا إِلَهُ الرَّحُومِ، أُمَحُّ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.
<i>Both now and ever, and unto ages of ages. Amen.</i> Through the intercessions of the Theotokos, O Thou Who art merciful, blot out the multitude of our transgressions.	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. بِشَفَاعَاتِ الْوَدَّةِ إِلَهُ وَطَلِبَاتِهَا، أَيُّهَا إِلَهُ الرَّحُومِ، أُمَحُّ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.
<i>Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions.</i> Jesus, having risen from the grave as He foretold, hath given unto us life eternal and Great Mercy.	يَا رَحِيمُ، ارْحَمْنِي يَا اللَّهُ كَعَظِيمِ رَحْمَتِكَ، وَبِحَسَبِ كَثْرَةِ رَأْفَاتِكَ أُمَحُّ مَاثِمِي. لَقَدْ قَامَ يَسُوعُ مِنَ الْقَبْرِ كَمَا سَبَقَ فَقَالَ، وَمَنْحَنَا الْحَيَاةَ الْأَبَدِيَّةَ، وَالرَّحْمَةَ الْعَظْمَى.
THE INTERCESSION	طِلْبَةُ الشَّفَاعَةِ
Deacon: O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us thy rich mercies, through the intercessions of our all-immaculate Lady, the Theotokos and ever-	الشماس: خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَافْتَقِذْ عَالَمَكَ بِالرَّحْمَةِ وَالرَّأْفَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ الْأَرْتُوذُكُسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مَرَاكِمَكَ الْغَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا الْوَدَّةِ إِلَهُ الْكُلِّيَّةِ الطَّهَارَةِ وَالدَائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ الْكَرِيمِ

virgin Mary; by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, all-laudable and foremost of the apostles, Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and Nektarios of Pentapolis, the wonder-workers; of our fathers among the saints Tikhon, patriarch of Moscow, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs George the Trophy-bearer, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the Wonder-worker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious and great women martyrs Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life; *of Saint N., the patron and protector of this holy community*; of the holy and righteous ancestors of God, Joachim and Anna; **of our father among the saints Ambrose, bishop of Milan**, whose memory we celebrate today, and of all Thy saints, we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.

Choir: Lord, have mercy. (*twelve times*)

Priest: Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.

المُحْيِي؛ وبِطَلَبَاتِ الْقُوَاتِ السَّمَاوِيَّةِ الْمُكَرَّمَةِ الْعَادِمَةِ
الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ الْمَجِيدِ يُوْحَنَّا
الْمَعْمَدَانِ؛ وَالْقَدِيسَيْنِ الْمُشْرِفَيْنِ الرَّسُولَيْنِ بُطْرُسَ
وَبُولُسَ، وَسَائِرِ الرُّسُلِ الْمُشْرِفَيْنِ الْجَدِيرَيْنِ بِكُلِّ
مَدِيحٍ؛ وَأَبَائِنَا الْقَدِيسِينَ مُعَلِّمِي الْمَسْكُونَةِ، رُؤَسَاءِ
الْكَهَنَةِ الْمُعْظَمِينَ بِاسِيلْيُوسَ الْكَبِيرِ، وَغَرِغُورِيُوسَ
الْأَلَاهُوتِي، وَيُوْحَنَّا الذَّهَبِيِّ الْفَمِّ؛ وَأَبَائِنَا الْقَدِيسِينَ
أَنْثَاسِيُوسَ وَكِيرُسَ وَيُوْحَنَّا الرَّحِيمِ بَطَارِكَةَ
الْإِسْكَنْدَرِيَّةِ؛ وَأَبِينَا الْقَدِيسَ نِيقُولَاوَسَ رَئِيسَ أَسَاقِفَةِ
مِيرَا الْإِلِيَّيَّةِ، وَاسْبِيرِيدُونَ أَسْقَفَ تَرِيمِيثُوسَ،
وَنِكْتَارِيُوسَ أَسْقَفَ الْمُدُنِ الْخَمْسِ الْعَجَائِبِيِّينَ، وَأَبِينَا
الْقَدِيسَ تِيخُونَ بَطْرِيَرِكَ مُوسَكَو، وَالْقَدِيسَ رَافَائِيلَ
أَسْقَفَ بَرُوكْلِينَ؛ وَالْقَدِيسِينَ الْمَجِيدِينَ الشُّهَدَاءِ
الْعُظَمَاءِ جَاورْجِيُوسَ اللَّابِسِ الظَّفَرِ، وَدِيمِيتْرِيُوسَ
الْمُفِيضِ الطَّيْبِ، وَثِيُودُورَسَ التَّيْرُونِي، وَثِيُودُورَسَ
قَائِدَ الْجَيْشِ، وَمِينَاسَ الصَّانِعِ الْعَجَائِبِ؛ وَالْقَدِيسِينَ
الشُّهَدَاءِ إِغْنَاطِيُوسَ الْمُتَوَشِّحِ بِاللَّهِ، خَرَالْمُبُوسَ
وَالْفِثِيرِيُوسَ؛ وَالشُّهَدَاءِ الْعَظِيمَاتِ ثَقْلَا، بَرَبَارَةَ،
أَنْسْطَاسِيَا، كَاتَرِينَا، كِيرِيَاكِي، فُوتِينِي، مَارِينَا،
بَارَاسْكِيَا، وَأَيْرِينَ؛ وَالْقَدِيسِينَ الْمَجِيدِينَ الشُّهَدَاءِ
الْمُتَأَلِّقِينَ بِالظَّفَرِ؛ وَأَبَائِنَا الْأَبْرَارَ الْمُتَوَشِّحِينَ بِاللَّهِ؛
وَالْقَدِيسَ (فَلَان) شَفِيعَ هَذِهِ الْكَنِيسَةِ الْمُقَدَّسَةِ؛
وَالْقَدِيسَيْنِ الصِّدِّيقَيْنِ جَدِّي الْمَسِيحِ الْإِلَهَ يُوَاكِيمَ وَحَنَّةَ؛
وَأَبِينَا الْجَلِيلَ أَمْبُرُوسِيُوسَ أَسْقَفَ مِيلَانَ، الَّذِي
نُقِيمُ تَذْكَارَهُ الْيَوْمَ، وَجَمِيعَ قَدِيسِكَ، نَتَضَرَّعُ إِلَيْكَ أَيُّهَا
الرَّبُّ الْجَزِيلُ الرَّحْمَةُ، فَاسْتَجِبْ لَنَا نَحْنُ الْخَطَاةَ
الطَّالِبِينَ إِلَيْكَ وَارْحَمْنَا.

المرتل: يَا رَبُّ ارْحَمْنَا. (١٢ مَرَّةً)

الكاهن: بِرَحْمَةِ وَرَأْفَاتِ ابْنِكَ الْوَحِيدِ وَمَحَبَّتِهِ
لِلْبَشَرِ، الَّذِي أَنْتَ مُبَارَكٌ مَعَهُ وَمَعَ رُوحِكَ
الْكَلْبِيِّ قُدْسُهُ الصَّالِحِ وَالْمُحْيِي، الْآنَ وَكُلَّ أَوَانٍ
وَالِي دَهْرِ الدَّاهِرِينَ.

Choir: Amen.	المرتل: آمين.
FIRST TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)	القِنداق والْبَيْت للقيامة للحن الأوّل (قراءة)
As God, Thou didst arise from the tomb in glory, and Thou didst raise the world together with Thyself. Mortal nature praised Thee as God, and death was obliterated. Adam danceth for joy, O Master, and Eve, now freed from fetters, rejoiceth as she crieth out: Thou, O Christ, dost grant resurrection to all.	لَقَدْ قُمْتَ مِنَ الْقَبْرِ بِمَجْدٍ أَيُّهَا السَّيِّدُ، كَالِهٍ، وَأَقُمْتَ مَعَكَ الْعَالَمَ، فَسَبَّحَتْكَ طَبِيعَةُ الْبَشَرِ كَالِهٍ، وَالْمَوْتُ اضْمَحَلَّ، وَآدَمُ رَقَصَ طَرَبًا، وَحَوَاءُ أَعْتَقَتْ مِنَ الْقَيْدِ. فَهِيَ تَهْتَفُ الْآنَ مَسْرُورَةً: أَنْتَ أَيُّهَا الْمَسِيحُ، الْمَانِحُ الْقِيَامَةَ لِلْجَمِيعِ.
Let us praise as God omnipotent Him that arose on the third day, Who broke the gates of Hades and raised from the grave the dead from ages past, and Who of His own good pleasure appeared to the myrrh-bearing women, giving them first the greeting: Rejoice; and announcing joy to the apostles, as the only Giver of life. Wherefore, with faith the women proclaim to the disciples the glad tidings of the symbols of victory, Hades groaneth, death lamenteth, the world is joyful, and all men rejoice together; for Thou, O Christ, hast granted resurrection to all.	لِنُسَبِّحَنَّ الَّذِي قَامَ لِثَلَاثَةِ أَيَّامٍ نَاهِضًا كَالِهٍ قَدِيرٌ، وَسَحَقَ أَبْوَابَ الْجَحِيمِ، وَأَقَامَ الَّذِينَ فِي الْقَيْدِ مِنْذُ الدَّهْرِ، وَظَهَرَ أَوَّلًا لِحَامِلَاتِ الطِّيبِ كَمَا ارْتَضَى، قَائِلًا لَهُنَّ "افْرَحْنَ". وَبَشَّرَ الرُّسُلَ بِالْفَرَحِ، كَوَاهِبِ الْحَيَاةِ. فَلِذَلِكَ، بَشَّرَتِ النِّسْوَةُ التَّلَامِيذَ بِشَارَاتِ الظَّفَرِ بِإِيمَانٍ، وَالْجَحِيمُ تَتَهَدَّدُ، وَالْمَوْتُ انْتَحَبَ نَادِبًا، وَالْعَالَمُ ابْتَهَجَ، وَالْجَمِيعُ فَرِحُوا مَعًا، لِأَنَّكَ أَيُّهَا الْمَسِيحُ مَنَحْتَ الْقِيَامَةَ لِلْجَمِيعِ.
THE SYNAXARION (Plain Reading)	السِّنْكَسَار (قراءة)
<p>On December 7 in the Holy Orthodox Church, we commemorate our father among the saints Ambrose, bishop of Milan.</p> <p style="text-align: center;"><i>Verses</i></p> <p style="text-align: center;">Ambrose, having shed his corruptible body, hath fitly partaken of divine ambrosia. On the seventh Ambrose came upon immortal terrain.</p> <p>His father was the imperial governor of Gaul and Spain, and a pagan, while his mother was a Christian. On the death of his father, the Emperor made him governor of Liguria, of which province Milan was the chief city. When the bishop of Milan died, there was great dissention about the choice of a new bishop. Ambrose went into the church to keep order. Thereupon, a child at its mother's breast cried out: "Ambrose for bishop!" All the people took this to be the voice of God, and unanimously elected Ambrose as their bishop, although it was against his will. Ambrose was baptized, and passed through all the necessary ranks in one week. As bishop, he strengthened the faith of the Orthodox, restrained heretics, adorned churches, spread the Faith among the pagans, wrote many instructive books and was an example of a true Christian and a true shepherd. Ambrose died peacefully at daybreak on Pascha in 397.</p> <p>On this day, we also commemorate the Martyr Athenodoros of Mesopotamia; and Venerable Gregory, founder of Gregoriou monastery on Athos. By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.</p>	

KATAVASIAE OF THE FIRST CANON OF CHRIST'S NATIVITY IN TONE ONE	كَطَافَاسِيَاَتِ الْقَانُونِ الْأَوَّلِ لَعِيدِ مِيلَادِ الْمَسِيحِ بِالْحَنِّ الْأَوَّلِ
Ode 1 (1). Christ is born, give ye glory. Christ is come from Heaven, receive ye Him. Christ is on earth, be ye exalted. Sing unto the Lord all the earth and sing praises in gladness, O ye peoples; for He hath been glorified.	١ - الْمَسِيحُ وُلِدَ فَمَجِّدُوهُ، الْمَسِيحُ أَتَى مِنَ السَّمَاوَاتِ فَاسْتَقْبِلُوهُ، الْمَسِيحُ عَلَى الْأَرْضِ فَارْتَفِعُوا، رَتِّلِي لِلرَّبِّ أَيُّهَا الْأَرْضُ كُلُّهَا، وَيَا شُعُوبُ سَبِّحُوهُ بِابْتِهَاجٍ لِأَنَّهُ قَدْ تَمَجَّدَ.
Ode 3 (1). To the Son Who was begotten of the Father before the ages without change, and in these last days was without seed made flesh of the Virgin, to Christ our God let us cry aloud: Thou Who hast raised up our horn, holy art Thou, O Lord.	٣ - لِنَصْرُخْ نَحْوَ الْإِبْنِ الْمَوْلُودِ مِنَ الْآبِ قَبْلَ الدُّهُورِ بِدُونِ اسْتِحَالَةٍ، الْمَسِيحِ الْإِلَهِ الَّذِي تَجَسَّدَ فِي آخِرِ الْأَزْمِنَةِ مِنَ الْبَتُولِ بِغَيْرِ زَرْعٍ هَاتِفِينَ: يَا مَنْ رَفَعَ شَأْنَنَا، قَدُّوسُ أَنْتَ يَا رَبِّ.
Ode 4 (1). Rod of the root of Jesse, and flower that blossomed from his stem, O Christ, Thou hast sprung from the Virgin; from the mountain densely overshadowed hast Thou come, O Praised One, made flesh of her that knew not wedlock. O Thou Who art immateriate and God, glory to Thy power, O Lord.	٤ - أَيُّهَا الْمَسِيحُ الْمُسَبَّحُ، لَقَدْ خَرَجَ قَضِيبٌ مِنْ أَصْلِ يَسَّى، وَمِنْهُ قَدْ نَبَتَ زَهْرَةٌ مِنْ جَبَلٍ مُظَلَّلٍ مُدْغِلٍ، أَيُّهَا الْإِلَهِ الْمُنْزَهُ عَنِ الْهَيُولَى، فَأَتَيْتَ مُتَجَسِّدًا مِنَ الْبَتُولِ الَّتِي لَمْ تَعْرِفْ رَجُلًا، فَالْمَجْدُ لِقُدْرَتِكَ يَا رَبِّ.
Ode 5 (1). Since Thou art the God of peace and the Father of mercies, Thou hast sent unto us Thine Angel of Great Counsel, granting us peace. Wherefore, having been guided to the light of divine knowledge, and watching by night, we glorify Thee, O Friend of man.	٥ - أَيُّهَا الْمُحِبُّ الْبَشَرِ، بِمَا أَنْتَ إِلَهُ السَّلَامِ وَأَبُ الْمَرَاحِمِ، فَقَدْ أَرْسَلْتَ لَنَا رَسُولَ رَأْيِكَ الْعَظِيمِ، مَانِحًا إِيَّانَا سَلَامَكَ، وَلِذَا إِذْ قَدْ اهْتَدَيْنَا لِنُورِ الْمَعْرِفَةِ الْإِلَهِيَّةِ، فَنَحْنُ نَذَلِّجُ مِنَ اللَّيْلِ مُمَجِّدِينَ لَكَ.
Ode 6 (1). The sea-monster spat forth Jonah as it had received him like a babe from the womb; while the Word, having dwelt in the Virgin and taken flesh, came forth from her yet kept her incorrupt. For being Himself not subject to corruption, He preserved His Mother free from harm.	٦ - إِنَّ الْحَوْتَ الْبَحْرِيَّ قَدْ قَذَفَ مِنْ أَحْشَائِهِ يُونَانَ، كَمَا تَقَبَّلَهُ سَالِمًا نَظِيرَ الْجَنِينِ، وَأَمَّا الْكَلِمَةُ فَلَمَّا حَلَّ فِي الْبَتُولِ وَاتَّخَذَ مِنْهَا جَسَدًا، وَلِدَ حَافِظًا إِيَّاهَا بِدُونِ فُسَادٍ وَلَمْ تَلْحَقْهُ اسْتِحَالَةٌ، وَحَفِظَ وَالِدَتَهُ بِدُونِ مَضَرَّةٍ.
Ode 7 (1). Scorning the impious decree, the Children brought up in godliness feared not the threat of fire, but standing in the midst of the flames, they chanted: O God of our Fathers, blessed art Thou.	٧ - إِنَّ الْفَتِيَّةَ إِذْ قَدْ نَشَأُوا مَعًا عَلَى حُسْنِ الْعِبَادَةِ، مُزْدَرِينَ بِأَمْرِ الْمُلْحِدِ، لَمْ يَجْزَعُوا مِنْ وَعِيدِ النَّارِ، لَكِنَّهُمْ كَانُوا يُرْتَلُونَ وَهُمْ قَائِمُونَ فِي وَسْطِ اللَّهْيَبِ: مُبَارَكٌ أَنْتَ يَا إِلَهَ آبَائِنَا.
Ode 8 (1). We praise, we bless, and we worship the Lord.	٨ - نُسَبِّحُ وَنُبَارِكُ وَنَسْجُدُ لِلرَّبِّ.

<p>The furnace moist with dew was the image and figure of a wonder past nature; for it burned not the Youths whom it had received, even as the fire of the Godhead consumed not the Virgin's womb into which it had descended. Wherefore in praise let us sing: Let all creation bless the Lord, and supremely exalt Him unto all the ages.</p>	<p>إِنَّ الْأَتُونَ النَّدَى قَدْ صَوَّرَ رَسْمَ الْعَجَبِ الْفَائِقِ الطَّبِيعَةَ، لِأَنَّهُ لَمْ يُحْرِقِ الْفَتِيَّةَ الَّذِينَ تَقَبَّلَهُمْ، كَمَا أَنَّ نَارَ اللاهوتِ لَمْ تُحْرِقْ أَيْضاً مُسْتَوْدَعَ الْبَتُولِ الَّذِي حَلَّتْ فِيهِ. لِذَلِكَ فَلْنُسَبِّحْ مُتَرَتِّمِينَ وَقَائِلِينَ: لِنُبَارِكَ الْخَالِيقَةَ بِأَسْرِهَا الرَّبِّ، وَلِنَزِدَّهُ رِفْعَةً مَدَى الدَّهْرِ.</p>
<p>Deacon: The Theotokos and Mother of the Light let us honor and magnify in song.</p>	<p>الشماس: لوالدة الإله وأمّ النور بالتسابيح نكرم معظّمين.</p>
<p>MAGNIFICATIONS IN TONE ONE</p>	<p>تَعْظِيمَات بِاللَّحْنِ الْأَوَّلِ</p>
<p>My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. Refrain: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption didst bear God the Word, and art truly Theotokos, we magnify thee.</p>	<p>تَعْظِمُ نَفْسِي الرَّبِّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ مُخْلِصِي. اللازمة: يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ مَجْدًا بِغَيْرِ قِيَاسٍ مِنَ السَّارَافِيمِ، الَّتِي مِنْ دُونِ فُسَادٍ وَلَدْتَ كَلِمَةَ اللَّهِ، حَقًّا أَنْتِ وَالِدَةُ الْإِلَهِ إِيَّاكَ نَعْظِمُ.</p>
<p>For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. (Refrain)</p>	<p>لِأَنَّهُ نَظَرَ إِلَى تَوَاضُعِ أَمَّتِهِ، فَهَا مِنْذُ الْآنَ تُطَوِّبُنِي جَمِيعُ الْأَجْيَالِ. (اللازمة)</p>
<p>For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. (Refrain)</p>	<p>لِأَنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمَهُ، وَرَحْمَتَهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ. (اللازمة)</p>
<p>He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. (Refrain)</p>	<p>صَنَعَ عِزًّا بِسَاعِدِهِ، وَشَتَّتَ الْمُتَكَبِّرِينَ بِذَهْنِ قُلُوبِهِمْ. (اللازمة)</p>
<p>He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. (Refrain)</p>	<p>حَطَّ الْمُفْتَدِرِينَ عَنِ الْكَرَاسِيِّ وَرَفَعَ الْمُتَوَاضِعِينَ، مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهمُ فَارِغِينَ. (اللازمة)</p>
<p>He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. (Refrain)</p>	<p>عَصَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكُرَ رَحْمَتَهُ، كَمَا قَالَ لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الْأَبَدِ. (اللازمة)</p>
<p>Ode 9 (1). Magnify, O my soul, her that is more honorable and more glorious than the hosts on high.</p>	<p>٩ - عَظِّمِي يَا نَفْسِي مَنْ هِيَ أَكْرَمُ قَدْرًا وَأَرْفَعُ مَجْدًا مِنَ الْأَجْنَادِ الْعُلُويَّةِ.</p>

<p>A strange and marvelous mystery do I behold; the cave is a heaven; the Virgin a cherubic throne; the manger a space wherein Christ God the Uncontainable One hath reclined. Him do we praise and magnify.</p>	<p>إِنِّي أَشَاهِدُ سِرًّا عَجِيبًا مُسْتَعْرَبًا، الْمَغَارَةَ سَمَاءً وَالْبَتُولَ عَرْشًا شَارُوبِيمِيًّا، وَالْمِدْوَدَ مَحَلًّا شَرِيفًا، الَّذِي اتَّكَأَ فِيهِ الْمَسِيحُ الْإِلَهَ، غَيْرُ الْمَوْسُوعِ فِي مَكَانٍ، فَلْنُسَبِّحْهُ مُعْظَمِينَ.</p>
<p>THE LITTLE LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى</p>
<p>Deacon: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Deacon: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الشماس: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمِ. الشماس: أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمِ. الشماس: بَعْدَ تِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةِ الْإِلَهِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعْ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لَكَ يَا رَبُّ. الكاهن: لِأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَّاتِ السَّمَاوَاتِ، وَلَكَ يُرْسِلُونَ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمِينَ.</p>
<p>Holy is the Lord our God. (<i>thrice</i>) Exalt ye the Lord our God, and worship at His footstool, for He is holy.</p>	<p>قُدُّوسٌ هُوَ الرَّبُّ إِلَهُنَا. (ثَلَاثًا) إِرْفَعُوا الرَّبَّ إِلَهُنَا، وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّ الرَّبَّ إِلَهُنَا قُدُّوسٌ هُوَ.</p>
<p>THE FOURTH EOTHINON EXAPOSTEILARION IN TONE TWO (**<i>Upon that mount in Galilee</i> **)</p>	<p>إِكْسَابُوسْتِيلَارِي الْإِيوْثِينَا الرَّابِعَةِ بِاللَّحْنِ الثَّانِي * وَزَنَ لِنَقْفٍ مَعَ التَّلَامِيذِ *</p>
<p>In flashing light of virtues clad, * let us behold the young men * who, at that tomb that beareth life, * appeared in flashing raiment * unto the myrrh-bearing women * who bowed their faces earthward; * and let us be instructed of * the arising of Heaven's * Master and Lord * and with Peter run to Life in the Lord's tomb; * and wond'ring at that which was wrought, * let us remain to see Christ.</p>	<p>لِنَتَلَّأَ مُشْرِقِينَ بِالْفَضَائِلِ، وَنُشَاهِدِ الرِّجَالَ الْوَاقِفِينَ بِمَلَابِسٍ لَامِعَةٍ دَاخِلِ الْقَبْرِ الْوَاهِبِ الْحَيَاةَ، لِحَامِلَاتِ الطِّيبِ الْمَطْرُقَاتِ وَجُوهَهُنَّ إِلَى الْأَرْضِ، وَلِنَتَعَلَّمَ قِيَامَةَ سَيِّدِ السَّمَاءِ، وَلِنَسَارِعَ مَعَ بُطْرُسَ إِلَى الْقَبْرِ، وَنَتَعَجَّبَ مِنَ الْحَاثِثِ، وَنَنْتَظِرَ لِنُعَايِنِ الْمَسِيحَ الْحَيَاةَ.</p>

<p style="text-align: center;">THE FOURTH EOTHINON THEOTOKION IN TONE TWO (*Upon that mount in Galilee*)</p>	<p style="text-align: center;">والديّة الإيوثينا الرابعة باللحن الثاني *وزن لنقف مع التلاميذ*</p>
<p>When Thou, O Lord, didst say: Rejoice, * Thou didst transform the sorrow * of our forefathers, in its stead * bringing the world the gladness * of Thine Arising in glory. * Wherefore, through her that bare Thee, * send forth to us the light thereof, * that bright light of Thy mercies, * lighting our hearts, * so that we, O Life-giving Lord, might cry out: * O Friend of man, both God and man, * glory to Thine Arising.</p>	<p>يا ربّ لما هتفت "إفرحن"، عوّضت بذلك عن حزن الأجداد الأولين. وبقيامتك أدخلت الفرح إلى العالم. فأنت إذا يا معطي الحياة، أرسل لنا، بشفاعة التي ولدتك، نوراً مُنيراً قلوبنا، نوراً رأفتك، لنهتف إليك أيّها المحبّ البشر، الإله المتأنس: المجد لقيامتك.</p>
<p style="text-align: center;">AINOI (PRAISES) IN TONE ONE</p>	<p style="text-align: center;">الإينوس باللحن الأوّل</p>
<p>Let everything that hath breath praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God, is due our song.</p>	<p>كُلّ نَسَمَةٍ فَلتُسبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p>
<p>Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.</p>	<p>سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قُوَّاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p>
<p style="text-align: center;">For the Resurrection in Tone One</p>	<p style="text-align: center;">للقيامة باللحن الأوّل</p>
<p><i>Verse 1. This glory shall be to all His saints.</i> We praise, O Christ, Thy saving Passion and glorify Thy Resurrection.</p>	<p>استيخن ١. هذا المجد يكون لجميع أنبراره. أيّها المسيح نُسبِّحُ آلامك الخلاصيّة، ونُمجِّد قيامتك.</p>
<p><i>Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.</i> O Thou Who didst endure the Cross and abolish Death and didst rise again from the dead: give peace to our life, O Lord, for Thou only art almighty.</p>	<p>استيخن ٢. سبِّحوا الله في قَلْبِيسِهِ، سَبِّحُوهُ فِي فَالِكِ قُوَّتِهِ. يا مَنْ احْتَمَلَ الصَّلِيبَ وَأَبْطَلَ الْمَوْتَ، وَقَامَ مِنْ بَيْنِ الْأَمْوَاتِ، سَلِّمْ حَيَاتَنَا يَا رَبِّ، بِمَا أَنَّكَ وَحْدَكَ كُلِّي الْأَقْتَدَار.</p>
<p><i>Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness.</i> O Thou Who didst despoil hades and raise man again from the dead by Thy Resurrection, O Christ, make us worthy with pure hearts to praise and glorify Thee.</p>	<p>استيخن ٣. سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ نَظِيرَ كَثْرَةِ عَظَمَتِهِ. أيّها المسيح، يا مَنْ سَبَى الْجَحِيمَ مُبِيداً، وَأَقَامَ الْإِنْسَانَ بِقِيَامَتِهِ، أَهْلُنَا أَنْ نُسَبِّحَكَ بِقُلُوبٍ نَقِيَّةٍ وَنُمجِّدَكَ.</p>
<p><i>Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp.</i> Glorifying Thy divine condescension, we praise</p>	<p>استيخن ٤. سَبِّحُوهُ بِلَحْنِ الْبُوقِ، سَبِّحُوهُ بِالْمِزْمَارِ وَالْقِيثَارَةِ.</p>

<p>Thee, O Christ, for Thou wast born of a Virgin yet wast not separated from the Father. Thou didst suffer as man and of Thine own free will endured the Cross, and Thou didst rise again from the tomb going forth as from a bridal chamber that Thou mightest save the world. O Lord, glory to Thee.</p>	<p>أَيُّهَا الْمَسِيحُ، إِنَّا نُسَبِّحُكَ مُمَجِّدِينَ تَنَازُلَكَ اللَّائِقَ بِاللَّهِ، يَا مَنْ وُلِدَ مِنَ الْعَذْرَاءِ، وَلَمْ يَنْفَصِلْ عَنِ حُضْنِ الْآبِ، وَتَأَلَّمَ كَانِيسَانٍ، وَاحْتَمَلَ الصَّلْبَ طَوْعاً، وَانْبَعَثَ مِنَ الرَّمْسِ وَارِداً كَمَا مِنْ خِدرٍ، لِكَيْ يُخَلِّصَ الْعَالَمَ، يَا رَبُّ الْمَجْدُ لَكَ.</p>
<p><i>Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.</i> When Thou wast nailed upon the tree of the Cross, then was the power of the enemy slain; then creation shook with fear of Thee, and hades was despoiled by Thy might. Thou didst raise the dead from their graves and Thou didst open the gate of Paradise to the thief. O Christ our God, glory to Thee.</p>	<p>استيخن ٥. سَبِّحُوهُ بِالطَّبَلِ وَالْمَصَافِ، سَبِّحُوهُ بِالْأُوتَارِ وَآلَةِ الطَّرَبِ. لَمَّا سُمِّرْتَ عَلَى عَوْدِ الصَّالِبِ حِينَئِذٍ أُمِيتَتْ قُوَّةُ الْعَدُوِّ، وَالْخَلِيقَةُ تَرَعَزَعَتْ مِنْكَ خَوْفاً، وَمِنْ قُدْرَتِكَ سُبِّيتِ الْجَحِيمُ، وَأَقْمَتِ الْأَمْوَاتِ مِنَ الْأَجْدَاثِ، وَفَتَحْتَ الْفِرْدَوْسَ لِلصِّ، فَيَا أَيُّهَا الْمَسِيحُ الْهَذَا الْمَجْدُ لَكَ.</p>
<p><i>Verse 6. Praise Him upon the loud cymbals: praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.</i> With great lamentations the honored women came to thy tomb but found the grave opened. And learning from the angel of the new and most glorious miracle, they informed the Apostles that the Lord had risen, granting unto the world His Great Mercy.</p>	<p>استيخن ٦. سَبِّحُوهُ بِبَغَمَاتِ الصُّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّنْهِيلِ، كُلُّ نَسَمَةٍ فَلْتُسَبِّحِ الرَّبَّ. إِنَّ النِّسْوَةَ الْمُكْرَمَاتِ، وَاقْنِ بِحِرْصٍ وَنَحِيبٍ إِلَى لَحْدِكَ مُتَسَارِعَاتٍ. فَلَمَّا وَجَدْنَ الْقَبْرَ مَفْتُوحاً، وَعَرَفْنَ مِنَ الْمَلَائِكَةِ أَمْرَ الْعَجَبِ الْمُعْجَزِ الْحَدِيثِ، بَشَّرْنَ الرُّسُلَ بِأَنْ قَدْ قَامَ الرَّبُّ، مَانِحاً الْعَالَمَ الرَّحْمَةَ الْعَظْمَى.</p>
<p><i>Verse 7. Arise, O my God, lift up Thy hand, and forget not the humble.</i> We worship the wounds of Thy divine Passion, O Christ our God, the noble sacrifice in Zion that became the manifestation of God unto the end of the ages. The Sun of Righteousness hath shined upon these that were sitting in darkness, leading them unto that never-setting light. O Lord, glory to Thee.</p>	<p>استيخن ٧. قُمْ يَا رَبِّي وَالْهَي وَلْتَرْتَفِعْ يَدُكَ، وَلَا تَنْسَ بِأَنْسِيكَ إِلَى الْإِنْقِضَاءِ. أَيُّهَا الْمَسِيحُ الْإِلَهُ، نَسْجُدُ لِجِرَاحِ آلامِكَ الْإِلَهِيَّةِ، وَلِلْخِدْمَةِ السَّيِّدِيَّةِ الَّتِي كَمَلَتْ فِي صِهْيُونَ، الصَّائِرَةِ فِي آخِرِ الْأَزْمَنَةِ بِظَهْوَرِكَ الْإِلَهِيِّ. لِأَنَّكَ يَا شَمْسُ الْعَدْلِ، أَشْرَقْتَ لِلثَّائِبِينَ فِي الظُّلْمَةِ، وَاقْتَدَتْهُمْ إِلَى الضِّيَاءِ الَّذِي لَا يَغْرُوهُ مَسَاءٌ، يَا رَبُّ الْمَجْدُ لَكَ.</p>
<p><i>Verse 8. I will praise Thee, O Lord, with my whole heart; I will show all Thy marvelous works.</i> O ye lovers of trouble begotten of the Jewish race: Where are they who came unto Pilate? Let the guardian soldiers tell: Where are the seals of the tombs? Whither was the Buried One</p>	<p>استيخن ٨. أَعْتَرِفُ لَكَ يَا رَبُّ مِنْ كُلِّ قَلْبِي، وَأُحَدِّثُ بِجَمِيعِ عَجَائِبِكَ. يَا جِنْسَ الْيَهُودِ الْمُحِبِّ الشَّغَبِ، إِفْهَمْ وَافْطِنْ: أَيْنَ هُمْ الدَّاخِلُونَ إِلَى بِيلاطُسَ؟ فَلْيَقُلْ جُنْدُكُمُ الْحُرَّاسُ، أَيْنَ أَخْتَامُ الْقَبْرِ؟ إِلَى أَيْنَ انْتَقَلَ الْمَدْفُونُ فِي</p>

<p>moved? Where was the Priceless One sold? How was the Treasure stolen? Why do ye deny the Resurrection of the Crucified One? O ye lawless Jews, He is risen from the dead, free, bestowing upon the world His Great Mercy.</p>	<p>الرَّمْسِ؟ أَيْنَ بَيْعَ الْعَادِمِ أَنْ يُبَاعَ؟ كَيْفَ سُلِبَ الْكَنْزُ؟ لِمَاذَا تُتَكْرَمُونَ قِيَامَةَ الْمَصْلُوبِ مُتَجَنِّينَ؟ أَيُّهَا الْيَهُودُ الْعَابِرُونَ الشَّرِيعَةَ، لَقَدْ نَهَضَ الْحُرُّ فِي الْأَمْوَاتِ، وَمَنْحَ الْعَالَمِ الرَّحْمَةَ الْعُظْمَى.</p>
<p>THE FOURTH EOTHINON DOXASTICON IN TONE FOUR</p>	<p>نوكصا الإيوثينا الرابعة باللحن الرابع</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> It was very early in the morning when the women came unto Thy sepulcher, O Christ, but Thy body which was precious to them was not found. Wherefore, as they were much perplexed, men in shining garments stood by them and said: Why seek ye the living among the dead? He is risen as He foretold. Why have ye forgotten His words? Being persuaded by them, the women proclaimed the things they had seen, but their glad tidings seemed as idle tales, for the disciples were yet without understanding. But Peter ran forth, and when he saw Thy wonders, he glorified them within himself.</p>	<p>الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ. إِنَّ النِّسْوَةَ وَافَيْنَ إِلَى قَبْرِكَ سَحَرًا عَمِيقًا أَيُّهَا الْمَسِيحُ، إِلَّا أَنَّهُنَّ لَمْ يَجِدْنَ الْجَسَدَ الْمَأْثُورَ عِنْدَهُنَّ. فَبَيْنَمَا هُنَّ مُتَحَيِّرَاتٌ، وَقَفَ بِهِنَّ الَّذِينَ كَانُوا بِلِبَاسٍ مُشْرِقٍ، وَقَالُوا لَهُنَّ: لِمَ تَطْلُبْنَ الْحَيَّ مَعَ الْمَوْتَى؟ قَدْ قَامَ كَمَا سَبَقَ فَقَالَ. لِمَاذَا نَسِيتُنَّ كَلَامَهُ؟ فَلَمَّا تَحَقَّقْنَ قَوْلَهُمْ، كَرَزْنَ لِلتَّلَامِيذِ بِالْمَنْظُورَاتِ. إِلَّا أَنَّ بَشَارَتَهُنَّ حُسِبَتْ عِنْدَهُمْ هُزْأً. لِأَنَّهُمْ كَانُوا بَعْدُ غَيْرَ فَاهِمِينَ. إِلَّا أَنَّ بُطْرُسَ أَسْرَعَ، فَشَاهَدَ، وَمَجَّدَ فِي نَفْسِهِ عَجَائِبَكَ.</p>
<p>THEOTOKION IN TONE FOUR</p>	<p>وَالِدِيَّةُ بِاللْحَنِ الرَّابِعِ</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.</p>	<p>الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. أَنْتِ هِيَ الْفَائِزَةُ عَلَى كُلِّ الْبَرَكَاتِ، يَا وَالِدَةُ إِلَهِ الْعِذْرَاءِ، لِأَنَّ الْجَحِيمَ قَدْ سُبِّبَتْ بِوَاسِطَةِ الْمُتَجَسِّدِ مِنْكَ، وَآدَمَ دُعِيَ ثَانِيَةً، وَاللَّعْنَةُ بَادَتْ، وَحَوَاءَ انْعَقَّتْ، وَالْمَوْتُ أُمِيتَ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ نُسَبِّحُ هَاتِفِينَ: مُبَارَكٌ أَنْتَ أَيُّهَا الْمَسِيحُ إِلَهُنَا، يَا مَنْ هَكَذَا سُرَّ، الْمَجْدُ لَكَ.</p>
<p>GREAT DOXOLOGY IN TONE FOUR</p>	<p>النوكصولوجيا الكبرى باللحن الرابع</p>
<p>Glory to Thee, Who hast shown forth the light. Glory to God in the highest, and on earth peace, good will among men.</p>	<p>الْمَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، الْمَجْدُ لِلَّهِ فِي الْعَلَاءِ، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسَرَّةُ.</p>
<p>We hymn Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.</p>	<p>نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.</p>

O Lord King, heavenly God, Father almighty; O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit.	أَيُّهَا الرَّبُّ الْمَلِكُ، السَّمَاوِيُّ، إِلَهِهُ، الْآبُ الضَّابِطُ الْكُلِّ. أَيُّهَا الرَّبُّ الْإِبْنُ الْوَحِيدُ، يَا يَسُوعُ الْمَسِيحُ، وَيَا أَيُّهَا الرُّوحُ الْقُدُسُ.
O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.	أَيُّهَا الرَّبُّ إِلَهِهُ، يَا حَمَلَ اللَّهِ يَا ابْنَ الْآبِ، يَا رَافِعَ خَطِيئَةِ الْعَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا الْعَالَمِ.
Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.	تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الْجَالِسُ عَنْ يَمِينِ الْآبِ وَارْحَمْنَا.
For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.	لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ الْمَسِيحُ، فِي مَجْدِ اللَّهِ الْآبِ، آمِينَ.
Every day will I bless Thee, and I will praise Thy name forever, yea forever and ever.	فِي كُلِّ يَوْمٍ أَبَارِكُكَ، وَأُسَبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى أَبَدِ الْأَبَدِ.
Vouchsafe, O Lord, to keep us this day without sin.	أَهْلُنَا يَا رَبُّ أَنْ نَحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord, the God of our Fathers, and praised and glorified is Thy name forever. Amen.	مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبَّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الْأَبَدِ، آمِينَ.
Let Thy mercy be upon us, O Lord, even as we have set our hope on thee.	لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمِثْلِ اتِّكَالِنَا عَلَيْكَ.
Blessed art Thou, O Lord; teach me Thy statutes. (<i>thrice</i>)	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثَلَاثًا)
Lord, thou hast been our refuge from generation to generation. I said: Lord, be merciful unto me; heal my soul, for I have sinned against Thee.	يَا رَبُّ مَلْجَأٌ كُنْتَ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ إِلَيْكَ.
Lord, I have fled unto Thee; teach me to do Thy will, for Thou art my God.	يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.
For with Thee is the fountain of life; in Thy light shall we see light.	لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النُّورَ.
O continue Thy mercy unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>)	فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit.	الْمَجْدُ لِلْآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ.

Both now and ever, and unto ages of ages. Amen.	الآن وكلّ أوانٍ وإلى دَهْرٍ الداهرينَ، آمين.
Holy Immortal, have mercy on us.	قُدُّوسُ الَّذِي لَا يَمُوتُ ارحمنا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارحمنا.
TROPARION IN TONE FOUR	طَرُوبَارِيَّةٌ بِاللَّحْنِ الرَّابِعِ
Today is Salvation come into the world. Let us sing praises to Him Who arose from the grave, the Author of our life; for having by death destroyed death, He hath given us victory and Great Mercy.	اليَوْمَ صَارَ الْخَلَاصُ لِلْعَالَمِ فَلنُسَبِّحِ الَّذِي قَامَ مِنَ الْقَبْرِ، عُنُصَرَ حَيَاتِنَا، لِأَنَّهُ إِذْ قَدْ حَطَّمَ الْمَوْتَ بِالْمَوْتِ، مَنَحَنَا الظَّفَرَ وَالرَّحْمَةَ الْعُظْمَى.
<p><i>These texts have been prepared by Department of Liturgics of the Antiochian Archdiocese</i></p> <p>Portions of the Archdiocesan Service Texts include texts from <i>The Menaion</i>, <i>The Great Horologion</i>, <i>The Pentecostarion</i>, <i>The Octoechos</i>, <i>The Triodion-Holy Week</i>, and <i>The Psalter of the Seventy</i>, which are Copyright © Holy Transfiguration Monastery, Brookline, Massachusetts, and are used with permission. All rights reserved. These works may not be further reproduced, beyond printing out a single copy for personal non-commercial use, without the prior written authorization of Holy Transfiguration Monastery.</p>	